



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

APPLETON YMCA – McGuire Gym

Summer 2017

Gym	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
McGuire Gym North	Adult Basketball 5:00-6:30 AM	Sports Camps 6:30 AM-12:00 PM	Adult Basketball 5:00-6:30 AM	Adult Basketball 5:00-6:30 AM	Sports Camps 6:30 AM-12:00 PM	Adult Basketball 5:45-8:00 AM	Church 7:30 AM-12:00PM
	Sports Camps 6:30 AM-12:00 PM	Child Care 12:00 PM-1:00 PM	Sports Camps 6:30 AM-12:00 PM	Sports Camps 6:30 AM-12:00 PM	Child Care 12:00 PM-1:00 PM	Open Gym 8:00 AM-3:00 PM	Open Gym 12:00 PM-3:00 PM
	Child Care 12:00 PM-1:00 PM	Sports Camps 1:00-4:00 PM	Child Care 12:00 PM-1:00 PM	Child Care 12:00 PM-1:00 PM	Sports Camps 1:00-4:00 PM		
	Sports Camps 1:00-4:00 PM	Camp Shioc 4:00-6:00 PM	Sports Camps 1:00-4:00 PM	Sports Camps 1:00-4:00 PM	Camp Shioc 4:00-6:00 PM		
	Camp Shioc 4:00-6:00 PM	JV Basketball 6:45-9:00 PM	Camp Shioc 4:00-6:00 PM	Camp Shioc 4:00-6:00 PM	Open Gym 6:00-9:00 PM		
Open Gym 6:00-9:00 PM		Open Gym 6:00-9:00 PM	Open Gym 6:00-9:00 PM				
McGuire Gym South	Adult Basketball 5:00-6:30 AM	Sports Camps 6:30 AM-4:00 PM	Adult Basketball 5:00-6:30 AM	Adult Basketball 5:00-6:30 AM	Adult Basketball 5:00-6:30 AM	Adult Basketball 5:45-8:00 AM	Church 7:30 AM-12:00PM
	Sports Camps 6:30 AM-4:00 PM	Open Gym 4:00-6:45 PM	Sports Camps 6:30 AM-4:00 PM	Sports Camps 6:30 AM-4:00 PM	Sports Camps 6:30 AM-4:00 PM	Open Gym 8:00 AM-3:00 PM	Open Gym 12:00 PM-3:00 PM
	Sports Class 4:15-7:00PM	JV Basketball 6:45-9:00 PM	Sports Class 4:30-5:30 PM	Sports Class 4:30-5:30 PM	Youth Open Gym 4:00-9:00 PM		
	Open Gym 7:00-9:00 PM		Youth Open Gym 5:30-9:00 PM	Open Gym 5:30-9:00 PM			

Adult Basketball – (18 and older) The Y reserves the right to limit adult basketball games on non school days.
For the most recent gym schedule, download our mobile APP to see complete schedules and receive important updates

Schedule is subject to change without notice, please call ahead.

Our Mission: To put Christian principles into practice by promoting youth, adult and family activities that help build a healthy spirit, mind and body for all.



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GYM SCHEDULE

APPLETON YMCA – Orbison Gym

Summer 2017

Gym	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Orbison Gym East	<p>Open Gym 5:00-8:30 AM</p> <p>Adult Basketball 11:00 AM-2:00 PM</p> <p>Open Gym 2:00-9:00 PM</p>	<p>Open Gym 5:00-8:45 AM</p> <p>Fitness Class 8:45-10:00 AM</p> <p>Open Gym 10:00-5:45 PM</p> <p>JV Basketball 5:45-9:00 PM</p>	<p>Open Gym 5:00-9:00 AM</p> <p>Adult Basketball 11:00 AM-2:00 PM</p> <p>Open Gym 2:00-4:00 PM</p> <p>Adult Basketball 4:00-7:00 PM</p> <p>Open Gym 7:00-9:00 PM</p>	<p>Open Gym 5:00-8:45 AM</p> <p>Fitness Class 8:45-10:00 AM</p> <p>Open Gym 10:00 AM-9:00 PM</p>	<p>Open Gym 5:00-9:00 AM</p> <p>Adult Basketball 4:00-7:00 PM</p> <p>Open Gym 7:00-9:00 PM</p>	<p>Open Gym 5:45AM -3:00 PM</p>	<p>Open Gym 7:30-3:00 PM</p>
Orbison Gym West	<p>Open Gym 5:00-8:00 AM</p> <p>Open Gym 3:00-9:00 PM</p>	<p>Fitness Class 8:45-10:00 AM</p> <p>Open Gym 10:00 AM-12:30 PM 3:00-5:45 PM</p> <p>JV Basketball 5:45-9:00 PM</p>	<p>Open Gym 5:00-8:00 AM</p> <p>Adult Basketball 4:00-7:00 PM</p> <p>Open Gym 7:00-9:00 PM</p>	<p>Open Gym 5:00-8:45 AM</p> <p>Fitness Class 8:45-10:00 AM</p> <p>Open Gym 3:00 AM-9:00 PM</p>	<p>Open Gym 5:00-8:00 AM</p> <p>Adult Basketball 4:00-7:00 PM</p> <p>Open Gym 7:00-9:00 PM</p>	<p>Open Gym 5:45AM -3:00 PM</p>	<p>Open Gym 7:30-3:00 PM</p>

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