



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

HEART OF THE VALLEY YMCA

August 28–September 3 Break Week Schedule

08/28 Monday	08/29 Tuesday	08/30 Wednesday	08/31 Thursday	09/01 Friday	09/02 Saturday	09/03 Sunday
Lap/Fitness Swim* 5:00–8:00 AM 10:00 AM–2:30 PM 5:30–8:30 PM	Lap/Fitness Swim* 5:00 AM–12:00 PM 5:30–8:30 PM	Lap/Fitness Swim* 5:00 AM–1:00 PM 5:30–8:30 PM	Lap/Fitness Swim* 5:00–10:30 AM 5:30–8:30 PM	Lap/Fitness Swim 5:00 AM–8:30 PM	Lap/Fitness Swim 5:45 AM–2:30 PM	Lap/Fitness Swim 7:30 AM–2:30 PM
*Lap lanes CLOSED during unlisted times for lifeguard training class						
Open Swim 1:00–8:30 PM	Open Swim 1:00–8:30 PM	Open Swim 1:00–8:30 PM	Open Swim 1:00–8:30 PM	Open Swim 1:00–8:30 PM	Open Swim 10:00 AM–2:30 PM	Open Swim 10:00 AM–2:30 PM
Slide 1:00–5:00 PM 6:00–8:30 PM	Slide 1:00–5:00 PM 6:00–8:30 PM	Slide 1:00–5:00 PM 6:00–8:30 PM	Slide 1:00–5:00 PM 6:00–8:30 PM	Slide 1:00–5:00 PM 6:00–8:30 PM	Slide 12:00–2:30 PM	Slide 12:00–2:30 PM

Lap/Fitness Swim: Reserved for persons age 14 or older. Please be courteous, use appropriate lane, and share lanes with others.

Open Swim: Children under age 6 must be accompanied by an adult in the water. Children ages 6–9 must pass a swim test to swim without an adult.

Slide: schedule is subject to change due to number of swimmers.

All persons in the pool area must be dressed in swim attire.

The lifeguard on duty will make final decisions on safety issues concerning pool rules.

Our Mission: To put Christian principles into practice by promoting youth, adult and family activities that help build a healthy spirit, mind and body for all.