



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MIRON GYM SCHEDULE

## NEENAH-MENASHA YMCA

### June 11-August 26, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>FUN FOR 3's &amp; 4's</b> 8:45-9:45 AM BACK 1/2 GYM  <b>PARK AND PLAY</b> (9:30-10:30 AM - WEATHER PERMITTING) FRONT 1/2 GYM  <b>BEYOND PLAY</b> 9:45-10:15 AM BACK 1/2 GYM  <b>CHILDCARE</b> 10:00-11:00 AM  <b>NOON BASKETBALL</b> 11:00 AM-1:00 PM  <b>CHILDCARE</b> 3:00-4:00 PM	<b>LET'S GET MOVING</b> 9:30-10:30 AM BACK 1/2 GYM  <b>PARK AND PLAY</b> 9:30-10:00 AM (9:30-11:30 AM - WEATHER PERMITTING) BACK 1/2 GYM  <b>CHILDCARE</b> 10:00-11:00 AM  <b>CHILDCARE</b> 3:00-4:00 PM  <b>OPEN VOLLEYBALL</b> 7:00-9:00 PM	<b>PARK AND PLAY</b> 9:30-10:00 AM (9:30-11:30 AM - WEATHER PERMITTING) BACK 1/2 GYM  <b>BEYOND PLAY</b> 9:45-10:15 AM BACK 1/2 GYM  <b>CHILDCARE</b> 10:00-11:00 AM  <b>CHILDCARE</b> 3:00-4:00 PM	<b>LET'S GET MOVING</b> 9:30-10:30 AM BACK 1/2 GYM  <b>PARK AND PLAY</b> 9:30-10:00 AM (9:30-11:30 AM - WEATHER PERMITTING) BACK 1/2 GYM  <b>CHILDCARE</b> 10:10-11:00 AM  <b>NOON BASKETBALL</b> 11:00 AM-1:00 PM  <b>CHILDCARE</b> 3:00-4:00 PM	<b>CHILDCARE</b> 10:00-11:00 AM  <b>NOON BASKETBALL</b> 11:00 AM-1:00 PM  <b>CHILDCARE</b> 3:00-4:00 PM		
<b>BASKETBALL CAMP: JUNE 11, 12, 14, 15 - 9:00-11:00 AM</b> <b>VOLLEYBALL CAMP: JULY 9, 10, 12, 13 - 9:00-11:00 AM</b> <b>BASKETBALL CAMP: JULY 16, 17, 19, 20 - 9:00-11:00 AM</b>						

**Information:** Schedules are subject to change; notices will be posted on the YMCA bulletin board.

**Sports Birthday Parties:** Half of Miron or Upper gyms may be scheduled for birthday parties between 12:30-3:00 PM on Saturdays and Sundays.

**Open Basketball:** Open to all ages to shoot around; games can be played at a single basket.

**NOON Basketball:** Times are for players 16 years and older.

Our Mission: To put Christian principles into practice by promoting youth, adult and family activities that help build a healthy spirit, mind and body for all. REVISED 6.1.2018



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# UPPER GYM SCHEDULE

## NEENAH-MENASHA YMCA

June 11-August 26, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>STRENGTH &amp; RESISTANCE</b> 8:30-9:30 AM BACK 1/2 GYM</p> <p><b>SILVER SNEAKERS CLASSIC</b> 8:30 AM – SET-UP 9:00-9:45 AM FRONT 1/2 GYM</p> <p><b>CHILDCARE</b> 9:45-11:00 AM 1/2 GYM</p> <p><b>CHAIR YOGA</b> 10:00-10:45 AM FRONT 1/2 GYM</p>	<p><b>CARDIO GOLD</b> 8:30 AM – SET-UP 9:00-9:45 AM FRONT 1/2 GYM</p> <p><b>CHILDCARE</b> 9:45-11:00 AM</p> <p><b>LITTLE KICKERS</b> 4:00-4:45 PM FRONT ½ GYM SESSION 1 ONLY</p> <p><b>JR GATORS</b> 4:00-4:45 PM FRONT 1/2 GYM SESSION 2 ONLY</p> <p><b>STRONG BONES</b> 10:00-11:00 AM FRONT 1/2 GYM</p> <p><b>BATON</b> 6:00-7:00 PM BACK ½ GYM (JUNE 12 ONLY)</p>	<p><b>STRENGTH &amp; RESISTANCE</b> 8:30-9:30 AM BACK 1/2 GYM</p> <p><b>SILVER SNEAKERS CLASSIC</b> 8:30 AM – SET-UP 9:00-9:45 AM FRONT 1/2 GYM</p> <p><b>CHAIR YOGA</b> 10:00-10:45 AM FRONT 1/2 GYM</p> <p><b>CHILDCARE</b> 9:45-11:30 AM 1/2 GYM</p> <p><b>LITTLE SLUGGERS/RUSHERS</b> 4:00-4:45 PM FRONT 1/2 GYM SESSION 1 ONLY</p> <p><b>SPORTS SAMPLER</b> 4:00-4:45 PM FRONT 1/2 GYM SESSION 2 ONLY</p>	<p><b>CARDIO GOLD</b> 8:30 AM – SET-UP 9:00-9:45 AM FRONT 1/2 GYM</p> <p><b>CHILDCARE</b> 9:45-11:00 AM</p> <p><b>STRONG BONES</b> 10:00-11:00 AM FRONT 1/2 GYM</p> <p><b>JR GATORS</b> 4:00-4:45 PM FRONT 1/2 GYM SESSION 1 ONLY</p> <p><b>LITTLE HOOPSTERS</b> 4:00-4:45 PM FRONT 1/2 GYM SESSION 2 ONLY</p>	<p><b>STRENGTH &amp; RESISTANCE</b> 8:30-9:30 AM BACK 1/2 GYM</p> <p><b>SILVER SNEAKERS CLASSIC</b> 8:30 AM – SET-UP 9:00-9:45 AM FRONT 1/2 GYM</p> <p><b>CHILDCARE</b> 9:45-11:00 AM</p> <p><b>CHAIR YOGA</b> 10:00-10:45 AM FRONT 1/2 GYM</p>		
<p><b>UNIQUE SPORTS CAMP: JULY 3 &amp; 6 – 9:00-11:00 AM</b></p>						

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