



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gymnastics Center Schedule

HEART OF THE VALLEY YMCA

October 16 - November 5, 2017

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Oct 16- Oct 22	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:30 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	9:00-6:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-12:45 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM	12:15-6:00 PM OPEN GYM	
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM 7:30-9:30 PM OPEN GYM		
Oct 23- Oct 29	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:30 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	9:00-3:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-12:45 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM	12:15-6:00 PM OPEN GYM	Closing Early for Team Pictures
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM 7:30-9:30 PM OPEN GYM		
Oct 30- Nov. 5	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:30 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	9:00-6:00 PM OPEN GYM
	11:00-2:00 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-12:45 PM OPEN GYM	11:00-2:00 PM OPEN GYM	11:00-3:30 PM OPEN GYM	12:15-6:00 PM OPEN GYM	
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM 7:30-9:30 PM OPEN GYM		

Open Gym - Open for all ages, kids under 6 must be with an adult and must be supervised on the floor at all times

Please use the cubbies for all shoes, use the hooks or the lockers for all other belongings.

HVY reserves the right to limit the number of people in the center for safety purposes.

GYM SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

Please call ahead to check hours 920.830.5700