



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MIRON GYM SCHEDULE

NEENAH-MENASHA YMCA

June 12-August 27, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>PARK AND PLAY 9:30-10:00 AM (9:30-11:30 AM - WEATHER PERMITTING) BACK 1/2 GYM</p> <p>BEYOND PLAY 9:45-10:15 AM BACK 1/2 GYM</p> <p>CHILDCARE 10:15-11:00 AM FRONT 1/2 GYM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>CHILDCARE 3:00-4:00 PM</p>	<p>LET'S GET MOVING 9:30-10:30 AM BACK 1/2 GYM</p> <p>CHILDCARE 10:15-11:00 AM FRONT 1/2 GYM</p> <p>CHILDCARE 3:00-4:00 PM</p>	<p>PARK AND PLAY 9:30-10:00 AM (9:30-11:30 AM - WEATHER PERMITTING) BACK 1/2 GYM</p> <p>BEYOND PLAY 9:45-10:15 AM BACK 1/2 GYM</p> <p>CHILDCARE 10:15-11:00 AM FRONT 1/2 GYM</p> <p>CHILDCARE 3:00-4:00 PM</p>	<p>LET'S GET MOVING 9:30-10:30 AM BACK 1/2 GYM</p> <p>CHILDCARE 10:15-11:00 AM FRONT 1/2 GYM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>CHILDCARE 3:00-4:00 PM</p>	<p>CHILDCARE 10:15-11:00 AM FRONT 1/2 GYM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>CHILDCARE 3:00-4:00 PM</p>		
<p>BASKETBALL CAMP: JUNE 12, 13, 15, 16 - 9:00-11:00 AM & JUNE 12, 13, 14, 15 - 12:30-2:30 PM VOLLEYBALL CAMP: JULY 10, 11, 13, 14 - 9:00-11:00 AM & JULY 24, 25, 26, 27 - 12:30-2:30 PM BASKETBALL CAMP: JULY 17, 18, 20, 21 - 9:00-11:00 AM</p>						

Information: Schedules are subject to change; notices will be posted on the YMCA bulletin board.

Sports Birthday Parties: Half of Miron or Upper gyms may be scheduled for birthday parties between 12:30-3:00 PM on Saturdays and Sundays.

Open Basketball: Open to all ages to shoot around; games can be played at a single basket.

NOON Basketball: Times are for players 16 years and older.

Our Mission: To put Christian principles into practice by promoting youth, adult and family activities that help build a healthy spirit, mind and body for all. REVISED 6.2.2017



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

UPPER GYM SCHEDULE

NEENAH-MENASHA YMCA

June 12-August 27, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
STRENGTH & RESISTANCE 8:30-9:30 AM BACK 1/2 GYM SILVER SNEAKERS CLASSIC 9:00-9:45 AM FRONT 1/2 GYM CHILDCARE 9:45-11:00 AM 1/2 GYM	CARDIO GOLD 9:00-9:45 AM FRONT 1/2 GYM CHILDCARE 9:45-11:00 AM LITTLE KICKERS 4:00-4:45 PM FRONT ½ GYM SESSION 1 ONLY JR GATORS 4:00-4:45 PM FRONT 1/2 GYM SESSION 2 ONLY	STRENGTH & RESISTANCE 8:30-9:30 AM BACK 1/2 GYM SILVER SNEAKERS CLASSIC 9:00-9:45 AM FRONT 1/2 GYM GENTLE STRETCH 10:00-10:45 AM FRONT 1/2 GYM CHILDCARE 9:45-11:30 AM 1/2 GYM LITTLE SLUGGERS/RUSHERS 4:00-4:45 PM FRONT 1/2 GYM SESSION 1 ONLY SPORTS SAMPLER 4:00-4:45 PM FRONT 1/2 GYM SESSION 2 ONLY	CARDIO GOLD 9:00-9:45 AM FRONT 1/2 GYM CHILDCARE 9:45-11:00 AM JR GATORS 4:00-4:45 PM FRONT 1/2 GYM SESSION 1 ONLY LITTLE KICKERS 4:00-4:45 PM FRONT 1/2 GYM SESSION 2 ONLY	STRENGTH & RESISTANCE 8:30-9:30 AM BACK 1/2 GYM SILVER SNEAKERS CLASSIC 9:00-9:45 AM FRONT 1/2 GYM CHILDCARE 9:45-11:00 AM GENTLE STRETCH 10:00-10:45 AM FRONT 1/2 GYM		

UNIQUE SPORTS CAMP: AUGUST 21, 22, 24 & 25 - 9:00-11:00 AM

Information: Schedules are subject to change; notices will be posted on the YMCA bulletin board.

Sports Birthday Parties: Half of Miron or Upper gyms may be scheduled for birthday parties between 12:30-3:00 p.m. on Saturdays and Sundays.

Open Basketball: Open to all ages to shoot around; games can be played at a single basket.

NOON Basketball: Times are for players 16 years and older.

Our Mission: To put Christian principles into practice by promoting youth, adult and family activities that help build a healthy spirit, mind and body for all. REVISED 6.2.2017