



TEACHING TEAMWORK

Baseball, soccer, volleyball, flag football, basketball—check out the sports offerings at your Y and get in the game. Improve your skills, make new friends, be active with other kids and learn to love a sport at the Y.



SPORTS

STAFF CONTACTS

APY – Colin Specht Sports & Recreation Director P 954.7620 E cspecht@ymcafoxcities.org
FWY - Kevin Jakubek Sports & Recreation Director P 560.3414 E kjakubek@ymcafoxcities.org
HVY – Randi Thurs Sports & Recreation Director P 830.5709 E rthurs@ymcafoxcities.org
NMY - Randy Pelischek Sports & Recreation Director P 886.2104 E rpelischek@ymcafoxcities.org

PRESCHOOL

PARENT/CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, HVY)

Perfect class for first time participants! Parents join your child while learning basic fundamental skills of a new sport each week. Classes will consist of skill development, participation, development of teamwork, fun and quality time with child. Sports include: Soccer, Basketball, T-Ball, Floor Hockey, Flag Football and Playground games.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent Child All Sports	APY	3-4 years	M	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports - Session 2	APY	3-4 years	R	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports	FWY	3-4 years	W	5:30 PM	6:15 PM	\$34	\$49
Parent Child All Sports - Session 1	HVY	3-4 years	M	5:00 PM	5:45 PM	\$34	\$49
Parent Child All Sports	HVY	3-4 years	T	9:00 AM	9:45 AM	\$34	\$49

YOUTH

TYKES SPORTS EXPERIENCE (AGES 3-5 YEARS) (FWY)

This one hour experience will give your child the ability to burn off some excess energy and learn about a sport while playing some fun games. Each week we will focus on skill development, participation and teamwork. The following sports will be included: soccer, baseball, football, basketball, floor hockey and tennis.

KINDER SPORTS (AGES 3-4 YEARS) (HVY)

Children will develop individual and team skills while learning strategies in a variety of sports. Kinder sports will help build an "I can do it" attitude.

SPORTS SAMPLER (AGES 4-6 YEARS) (APY, FWY, HVY, NMY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include: Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run class*

Winter Session 1: January 7-February 24, 2019

Winter Session 2: February 25-April 14, 2019

This is a working document and is subject to change.

LITTLE SPORTS CLASSES (AGES 4-6 YEARS) (APY, FWY, NMY)

Learn the basics of the sport. Players participate in drills to improve and learn offensive and defensive skills, and also participate in scrimmage games. Everyone plays in this instructional class that emphasizes fun and participation. Program runs seven weeks in the Y Gym. Programs include **Little Rushers Football, Little Kickers Soccer, Little Hoopsters Basketball, Little Goalies Hockey, Little Sluggers T-ball and Little Smashers Tennis.**

4K SPORTS EXPERIENCE (AGES 4-5 YEARS) (APY, FWY)

This one hour experience will give your child the ability to burn off some excess energy and learn about a sport while playing some fun games. Each week we will focus on skill development, participation and teamwork. The following sports will be included: soccer, baseball, football, basketball, floor hockey and tennis.

TUMBLE SPORTS (AGES 4-6 YEARS) (HVY)

The perfect mix of sports in the gym and fun in the gymnastics center. Spend the first 35-minutes in the gym playing and learning about soccer, followed by instruction and fun time in the gymnastics center!

G.A.T.O.R.S. (AGES 7-10 YEARS) (NMY)

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited.

JR. G.A.T.O.R.S. (AGES 4-6 YEARS) (NMY)

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited.

FENCING (AGES 5-11, 12 YEARS AND OLDER) (APY)

Learn a sport that spans centuries – fencing is the ultimate cross-training program that conditions the body and develops balanced coordination. Youth learn to dodge, parry and thrust in this exciting sport that keeps growing in popularity. Learn proper form, technique and etiquette in this methodical yet fast-paced sport. Class is instructed by Steve Amich, former Lawrence University coach for 30+ years and Gold Medal competitor. All equipment is provided.

ULTIMATE BALL AND YOUTH DODGE BALL (AGES 7-10) (NMY)

The Y's version of Ultimate Frisbee! Ultimate Ball can be played with a soccer ball, dodge ball, or football. This game is very active, encourages teamwork, and fun competition. This is a non-contact activity and players cannot run with the ball or kick the ball in any way. A foul occurs if a player initiates contact on another player or kicks the ball. The other team then gains possession of the ball. Teams start on their goal line and work together throw and catching the ball until they reach the opponents end zone. Usually 7 players per team. The thrower has 5 seconds to throw the ball again and can only make 1 or 2 step move to get the next pass off. Defenders must stay at least one arms-length away from the players on offense. Fun and easy, everyone gets to be involved! 20 minutes of Ultimate Ball will be followed by 20 minutes of Dodgeball. Participants must sign up, as enrollment is limited.

YOUTH DODGEBALL (AGES 7-12 YEARS) (HVY)

A great way to work off some steam with a lot of laughs in between. Participants will have a fun time playing organized dodgeball games in the gym as they dodge, dip, dive, duck, and dodge!

NERF CHALLENGE & DODGEBALL (AGES 7-12 YEARS) (APY, NMY)

Similar to paintball, instead of paint, participants will play games with Nerf darts. Obstacles, teamwork and various games like capture the flag, will insure a great time. Participants must wear eye protection and provide their own nerf equipment. Games of dodgeball will also be thrown into the mixture of fun.

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Winter Session 2: February 25-April 14, 2019

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WINTER VOLLEYBALL (GRADES 3-4, 5-6) (APY, FWY, HVY, NMY)

This youth volleyball program is for boys & girls to come have fun learning about the game of volleyball. Each day will include learning volleyball skills, playing fun games, and a scrimmage. Runs Monday nights for grades 2-3 and Thursday nights for Grades 4-6 at HVY February 25– April 11, 2019. Runs Thursday nights at NMY February 21 – April 4, 2019. Runs Tuesday nights at APY February 27 – April 10, 2019. Runs both Winter 1 and Winter 2 sessions at Fox West on Monday nights.

YPE (AGES 5-16 YEARS) (APY)

This is the Y's version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements, and develop an understanding of why it is important to stay active.

HOLIDAY BASKETBALL CAMP (GRADES K-6) (APY,NMY)

Come practice your skills during Christmas Break. Plenty of drills, skills contests, and skills lead-up games. Play some 3 on 3 games and 5 on 5 games as well.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Kinder Sports	HVY	3-4 years	R	10:15 AM	11:00 AM	\$28	\$39
4K Sports Experience	APY	4-5 years	T	11:15 AM	12:15 PM	\$28	\$39
After School Games	FWY	4-6 years	T	4:30 PM	5:15 PM	\$28	\$39
Little Hoopsters Basketball – Session 1	NMY	4-6 years	T	4:15 PM	5:00 PM	\$28	\$39
Little Kickers Soccer	APY	4-6 years	M	4:30 PM	5:30 PM	\$34	\$49
Little Kickers Soccer - Session 2	NMY	4-6 years	T	4:15 PM	5:00 PM	\$28	\$39
Little Kickers Soccer - Session 1	NMY	4-6 years	R	5:15 PM	6:00 PM	\$28	\$39
Sports Sampler	APY	4-6 years	W	4:30 PM	5:30 PM	\$34	\$49
Sports Sampler	FWY	4-6 years	W	4:30 PM	5:15 PM	\$28	\$39
Sports Sampler - Session 1	HVY	4-6 years	M	6:00 PM	6:45 PM	\$28	\$39
Sports Sampler	HVY	4-6 years	F	9:30 AM	10:15 AM	\$28	\$39
Sports Sampler – Session 1	NMY	4-6 years	T	5:15 PM	6:00 PM	\$28	\$39
Tumble Sports	HVY	4-6 years	W	1:15 PM	2:30 PM	\$37	\$53
Fencing - Beginner	APY	5-11 years	T	5:30 PM	6:15 PM	\$25	\$32
Fencing - Beginner	APY	5-11 years	R	5:30 PM	6:15 PM	\$25	\$32
YPE	APY	5-12 years	W	12:30 PM	1:30 PM	\$34	\$49
After School Games	FWY	7-10 years	T	5:30 PM	6:15 PM	\$28	\$39
Soccer Skills	FWY	Grades 1-2	R	4:30 PM	6:15 PM	\$28	\$39
GATORS	NMY	7-10 years	W	4:15 PM	5:00 PM	FREE	\$20
JR. GATORS - Session 1	NMY	4-6 years	R	4:15 PM	5:00 PM	\$28	\$39
JR. GATORS - Session 2	NMY	4-6 years	T	5:15 PM	6:00 PM	\$28	\$39
Youth Dodgeball – Session 1	HVY	7-12 years	R	4:30 PM	5:15 PM	\$15	\$25
Nerf Challenge and Dodgeball	APY	7-12 years	W	5:45 PM	7:00 PM	\$30	\$40
Nerf Challenge and Dodgeball – Session 2	NMY	7-10 years	W	5:15 PM	6:00 PM	\$25	\$35
Ultimate Ball and Youth Dodgeball - Session 1	NMY	7-10 years	W	5:15 PM	6:00 PM	\$25	\$35
Jr Racquetball Lessons	APY	8-13 years	R	4:00 PM	4:45 PM	\$28	\$39

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Jr Racquetball League	APY	8-13 years	R	4:45 PM	5:30 PM	\$28	\$39
Fencing - Intermediate	APY	12 years and older	T/R	6:30 PM	7:30PM	\$45	\$60
Winter Volleyball - Session 2	APY	Grades 3-4	T	5:30 PM	6:30 PM	\$32	\$44
Winter Volleyball - Session 2	APY	Grades 5-6	T	6:30 PM	7:30 PM	\$32	\$44
Winter Volleyball	FWY	Grades 2-4	M	5:30 PM	6:30 PM	\$32	\$44
Winter Volleyball	FWY	Grades 5-6	M	6:30 PM	7:30 PM	\$32	\$44
Winter Volleyball	FWY	Grades 7-8	M	7:30 PM	8:30 PM	\$32	\$44
Winter Volleyball - Session 2	HVY	Grade 2	M	5:00 PM	5:45 PM	\$28	\$39
Winter Volleyball - Session 2	HVY	Grade 3	M	6:00 PM	6:45 PM	\$28	\$39
Winter Volleyball -Session 2	HVY	Grade 4	R	5:00 PM	5:45 PM	\$28	\$39
Winter Volleyball -Session 2	HVY	Grade 5-6	R	6:00 PM	6:45 PM	\$28	\$39
Winter Volleyball - Session 2	NMY	Grades 3-4	R	4:15 PM	5:15 PM	\$32	\$44
Winter Volleyball - Session 2	NMY	Grades 5-6	R	5:30 PM	6:30 PM	\$32	\$44
Holiday Basketball Camp - December 26-27	NMY	Grades 1-2	W/R	9:00 AM	11:00 AM	\$25	\$37
Holiday Basketball Camp - December 26-27	NMY	Grades 3-4	W/R	1:00 PM	3:00 PM	\$25	\$37
Holiday Basketball Camp - December 27-28	APY	Grades K-2	R/F	9:00 AM	11:00 AM	\$25	\$37
Holiday Basketball Camp - December 27-28	APY	Grades 3-6	R/F	9:00 AM	12:00 PM	\$30	\$40
Nerf and Dodgeball Camp - December 27-28	APY	Grades 3-6	R/F	1:00 PM	4:00 PM	\$30	\$40

YOUTH SPORTS LEAGUES

YMCA of the Fox Cities Family Memberships pays only a \$12 uniform fee for value-added Youth Sports Leagues. Youth Sports League times will be determined based on the grade level and number of participants. You will be notified by a coach prior to the first game. Contact your branch Sports and Recreation Director for more information.

BOYS Y-BALL BASKETBALL LEAGUE - JANUARY 12-MARCH 2. REGISTRATION OCTOBER 15-DECEMBER 16. Teams will practice once per week on a week night starting January 2. Games will be Saturdays January 12-March 2, 2019 at Shattuck Middle School in Neenah. High School teams will have team captains and Grades 7-9 will have parent coaches. Players still have equal playing time!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Boys Y-Ball	NMY	Grade 7-9	S	January 12	March 2	\$50	\$75
Boys Y-Ball	NMY	Grade 10-12	S	January 12	March 2	\$50	\$75

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FUTSAL/INDOOR SOCCER – MARCH 2-APRIL 13.
REGISTRATION DECEMBER 10, 2018 –FEBURARY 10, 2019

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Indoor Soccer	APY	Grade 4K-5K	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	APY	Grade 1	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	APY	Grade 2	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	APY	Grade 3	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	APY	Grade 4-6	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 4K	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 5K	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 1	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 2	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 3	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 4	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 5	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	FWY	Grade 6	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	HVY	Grade 4K-5K	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	HVY	Grade 1	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	HVY	Grade 2	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	HVY	Grade 3	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	HVY	Grade 4-6	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	NMY	Grade 4K-5K	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	NMY	Grades 1-2	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	NMY	Grade 3-4	S	March 2	April 13	\$12	\$41	\$63
Youth Indoor Soccer	NMY	Grade 5-6	S	March 2	April 13	\$12	\$41	\$63

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FOX WEST SUMMER SOCCER LEAGUE – REGISTRATION JANUARY 1 – April 7. Practices begin May 6. Games begin May 28. Season ends August 3. Our summer soccer features three weeks of practice with their team prior to their first game. Practices and games are held at Lion’s Park in Greenville. Teams play 8 games during the season. Each participant will receive a full uniform (jersey, shorts and socks). **THIS IS NOT A VALUE-ADDED PROGRAM.** Contact Kevin Jakubek at the Fox West Y for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ages 4-5	FWY	4-5 years	T	May 6	July 29	\$53	\$81
U6	FWY	5-6 years	T	May 6	July 29	\$53	\$81
U8	FWY	7-8 years	M	May 6	July 29	\$53	\$81
U10	FWY	9-10 years	M	May 6	July 29	\$53	\$81
U12	FWY	11-12 years	W	May 6	July 29	\$53	\$81
U15	FWY	13-15 years	W	May 6	July 29	\$53	\$81

FOX WEST PRE-SEASON SOCCER CAMP – April 22 & 29 (Ages 4-8) or April 24 & May 1 (Ages 8-12). REGISTRATION January 1 – April 21. Dribbling Camp focuses directly on improving dribbling skills.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Pre-Season Soccer Camp	FWY	Ages 4-8	M	4:30 PM	5:15 PM	\$16	\$26
Pre-Season Dribbling Camp	FWY	Ages 4-8	M	5:30 PM	6:15 PM	\$16	\$26
Pre-Season Soccer Camp	FWY	Ages 8-12	W	4:30 PM	5:15 PM	\$16	\$26
Pre-Season Dribbling Camp	FWY	Ages 8-12	W	5:30 PM	6:15 PM	\$16	\$26

SHERWOOD SOCCER LEAGUE – JUNE 17-JULY 30. REGISTRATION FEBRUARY 25– June 3. Teams will practice followed by a game one day a week at Wanick Park in Sherwood. Sherwood residents will receive the member price.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Sherwood Soccer	HVY	Grade 4K	M	June 17	July 29	\$33	\$49
Sherwood Soccer	HVY	Grade 5K	T	June 18	July 30	\$33	\$49
Sherwood Soccer	HVY	Grade 1	M	June 17	July 29	\$33	\$49
Sherwood Soccer	HVY	Grade 2	T	June 18	July 30	\$33	\$49
Sherwood Soccer	HVY	Grade 3-4	M	June 17	July 29	\$33	\$49

APPLETON SUMMER SOCCER LEAGUE - All games and practices are held at FERBER ELEMENTARY SCHOOL. Practices begin the week of June 17. 4k and 5k play on Monday nights, 1st through 4th grade play on Tuesday nights. REGISTRATION February 25 – June 3. **THIS IS NOT A VALUE-ADDED PROGRAM.** Contact Ryan Shanklin, 920-954-7622 at the Appleton Y for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
4k	APY	4-5 years	M	June 17	July 29	\$34	\$51
5k	APY	5-6 years	M	June 17	July 29	\$34	\$51
1 st Grade	APY	6-8 years	T	June 18	July 30	\$34	\$51
2 nd Grade	APY	7-9 years	T	June 18	July 30	\$34	\$51
3 rd -4 th Grade	APY	9-12 years	T	June 18	July 30	\$34	\$51

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APPLETON PLAYER DEVELOPMENT SOCCER CAMP – April 29 & May 6 (Ages 4-8) or May 1 & May 8 (Ages 8-12). **REGISTRATION January 1 – April 21.** This Developmental Soccer Camp can help players quickly enhance their sport understanding, skills, and individual techniques by providing them access to small-sided games and activities led by former players and youth coaches. Players will participate in fun games and activities all while learning YMCA core values and character development.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Player Development Junior Soccer Camp	APY	Ages 4-8	M	5:00 PM	6:00 PM	\$16	\$26
Player Development Youth Soccer Camp	APY	Ages 8-12	W	5:00 PM	6:00 PM	\$16	\$26

SPRING FLAG FOOTBALL LEAGUE – APRIL 20-JUNE 1. REGISTRATION FEBURARY 1 – March 31.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Spring Flag Football – SFX	APY	Grades 4K-5K	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football – SFX	APY	Grade 1	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football – SFX	APY	Grade 2	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football – SFX	APY	Grade 3	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football – SFX	APY	Grade 4	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football – SFX	APY	Grades 5-6	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football – SFX	APY	Grades 7-8	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	FWY	Grades 4K-5K	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	FWY	Grades 1-2	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	FWY	Grades 3-4	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	FWY	Grades 5-6	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	HVY	Grades 4K-5K	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	HVY	Grade 1	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	HVY	Grade 2	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	HVY	Grade 3	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	HVY	Grade 4	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	HVY	Grade 5	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	HVY	Grade 6	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	NMY	Grades 4K-5K	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	NMY	Grades 1-2	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	NMY	Grades 3-4	S	April 20	June 1	\$12	\$38	\$55

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Spring Flag Football	NMY	Grades 5-6	S	April 20	June 1	\$12	\$38	\$55
Spring Flag Football	NMY	Grades 7-8	S	April 20	June 1	\$12	\$38	\$55

HVY T-BALL SPRING LEAGUE - APRIL 17-MAY 22. REGISTRATION FEBRUARY 11-APRIL 7.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
T-Ball League	HVY	4-6 years	W	5:30 PM	6:30 PM	\$12	\$36	\$53

HVY T-BALL SUMMER LEAGUE – JULY 10-AUGUST 14. REGISTRATION MAY 1-JUNE 26.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
T-Ball League	HVY	4-6 years	W	5:30 PM	6:30 PM	\$12	\$36	\$53

WHIFFLE BALL LEAGUE REGISTRATION DECEMBER 10-JANUARY 14. Players will play 5 on 5 baseball in the gym on Thursday nights. For more information contact Kevin Jakubek.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Whiffle Ball	FWY	Grade 1	R	January 24	March 7	\$20	\$35
Whiffle Ball	FWY	Grade 2	R	January 24	March 7	\$20	\$35
Whiffle Ball	FWY	Grade 3	R	January 24	March 7	\$20	\$35

3 ON 3 BASKETBALL LEAGUE! REGISTRATION DECEMBER 10 - JANUARY 31. Players will play 3 on 3 basketball weekly. Boys are on Thursday nights. Girls are on Tuesday nights. For more information contact Kevin Jakubek.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
3 on 3 - Boys	FWY	Grade 3	R	February 14	March 28	\$20	\$25
3 on 3 - Boys	FWY	Grade 4	R	February 14	March 28	\$20	\$25
3 on 3 - Boys	FWY	Grade 5	R	February 14	March 28	\$20	\$25
3 on 3 - Boys	FWY	Grade 6	R	February 14	March 28	\$20	\$25
3 on 3 - Girls	FWY	Grade 3	T	February 14	March 28	\$20	\$25
3 on 3 - Girls	FWY	Grade 4	T	February 14	March 28	\$20	\$25
3 on 3 - Girls	FWY	Grade 5	T	February 14	March 28	\$20	\$25
3 on 3 - Girls	FWY	Grade 6	T	February 14	March 28	\$20	\$25

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TRACK AND FIELD – APRIL 27-MAY 18. REGISTRATION February 25-APRIL 21.

The first three weeks will be practices on Saturdays from 9:00-10:15 AM for Grades 3-6 and 10:30-11:45 AM for Grades K-2. Locations are: Appleton YMCA (St. Francis Xavier Middle School); Fox West YMCA (Fox West YMCA), Heart of the Valley and Neenah-Menasha YMCA (Shattuck Middle School). YMCA of the Fox Cities Track Meet will be held on Saturday, May 18th from 8:30 AM-NOON at Appleton North High School in Appleton.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Track & Field St. Francis Xavier Middle School	APY	Grades 5K-2	S	April 27	May 18	\$12	\$27	\$47
Track & Field St. Francis Xavier Middle School	APY	Grades 3-6	S	April 27	May 18	\$12	\$27	\$47
Track & Field	HVY	Grades 5K -2	S	April 27	May 18	\$12	\$27	\$47
Track & Field	HVY	Grades 3-6	S	April 27	May 18	\$12	\$27	\$47
Track & Field Shattuck MS	NMY	Grades 5K-2	S	April 27	May 18	\$12	\$27	\$47
Track & Field Shattuck MS	NMY	Grades 3-6	S	April 27	May 18	\$12	\$27	\$47
Track and Field Fox West Y	FWY	Grades 5K-2	S	April 27	May 18	\$12	\$27	\$47
Track and Field Fox West Y	FWY	Grades 3-6	S	April 27	May 18	\$12	\$27	\$47

ADULTS

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Racquetball Leagues Various times	APY	18 years and older	MTWRF			\$20	\$40
Women's Basketball League March - May	APY	18 years and older	N	6:00 PM	9:00 PM	\$425	\$425
Open Pickleball	APY	18 years and older	MTWRF	8:00 AM	11:00 AM	FREE	\$5/time
Open Pickleball	FWY	18 years and older	MWF	5:00 AM	7:00 AM	FREE	\$5/time
Open Pickleball – Beginner	FWY	18 years and older	MW	10:00 AM	NOON	FREE	\$5/time
Open Pickleball	FWY	18 years and older	TTH	10:00 AM	NOON	FREE	\$5/time
Open Pickleball	HVY	18 years and older	MWF	11:00 AM	1:00 PM	FREE	\$5/time
Open Pickleball	NMY	18 years and older	TWR	11:00 AM	1:00 PM	FREE	\$5/time
Open Volleyball – Youth & Family	FWY	18 years and older	W	6:30 PM	7:30 PM	FREE	\$5/time
Open Volleyball	FWY	18 years and older	W	7:30 PM	9:30 PM	FREE	\$5/time
Open Volleyball	NMY	18 years and older	T	7:00 PM	9:00 PM	FREE	\$5/time

Winter Session 1: January 7-February 24, 2019

Winter Session 2: February 25-April 14, 2019

This is a working document and is subject to change.

WINTER ADULT CO-ED THURSDAY NIGHT VOLLEYBALL LEAGUE – Games begin January 3. Season ends March 7. **REGISTRATION NOVEMBER 12-DECEMBER 25.** This is a relaxed Volleyball league and will give players 16 and older the opportunity to get out, have fun and meet other players! Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information. Players can sign up as a free agent and the Y will then place you on a team of other free agents that register or sign up as an already created team. If there are an odd number of teams, 2-3 times each team will play a double header. Games begin at 7:00 PM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Relaxed Co-ed Sixes Team	NMY	18 years and older	R	January 3	March 7	\$180	\$180
Relax Co-ed Quads Team	NMY	18 years and older	R	January 3	March 7	\$120	\$120
Adult Sixes Free Agent	NMY	18 years and older	R	January 3	March 7	\$30	\$30
Adult Fours Free Agent	NMY	18 years and older	R	January 3	March 7	\$30	\$30

WINTER ADULT CO-ED THURSDAY NIGHT VOLLEYBALL LEAGUE – **REGISTRATION DECEMBER 10-FEBRUARY 1.** Season is February 10-March 31. This is a relaxed Volleyball league and will give players 16 and older the opportunity to get out, have fun and meet other players! Players can sign up as a free agent and the Y will then place you on a team of other free agents that register or sign up as an already created team if possible. Contact Kevin Jakubek at the Fox West YMCA for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Co-Ed Volleyball - Team	FWY	18 years and older	Su	February 10	March 31	\$144	\$144
Co-Ed Volleyball - Free Agent	FWY	18 years and older	Su	February 10	March 31	\$24	\$24

SPRING ADULT CO-ED THURSDAY NIGHT VOLLEYBALL LEAGUE – Games begin March 14. Season ends May 23. There will be no games on April 18th. **REGISTRATION JANUARY 21-MARCH 3.** This is a relaxed Volleyball league and will give players 16 and older the opportunity to get out, have fun and meet other players! Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information. Players can sign up as a free agent and the Y will then place you on a team of other free agents that register or sign up as an already created team. If there are an odd number of teams, 2-3 times each team will play a double header. Games begin at 7:00 PM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Relaxed Co-ed Sixes Team	NMY	18 years and older	R	March 14	May 23	\$180	\$180
Relax Co-ed Quads Team	NMY	18 years and older	R	March 14	May 23	\$120	\$120
Adult Sixes Free Agent	NMY	18 years and older	R	March 14	May 23	\$30	\$30
Adult Fours Free Agent	NMY	18 years and older	R	March 14	May 23	\$30	\$30

SUMMER ADULT SOCCER LEAGUE – **REGISTRATION JANUARY 1 – MAY 10.** Season runs May 30-July 25. Sign up as a free agent. The Y will try to place you on a team as needed or form a team out of the free agents if possible. Contact Kevin Jakubek at the Fox West Y for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adult Soccer League	FWY	18 years and older	R	May 30	July 25	\$300	\$300
Adult Soccer League – Free Agent	FWY	18 years and older	R	May 30	July 25	\$24	\$24

Winter Session 1: January 7-February 24, 2019

Winter Session 2: February 25-April 14, 2019

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