



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Gymnastics Center Schedule**  
**HEART OF THE VALLEY YMCA**  
**November 6, 2017 - December 17, 2017**

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Nov 6- Nov 12	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	<b>Closed for Turkey Invite</b>	<b>Closed for Turkey Invite</b>
	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-12:45 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>	<b>Closed for Turkey Invite</b>		
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM			
Nov 13- Nov 19	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	<b>9:00-6:00 PM OPEN GYM</b>
	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-12:45 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-3:30 PM OPEN GYM</b>	<b>12:15-6:00 PM OPEN GYM</b>	
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM		
Nov 20- Nov 26	9:00-11:00 AM Kids Corner	9:00-11:00 AM Kids Corner	9:00-11:00 AM Kids Corner	<b>9:00-11:00 PM OPEN GYM</b>	<b>9:00-3:30pm OPEN GYM</b>	<b>9:00-6:00 pm OPEN GYM</b>	<b>9:00-6:00 PM OPEN GYM</b>
	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>				
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	<b>Happy Thanksgiving!</b>	3:30-7:30 PM GYMNASTICS TEAM		
Nov 27- Dec 17	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-11:00 AM CLASSES	9:00-12:15 PM CLASSES	<b>9:00-6:00 PM OPEN GYM</b>
	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-12:45 PM OPEN GYM</b>	<b>11:00-2:00 PM OPEN GYM</b>	<b>11:00-3:30 PM OPEN GYM</b>	<b>12:15-6:00 PM OPEN GYM</b>	
	2:00-8:30 PM CLASSES/TEAM	2:00-8:30 PM CLASSES/TEAM	1:00-8:30 PM CLASSES/TEAM	0:00-8:30 PM CLASSES/TEAM	3:30-7:30 PM GYMNASTICS TEAM		
					<b>7:30-9:30 PM OPEN GYM</b>		

**Open Gym** - Open for all ages, kids under 6 must be with an adult and must be supervised on the floor at all times

**Please use the cubbies for all shoes, use the hooks or the lockers for all other belongings.**

**HVY reserves the right to limit the number of people in the center for safety purposes.**

**GYM SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.**

**Please call ahead to check hours 920.830.5700**