



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gymnastics Center Schedule

HEART OF THE VALLEY YMCA

December 18- March 25

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Dec 18 - Dec 24	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-2:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM	12:15-6:00 PM OPEN GYM	
	3:00-8:30 PM TEAM	3:00-8:30 PM TEAM	3:00-8:30 PM TEAM	3:00-8:30 PM TEAM	3:30-7:30 PM GYMNASTICS TEAM		CLOSING EARLY FOR CHRISTMAS EVE.
				7:30-9:30 PM OPEN GYM			
Dec 25 - Dec 31	CLOSED FOR CHRISTMAS	9:00-12:00 PM KIDS CORNER	9:00-3:00 PM OPEN GYM	9:00-3:00 PM OPEN GYM	9:00-11:00 AM Kids Corner	9:00-6:00 PM OPEN GYM	9:00-6:00 PM OPEN GYM
		12:00-9:00 PM OPEN GYM					
			3:00-8:30 PM TEAM	3:00-8:30 PM TEAM	3:30-7:30 PM GYMNASTICS TEAM		
					7:30-9:30 PM OPEN GYM		
Jan 1 - Jan 7	11:00-6:00PM OPEN GYM	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-11:00 AM KIDS CORNER	9:00-6:00 PM OPEN GYM	9:00-6:00 PM OPEN GYM
		11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM		
		3:00-8:30 PM /TEAM	3:00-8:30 PM TEAM	3:00-8:30 PM TEAM	3:30-7:30 PM GYMNASTICS TEAM		
					7:30-9:30 PM OPEN GYM		
Jan 8 - Mar 25	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	9:00-6:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-12:45 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM	12:15-6:00 PM OPEN GYM	
	3:00-8:30 PM CLASSES/TEAM	3:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	3:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM		
					7:30-9:30 PM OPEN GYM		

Open Gym - Open for all ages, kids under 6 must be with an adult and must be supervised on the floor at all times

Please use the cubbies for all shoes, use the hooks or the lockers for all other belongings.

HVY reserves the right to limit the number of people in the center for safety purposes.

GYM SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

Please call ahead to check hours 920.830.5700