

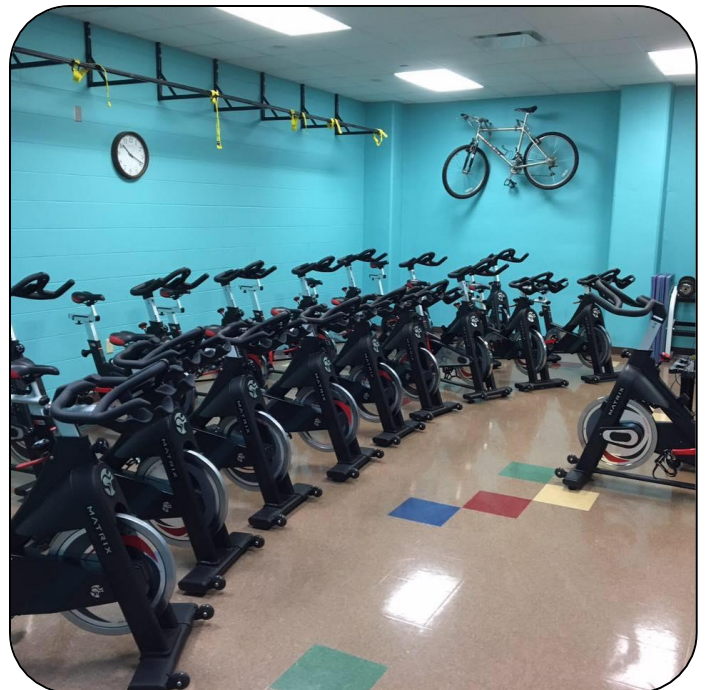


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GET YOUR CYCLE ON SATURDAY GROUP CYCLING Apple Creek YMCA

**Saturday Mornings
7:30-8:15 AM**

September 8 **Kimberly**
September 15 **Tammy**
September 22 **Angela**
September 29 **Cheri**
October 6 **Kimberly**
October 13 **Carla**
October 20 **Kimberly**
October 27 **Angela**
November 3 **Kimberly**
November 10 **Angela**
November 17 **Kimberly**
November 24 **Amy**
December 1 **Kimberly**
December 8 **Stacey**
December 15 **Angela**
December 22 **Cheri**



For more information contact Amanda Vander Logt, Fitness Coordinator.

Apple Creek YMCA 2851 E. Apple Creek Rd, Appleton, WI 54913 P 920.733.9622 www.ymcafoxcities.org