



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

APPLETON YMCA – McGuire Gym

Winter 1 January 8th – February 25th

Gym	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
McGuire Gym North	Adult Basketball 5:00-8:00 AM Open Pickleball 8:00-10:00 AM Child Care 10:00 AM-12:30 PM 2:30-4:30 PM Advanced Pickleball 12:30-2:30 PM Open Gym 4:30-10:00 PM	Open Pickleball 5:00-8:45 AM Child Care 10:00 AM-12:30 PM 2:30 PM-4:30 PM Advanced Pickleball 12:30-2:30 PM Open Gym 4:30-10:00 PM	Adult Basketball 5:00-8:00 AM Open Pickleball 8:00-10:00 AM Child Care 10:00 AM-12:30 PM 2:30 PM-4:30 PM Advanced Pickleball 12:30-2:30 PM Open Gym 4:30-10:00 PM	Open Pickleball 5:00-8:45 AM Child Care 10:00 AM-12:30 PM 2:30 PM-4:30 PM Advanced Pickleball 12:30-2:30 PM Open Gym 4:30-10:00 PM	Adult Basketball 5:00-8:00 AM Open Pickleball 8:00-10:00 AM Child Care 10:00 AM-12:30 PM 2:30 PM-4:30 PM Advanced Pickleball 12:30-2:30 PM Open Gym 4:30-10:00 PM	Adult Basketball 5:45-8:00 AM Youth Basketball 8:00-1:30 PM Open Gym 1:30-5:45 PM	Open Gym 12:00 -5:45 PM
McGuire Gym South	Adult Basketball 5:00-8:00 AM Open Pickleball 8:00 AM-12:30 PM Advanced Pickleball 12:30-3:30 PM Sports Class 4:15-5:45 PM Open Gym 5:45-10:00 PM	Open Pickleball 8:00-11:00 AM Sports Class 11:00-12:15 PM Advanced Pickleball 12:30-3:30 PM Sports Class Open Gym 3:30-10:00 PM	Adult Basketball 5:00-8:00 AM Open Pickleball 8:00 AM-12:30 PM Sports Class 12:30-1:30 PM Advanced Pickleball 1:30-3:30 PM Sports Class 4:30-7:45 PM Open Gym 7:45-10:00 PM	Open Pickleball 9:45-12:30 PM Sports Class 9:00-9:45 AM Advanced Pickleball 12:30-3:30 PM Sports Class 4:15-5:45 PM Open Gym 5:45-10:00 PM	Adult Basketball 5:00-8:00 AM Open Pickleball 8:00 -12:30 PM Advanced Pickleball 12:30-3:30 Open Gym 3:30-10:00 PM	Adult Basketball 5:45-8:00 AM Youth Basketball 8:00-12:30 PM Open Gym 12:30-5:45 PM	Open Gym 12:00 -5:45 PM

Adult Basketball – (18 and older) The Y reserves the right to limit adult basketball games on non school days.

Schedule is subject to change without notice, please call ahead.

Our Mission: To put Christian principles into practice by promoting youth, adult and family activities that help build a healthy spirit, mind and body for all.



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GYM SCHEDULE

APPLETON YMCA – Orbison Gym

Winter 1 January 8th – February 25th

Gym	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Orbison Gym East	Open Gym 5:00AM-5:00 PM 8:00-10:00 PM Swim Team 5:00-6:00 PM Basketball Practice 6:30-8:00PM	Open Gym 5:00 AM-5:30PM 7:00-10:00PM Basketball Practice 5:30-7:00PM	Adult Basketball 11:00 AM-2:00 PM Swim Team 5:00-6:00 PM Open Gym 5:00-11:00 AM 2:00-5:00 PM 6:00-10:00 PM	Open Gym 5:00 AM-5:30 PM Basketball Practice 5:30-7:00 PM Open Gym 7:00-10:00 PM	Adult Basketball 11:00 AM-2:00 PM Open Gym 5:00-11:00 AM 2:00-10:00 PM	Adult Basketball 5:45-8:00 AM Youth Basketball 8:00-12:30 PM Open Gym 12:30 PM-5:45 PM	Open Gym 7:30 AM-5:15 PM
Orbison Gym West	Open Gym 5:00AM-5:00 PM 8:00-10:00 PM Basketball Practice 6:30-8:00PM	Open Gym 5:00 AM-4:00PM 7:00-10:00PM Basketball Practice 4:00-7:00PM	Adult Basketball 11:00 AM-2:00 PM 4:30-7:00 PM Open Gym 5:00-11:00 AM 2:00-4:30 PM 7:00-10:00 PM	Open Gym 5:00 AM-5:30 PM Basketball Practice 5:30-7:00 PM Volleyball Practice 7:45-9:45 PM	Adult Basketball 11:00 AM-2:00 PM Open Gym 5:00-11:00 AM 2:00-10:00 PM	Adult Basketball 5:45-8:00 AM Open Gym 12:30 PM-5:45 PM	Open Gym 7:30 AM-5:15 PM

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