



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gymnastics Center Schedule
HEART OF THE VALLEY YMCA
November 6, 2017 - December 17, 2017

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Nov 6- Nov 12	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	Closed for Turkey Invite	Closed for Turkey Invite
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-12:45 PM OPEN GYM	11:00-2:00 PM OPEN GYM	Closed for Turkey Invite		
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM			
Nov 13- Nov 19	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	9:00-6:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-12:45 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM	12:15-6:00 PM OPEN GYM	
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM		
Nov 20- Nov 26	9:00-11:00 AM Kids Corner	9:00-11:00 AM Kids Corner	9:00-11:00 AM Kids Corner	9:00-11:00 PM OPEN GYM	9:00-3:30pm OPEN GYM	9:00-6:00 pm OPEN GYM	9:00-6:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM				
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	Happy Thanksgiving!	3:30-7:30 PM GYMNASTICS TEAM		
Nov 27- Dec 17	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	9:00-6:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-12:45 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM	12:15-6:00 PM OPEN GYM	
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	0:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM		
					7:30-9:30 PM OPEN GYM		

Open Gym - Open for all ages, kids under 6 must be with an adult and must be supervised on the floor at all times

Please use the cubbies for all shoes, use the hooks or the lockers for all other belongings.

HVY reserves the right to limit the number of people in the center for safety purposes.

GYM SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

Please call ahead to check hours 920.830.5700