



TEACHING TEAMWORK

Baseball, soccer, volleyball, flag football, basketball—check out the sports offerings at your Y and get in the game. Improve your skills, make new friends, be active with other kids and learn to love a sport at the Y.



SPORTS

UPDATED ON FEBRUARY 15, 2018

STAFF CONTACTS

APY – Colin Specht Sports & Recreation Director P 954.7620 E cspecht@ymcafoxcities.org
FWY - Kevin Jakubek Sports & Recreation Director P 560.3414 E kjakubek@ymcafoxcities.org
HVY - Brandon Vanderhoof Sports & Recreation Director P 830.5703 E bvanderhoof@ymcafoxcities.org
NMY - Randy Pelischek Sports & Recreation Director P 886.2104 E rpelischek@ymcafoxcities.org

PRESCHOOL

PARENT/CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, HVY)

Perfect class for first time participants! Parents join your child while learning basic fundamental skills of a new sport each week. Classes will consist of skill development, participation, development of teamwork, fun and quality time with child. Sports include: Soccer, Basketball, T-Ball, Floor Hockey, Flag Football and Playground games.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent Child All Sports	APY	3-4 years	M	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports	APY	3-4 years	W	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports - Session 1	HVY	3-4 years	M	5:00 PM	5:45 PM	\$34	\$49

YOUTH

TYKES SPORTS EXPERIENCE (AGES 3-5 YEARS) (FWY)

This one hour experience will give your child the ability to burn off some excess energy and learn about a sport while playing some fun games. Each week we will focus on skill development, participation and teamwork. The following sports will be included: soccer, baseball, football, basketball, floor hockey and tennis.

SPORTS SAMPLER (AGES 4-6 YEARS) (APY, FWY, HVY, NMY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include: Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run class*

LITTLE SPORTS CLASSES (AGES 4-6 YEARS) (APY, FWY, NMY)

Learn the basics of the sport. Players participate in drills to improve and learn offensive and defensive skills, and also participate in scrimmage games. Everyone plays in this instructional class that emphasizes fun and participation. Program runs seven weeks in the Y Gym. Programs include **Little Rushers Football, Little Kickers Soccer, Little Hoopsters Basketball, Little Goalies Hockey, Little Sluggers T-ball and Little Smashers Tennis.**

4K SPORTS EXPERIENCE (AGES 4-5 YEARS) (APY, FWY)

This one hour experience will give your child the ability to burn off some excess energy and learn about a sport while playing some fun games. Each week we will focus on skill development, participation and

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teamwork. The following sports will be included: soccer, baseball, football, basketball, floor hockey and tennis.

TUMBLE SPORTS (AGES 4-6 YEARS) (HVY)

The perfect mix of sports in the gym and fun in the gymnastics center. Spend the first 35-minutes in the gym playing and learning about soccer, followed by instruction and fun time in the gymnastics center!

G.A.T.O.R.S. (AGES 7-10 YEARS) (NMY)

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited.

JR. G.A.T.O.R.S. (AGES 7-10 YEARS) (NMY)

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited.

FENCING (AGES 5-11, 12 YEARS AND OLDER) (APY)

Learn a sport that spans centuries – fencing is the ultimate cross-training program that conditions the body and develops balanced coordination. Youth learn to dodge, parry and thrust in this exciting sport that keeps growing in popularity. Learn proper form, technique and etiquette in this methodical yet fast-paced sport. Class is instructed by Steve Amich, former Lawrence University coach for 30+ years and Gold Medal competitor. All equipment is provided.

ULTIMATE BALL AND YOUTH DODGE BALL (AGES 7-10) (NMY)

The Y's version of Ultimate Frisbee! Ultimate Ball can be played with a soccer ball, dodge ball, or football. This game is very active, encourages teamwork, and fun competition. This is a non-contact activity and players cannot run with the ball or kick the ball in any way. A foul occurs if a player initiates contact on another player or kicks the ball. The other team then gains possession of the ball. Teams start on their goal line and work together throw and catching the ball until they reach the opponents end zone. Usually 7 players per team. The thrower has 5 seconds to throw the ball again and can only make 1 or 2 step move to get the next pass off. Defenders must stay at least one arms-length away from the players on offense. Fun and easy, everyone gets to be involved! 20 minutes of Ultimate Ball will be followed by 20 minutes of Dodgeball. Participants must sign up, as enrollment is limited.

WHIFFLE BALL AND KICKBALL (AGES 7-10 YEARS) (NMY)

Participants will actively participate in Whiffle Ball and Kickball, learn rules and skills, and have fun. Participants must sign up, as enrollment is limited.

JEDI TRAINING (FWY)

Class is a great mix of fitness, sports and imagination. Each week, participants will focus on different training methods of the Jedi. It is a great exercise class filled with adventure.

YOUTH DODGEBALL (AGES 7-12 YEARS) (HVY)

A great way to work off some steam with a lot of laughs in between. Participants will have a fun time playing organized dodgeball games in the gym as they dodge, dip, dive, duck, and dodge!

YOUTH DODGEBALL - NERF WARS (AGES 7-10 YEARS) (APY, FWY, NMY)

Similar to paintball, instead of paint, participants will play games with nerf gun darts. 20 minutes of obstacles, teamwork and various games like capture the flag, will insure a great time. Participants must wear eye protection and provide their own Nerf gun with darts. This is followed up by 20 minutes of dodgeball.

PARENT CHILD ARCHERY (AGES 7-14 YEARS) (HVY)

Learn the basics of traditional archery. Class will cover safety, proper technique and shooting procedures. All equipment provided by the Y.

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INDOOR ARCHERY (AGES 8-16 YEARS) (HVY)

Learn the basics of archery including the "11 Steps To Becoming A Successful Archer". Class follows the NASP guidelines and is taught by a NASP Certified Instructor. All equipment is provided by the Y.

WINTER VOLLEYBALL (GRADES 3-4, 5-6) (APY, FWY, HVY, NMY) - WINTER SESSION 2

This youth volleyball program is for boys & girls to come have fun learning about the game of volleyball. Each day will include learning volleyball skills, playing fun games, and a scrimmage. Runs Monday nights for grades 2-3 and Thursday nights for Grades 4-6 at HVY February 26– April 12, 2018. Runs Thursday nights at NMY February 22 – April 5, 2018. Runs Tuesday nights at APY February 27 – April 10, 2018. Runs both Winter 1 and Winter 2 sessions at Fox West on Monday nights.

YPE (AGES 5-16 YEARS) (APY, FWY)

This is the Y's version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements, and develop an understanding of why it is important to stay active.

HOLIDAY BASKETBALL CAMP (GRADES 2-6) (NMY)

Come practice your skills during Christmas Break. Plenty of drills, skills contests, and skills lead-up games. Play some 3 on 3 games and 5 on 5 games as well.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Tyke Sports Experience	FWY	3-5 years	R	11:00 AM	11:45 AM	\$28	\$39
4K Sports Experience	APY	4-5 years	T	11:15 AM	12:15 PM	\$28	\$39
After School Games	FWY	4-6 years	T	4:30 PM	5:15 PM	\$28	\$39
Little Hoopsters Basketball	NMY	4-6 years	T	4:15 PM	5:00 PM	\$28	\$39
Little Kickers Soccer	APY	4-6 years	M	4:30 PM	5:30 PM	\$34	\$49
Little Kickers Soccer - Session 1	NMY	4-6 years	R	5:15 PM	6:00 PM	\$28	\$39
Jedi Training	FWY	4-6 years	R	4:30 PM	5:15 PM	\$28	\$39
Sports Sampler	APY	4-6 years	W	4:30 PM	5:30 PM	\$34	\$49
Sports Sampler	FWY	4-6 years	M	4:30 PM	5:15 PM	\$28	\$39
Sports Sampler	FWY	4-6 years	R	6:00 PM	6:45 PM	\$28	\$39
Sports Sampler - Session 1	HVY	4-6 years	M	6:00 PM	6:45 PM	\$28	\$39
Sports Sampler	HVY	4-6 years	F	9:30 AM	10:15 AM	\$28	\$39
Sports Sampler - Session 2	NMY	4-6 years	T	5:15 PM	6:00 PM	\$28	\$39
Tumble Sports	HVY	4-6 years	W	1:15 PM	2:30 PM	\$37	\$53
Fencing	APY	5-11 years	TR	5:30 PM	6:30 PM	\$45	\$60
YPE	APY	5-12 years	W	12:30 PM	1:30 PM	\$34	\$49
After School Games	FWY	7-10 years	T	5:30 PM	6:15 PM	\$28	\$39
Jedi Training	FWY	7-10 years	R	5:30 PM	6:15 PM	\$28	\$39
GATORS	NMY	7-10 years	W	4:15 PM	5:00 PM	FREE	\$20
JR. GATORS - Session 1	NMY	7-10 years	R	4:15 PM	5:00 PM	\$28	\$39
Youth Dodgeball - Session 1	HVY	7-12 years	R	4:30 PM	5:15 PM	\$15	\$25
Youth Dodgeball and Nerf Wars	APY	7-12 years	W	6:30 PM	7:45 PM	\$30	\$40
Youth Dodgeball and Nerf Wars	FWY	7-10 years	W	5:30 PM	6:15 PM	\$25	\$35

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Youth Dodgeball and Nerf Wars - Session 2	NMY	7-10 years	W	5:15 PM	6:00 PM	\$25	\$35
Ultimate Ball and Youth Dodgeball - Session 1	NMY	7-10 years	W	5:15 PM	6:00 PM	\$25	\$35
Indoor Parent Child Archery	HVY	7-14 years	N	5:00 PM	5:45 PM	\$34	\$49
Indoor Archery	HVY	8-15 years	T	6:30 PM	7:30 PM	\$34	\$49
Jr Racquetball Lessons	APY	8-13 years	W	4:30 PM	5:30 PM	\$34	\$49
Fencing	APY	12 years and older	TR	6:30 PM	7:30PM	\$45	\$60
Winter Volleyball - Session 2	APY	Grades 3-4	T	5:30 PM	6:30 PM	\$32	\$44
Winter Volleyball - Session 2	APY	Grades 5-6	T	6:30 PM	7:30 PM	\$32	\$44
Winter Volleyball	FWY	Grades 2-4	M	5:30 PM	6:30 PM	\$32	\$44
Winter Volleyball	FWY	Grades 5-6	M	6:30 PM	7:30 PM	\$32	\$44
Winter Volleyball	FWY	Grades 7-8	M	7:30 PM	8:30 PM	\$32	\$44
Winter Volleyball - Session 2	HVY	Grade 2	M	5:00 PM	5:45 PM	\$28	\$39
Winter Volleyball - Session 2	HVY	Grade 3	M	6:00 PM	6:45 PM	\$28	\$39
Winter Volleyball -Session 2	HVY	Grade 4	R	5:00 PM	5:45 PM	\$28	\$39
Winter Volleyball -Session 2	HVY	Grade 5-6	R	6:00 PM	6:45 PM	\$28	\$39
Winter Volleyball - Session 2	NMY	Grades 3-4	R	4:15 PM	5:15 PM	\$32	\$44
Winter Volleyball - Session 2	NMY	Grades 5-6	R	5:30 PM	6:30 PM	\$32	\$44
Holiday Basketball Camp - December 27-28	NMY	Grades 2-3	WR	9:00 AM	11:00 AM	\$25	\$37
Holiday Basketball Camp - December 27-28	NMY	Grades 4-6	WR	1:00 PM	3:00 PM	\$25	\$37

YOUTH SPORTS LEAGUES

YMCA of the Fox Cities Family Memberships pays only a \$12 uniform fee for value-added Youth Sports Leagues. Youth Sports League times will be determined based on the grade level and number of participants. You will be notified by a coach prior to the first game. Contact your branch Sports and Recreation Director for more information.

INDOOR SOCCER/FUTSAL – MARCH 3-APRIL 14. REGISTRATION DECEMBER 11, 2017 –FEBURARY 11, 2018

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Indoor Soccer	APY	Grade 4K-5K	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	APY	Grade 1	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	APY	Grade 2	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	APY	Grade 3	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	APY	Grade 4	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	APY	Grade 5	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	APY	Grade 6	S	March 3	April 14	\$12	\$39	\$61

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Youth Indoor Soccer	FWY	Grade 4K-5K	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	FWY	Grades 1-2	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	FWY	Grades 3-4	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	FWY	Grades 5-6	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	HVY	Grade 4K-5K	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	HVY	Grade 1	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	HVY	Grade 2	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	HVY	Grade 3	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	HVY	Grade 4-6	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	NMY	Grade 4K-5K	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	NMY	Grades 1-2	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	NMY	Grade 3-4	S	March 3	April 14	\$12	\$39	\$61
Youth Indoor Soccer	NMY	Grade 5-6	S	March 3	April 14	\$12	\$39	\$61

BOYS Y-BALL BASKETBALL LEAGUE – JANUARY 13-MARCH 3. REGISTRATION OCTOBER 9-DECEMBER 17. This is the old Boys YNBA League! Teams will practice once per week on a week night starting January 1. Games will be Saturdays January 13-March 3, 2018 at Shattuck Middle School in Neenah. High School teams will have team captains and Grades 7-9 will have parent coaches. Players still have equal playing time!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Boys Y-Ball	NMY	Grade 7-9	S	January 13	March 3	\$49	\$74
Boys Y-Ball	NMY	Grade 10-12	S	January 13	March 3	\$49	\$74

SHERWOOD SOCCER LEAGUE – JUNE 18-JULY 31. REGISTRATION FEBRUARY 26–JUNE 3. Teams will practice followed by a game one day a week at Wanick Park in Sherwood. Sherwood residents will receive the member price.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Sherwood Soccer	HVY	Grade 4K	M	June 18	July 30	\$33	\$49
Sherwood Soccer	HVY	Grade 5K	T	June 19	July 31	\$33	\$49
Sherwood Soccer	HVY	Grade 1	M	June 18	July 30	\$33	\$49
Sherwood Soccer	HVY	Grade 2	T	June 19	July 31	\$33	\$49
Sherwood Soccer	HVY	Grade 3-4	M	June 18	July 30	\$33	\$49

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SUMMER SOCCER LEAGUE – Practices begin May 9. Games begin June 1. Season ends August 3. REGISTRATION JANUARY 1 – April 1. THIS IS NOT A VALUE-ADDED PROGRAM. Contact Kevin Jakubek at the Fox West Y for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ages 4-5	FWY	4-5 years	T	May 8	July 31	\$51	\$77
U6	FWY	5-6 years	T	May 8	July 31	\$51	\$77
U8	FWY	7-8 years	M	May 8	July 31	\$51	\$77
U10	FWY	9-10 years	M	May 8	July 31	\$51	\$77
U12	FWY	11-12 years	W	May 8	July 31	\$51	\$77
U15	FWY	13-15 years	W	May 8	July 31	\$51	\$77

SUMMER SOCCER LEAGUE - All games and practices are held at FERBER ELEMENTARY SCHOOL. Practices begin the week of June 18. 4k and 5k play on Monday nights, 1st and 2nd grade play on Tuesday nights. REGISTRATION February 26 – June 3. THIS IS NOT A VALUE-ADDED PROGRAM. Contact Ryan Shanklin at the Appleton Y for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
4k	APY	4-5 years	M	June 18	July 30	\$33	\$49
5k	APY	5-6 years	M	June 18	July 30	\$33	\$49
1 st Grade	APY	6-8 years	T	June 19	July 31	\$33	\$49
2 nd Grade	APY	7-9 years	T	June 19	July 31	\$33	\$49

SPRING FLAG FOOTBALL LEAGUE – APRIL 21-JUNE 2. REGISTRATION FEBRUARY 1 – APRIL 2.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Spring Flag Football – SFX	APY	Grades 4K-5K	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football – SFX	APY	Grade 1	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football – SFX	APY	Grade 2	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football – SFX	APY	Grade 3	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football – SFX	APY	Grade 4	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football - SFX	APY	Grades 5-6	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football - SFX	APY	Grades 7-8	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	FWY	Grades 4K-5K	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	FWY	Grades 1-2	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	FWY	Grades 3-4	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	FWY	Grades 5-6	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	HVY	Grades 4K-5K	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	HVY	Grade 1	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	HVY	Grade 2	S	April 21	June 2	\$12	\$36	\$53

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Spring Flag Football	HVY	Grade 3	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	HVY	Grade 4	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	HVY	Grade 5	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	HVY	Grade 6	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	NMY	Grades 4K-5K	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	NMY	Grades 1-2	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	NMY	Grades 3-4	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	NMY	Grades 5-6	S	April 21	June 2	\$12	\$36	\$53
Spring Flag Football	NMY	Grades 7-8	S	April 21	June 2	\$12	\$36	\$53

HVY T-BALL SPRING LEAGUE - APRIL 18-MAY 23. REGISTRATION FEBRUARY 12-APRIL 11.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
T-Ball League	HVY	4-6 years	W	5:30 PM	6:30 PM	\$12	\$36	\$53

HVY T-BALL SUMMER LEAGUE – JULY 11-AUGUST 15. REGISTRATION MAY 3-JUNE 28.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
T-Ball League	HVY	4-6 years	W	5:30 PM	6:30 PM	\$12	\$36	\$53

NEW WHIFFLE BALL LEAGUE! REGISTRATION DECEMBER 12-JANUARY 13. Players will play 5 on 5 baseball in the gym on Tuesday nights. Team is limited to six players. For more information contact Kevin Jakubek.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Whiffle Ball - Individual	FWY	8-10 years	T	January 24	March 7	\$20	\$35
Whiffle Ball – Team	FWY	8-10 years	T	January 24	March 7	\$125	\$125
Whiffle Ball – Individual	FWY	11-13 years	T	January 24	March 7	\$20	\$35
Whiffle Ball - Team	FWY	11-13 years	T	January 24	March 7	\$125	\$125

NEW 3 ON 3 BASKETBALL LEAGUE! REGISTRATION JANUARY 16-FEBRUARY 10. Players will play 3 on 3 basketball in the gym on Thursday nights. Team is limited to five players. For more information contact Kevin Jakubek.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
3 on 3 - Individual	FWY	8-10 years	R	February 16	March 30	\$20	\$35
3 on 3 – Team	FWY	8-10 years	R	February 16	March 30	\$100	\$100

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3 on 3 – Individual	FWY	11-13 years	R	February 16	March 30	\$20	\$35
3 on 3 - Team	FWY	11-13 years	R	February 16	March 30	\$100	\$100

TRACK AND FIELD – APRIL 28-MAY 19. REGISTRATION MARCH 1-APRIL 22.

The first three weeks will be practices on Saturdays from 9:00-10:15 AM for Grades 3-6 and 10:30-11:45 AM for Grades K-2. Locations are: Appleton YMCA (St. Francis Xavier Middle School); Fox West YMCA (Fox West YMCA) and Neenah-Menasha YMCA (Shattuck Middle School). YMCA of the Fox Cities Track Meet will be held on Saturday, May 19th from 8:30 AM-NOON at Appleton North High School in Appleton.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Track & Field St. Francis Xavier Middle School	APY	Grades 5K-2	S	April 28	May 19	\$12	\$26	\$46
Track & Field St. Francis Xavier Middle School	APY	Grades 3-6	S	April 28	May 19	\$12	\$26	\$46
Track & Field Shattuck MS	NMY	Grades 5K-2	S	April 28	May 19	\$12	\$26	\$46
Track & Field Shattuck MS	NMY	Grades 3-6	S	April 28	May 19	\$12	\$26	\$46
Track and Field Fox West Y	FWY	Grades 5K-2	S	April 28	May 19	\$12	\$26	\$46
Track and Field Fox West Y	FWY	Grades 3-6	S	April 28	May 19	\$12	\$26	\$46

ADULTS

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Racquetball Leagues Various times	APY	18 years and older	MTWRF			\$20	\$40
Women's Basketball League March - May	APY	18 years and older	N	6:00 PM	9:00 PM	\$425	\$425
Open Pickleball	APY	18 years and older	MTWRF	8:00 AM	11:00 AM	FREE	\$5/time
Open Pickleball	FWY	18 years and older	R	7:00 AM	9:00 AM	FREE	\$5/time
Open Pickleball	FWY	18 years and older	N	9:00 AM	NOON	FREE	\$5/time
Open Pickleball	HVY	18 years and older	MWF	11:00 AM	1:00 PM	FREE	\$5/time
Open Pickleball	NMY	18 years and older	TWR	11:00 AM	1:00 PM	FREE	\$5/time
Open Volleyball	FWY	18 years and older	W	7:30 PM	9:30 PM	FREE	\$5/time
Open Volleyball	NMY	18 years and older	T	7:00 PM	9:00 PM	FREE	\$5/time

SPRING ADULT FLAG FOOTBALL LEAGUE – Games begin April 16. Season ends June 6. REGISTRATION JANUARY 1 – APRIL 1. Contact Kevin Jakubek at the Fox West Y for more information. New this year, sign up as a free agent. The Y will then place on a team as needed or form a team out of the free agents if possible.

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Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adult Flag Football League	FWY	18 years and older	S	April 16	June 6	\$150	\$150
Adult Flag Football League – Free Agent	FWY	18 years and older	S	April 16	June 6	\$20	\$20

WINTER ADULT CO-ED THURSDAY NIGHT VOLLEYBALL LEAGUE – Games begin January 4. Season ends March 8. **REGISTRATION NOVEMBER 13-DECEMBER 25.** This is a relaxed Volleyball league and will give players 16 and older the opportunity to get out, have fun and meet other players! Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information. Sign up as a free agent and the Y will then place you on a team as needed or form a team out of the free agents. Tentatively, the sixes will play from 7:00-8:00 PM and the fours will play from 8:00-9:00 PM. If there are not enough teams in the sixes and fours league, the league will be combined and sixes and fours will play against each other. If there are an odd number of teams, 2-3 times each team will play a double header.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Relaxed Co-ed Sixes Team	NMY	18 years and older	R	January 4	March 8	\$180	\$180
Relax Co-ed Quads Team	NMY	18 years and older	R	January 4	March 8	\$120	\$120
Adult Sixes Free Agent	NMY	18 years and older	R	January 4	March 8	\$30	\$30
Adult Fours Free Agent	NMY	18 years and older	R	January 4	March 8	\$30	\$30

SPRING ADULT CO-ED THURSDAY NIGHT VOLLEYBALL LEAGUE – Games begin March 15. Season ends May 24. There will be no games on March 29th. **REGISTRATION JANUARY 22-MARCH 4.** This is a relaxed Volleyball league and will give players 16 and older the opportunity to get out, have fun and meet other players! Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information. Sign up as a free agent and the Y will then place you on a team as needed or form a team out of the free agents. Tentatively, the sixes will play from 7:00-8:00 PM and the fours will play from 8:00-9:00 PM. If there are not enough teams in the sixes and fours league, the league will be combined and sixes and fours will play against each other. If there are an odd number of teams, 2-3 times each team will play a double header.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Relaxed Co-ed Sixes Team	NMY	18 years and older	R	March 15	May 24	\$180	\$180
Relax Co-ed Quads Team	NMY	18 years and older	R	March 15	May 24	\$120	\$120
Adult Sixes Free Agent	NMY	18 years and older	R	March 15	May 24	\$30	\$30
Adult Fours Free Agent	NMY	18 years and older	R	March 15	May 24	\$30	\$30

SUMMER ADULT SOCCER LEAGUE – Games begin June 1. Season ends July 27. **REGISTRATION JANUARY 1 – MAY 19.** Contact Kevin Jakubek at the Fox West Y for more information. New this year, sign up as a free agent. The Y will then place on a team as needed or form a team out of the free agents if possible.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adult Soccer League	FWY	18 years and older	R	June 1	July 27	\$350	\$350

Winter Session 1: January 8-February 25, 2018

Winter Session 2: February 26-April 15, 2018

This is a working document and is subject to change.

Adult Soccer League - Free Agent	FWY	18 years and older	R	June 1	July 27	\$20	\$20
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Winter Session 1: January 8-February 25, 2018

Winter Session 2: February 26-April 15, 2018

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