



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Thrivent Financial Aquatics Center Schedule

HEART OF THE VALLEY YMCA

June 12 -July2 & July 10-Aug 27 ,2017

85°-87°

The pool & hot tub close 30 minutes before the building closes.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Lap & H2O Walkers 5:00-8:00 AM 9:45 AM-10:15 AM NOON- 1:00 PM 6:15-8:30 PM June 26 NO LAP SWIM 6:15-8:30 PM	Adult Lap & H2O Walkers 5:00-8:00 AM NOON-1:00 PM 6:15-7:30 PM June 27 NO LAP SWIM 6:15-8:30 PM	Adult Lap & H2O Walkers 5:00-8:00 AM 9:45 AM-10:15 AM 11:00 AM- 4:00 PM <small>Lanes Limited in afternoon</small> 6:15-8:30 PM	Adult Lap & H2O Walkers 5:00-8:00 AM NOON-4:00 PM <small>Lanes Limited in afternoon</small> 6:15-7:30 PM	Adult Lap & H2O Walkers 5:00-9:30 AM 11:00 AM-1:00 PM 5:00-8:30 PM	Adult Lap & H2O Walkers 5:45-8:30 AM 10:45 AM-2:30 PM <small>Lanes Limited in afternoon</small>	Adult Lap & H2O Walkers 7:30 AM-2:30 PM <small>Lanes Limited in afternoon</small>
H2O Fitness Classes 5:45-6:30 AM 1 lane 8:05-8:45 AM 9:00-9:40 AM	H2O Fitness Classes 6:30-7:15 AM 8:05-8:45 AM 7:30-8:15 PM	H2O Fitness Classes 5:45-6:30 AM 1 lane 8:05-8:45 AM 9:00-9:40 AM	H2O Fitness Classes 6:30-7:15 AM 8:05-8:45 AM 7:30-8:15 PM	H2O Fitness Classes 5:45-6:30 AM 1 lane		
Open Swim 1:00-4:00 PM 6:15-8:30 PM	Open Swim 1:00-4:00 PM 6:15-8:30 PM	Open Swim 1:00-4:00 PM 6:15-8:30 PM	Open Swim 1:00-4:00 PM 6:15-8:30 PM	Open Swim 1:00-8:30 PM	Open Swim 10:45 AM-2:30 PM	Open Swim 10:00 AM-2:30 PM
Slide 1:00-4:00 PM 6:15-8:30 PM	Slide 1:00-4:00 PM 6:15-7:30 PM	Slide 1:00-4:00 PM 6:15-8:30 PM	Slide 1:00-4:00 PM 6:15-7:30 PM	Slide 1:00-5:00 PM 6:00-8:30 PM	Slide NOON-2:30 PM	Slide NOON-2:30 PM

Pool Capacity Notice: Every Monday, Tuesday and Friday from 1:00-3:30 PM our Camp participants will take priority in the pool. Space will be limited at this time.

Type I, II & III Coast Guard Approved lifejackets only are approved for our pool. NO INFLATABLE TYPES are allowed.

Proper Swim attire must be worn in our pool. White or light gray t-shirt may be worn over a bathing suit. No t-shirts or cover ups are allowed in the deep end or on the slide.

Slide Schedule is subject to change due to slow times or when the number of participants deem it necessary to close the area for guarding high volume of participants.

Children 6 yrs. old can be in our pool by themselves provided they can pass a shallow water swim test. Children 6-9 years old will be asked to do the shallow water test in order to swim without an adult. If a child is not able to pass the shallow water test they must be accompanied in the water by an adult 18 years or older.

Children under 6 YEARS OLD MUST BE ACCOMPANIED IN THE WATER BY AN ADULT IN A BATHING SUIT and MUST BE WITHIN ARMS REACH.

Children who do not meet the 48" height requirement may ride down the slide wearing a Type I, II or III Coast Guard Approved lifejacket and sitting on an adult's lap.

Children not toilet trained MUST wear Little Swimmers.

Lap Swim & Water Walking in lanes reserved for persons age 14 older. All MUST share pool space. Please follow Lap Swim Etiquette Rules posted on pool deck.

The pool schedule is subject to change due to unforeseen problems , trainings or volume of participates. Lifeguard on duty will make final decisions on safety issues concerning pool rules.

At the Y We're for Youth Development, Healthy Living and Social Responsibility