



# FUN AND GAMES

At the Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success. Most importantly, children learn how to be their best selves. That's why Growth & Development programs at the Y focus on children learning how to be their best selves through the Y values of caring, honesty, respect and responsibility.



## GROWTH & DEVELOPMENT

Updated: November 14, 2018

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### PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian or grandparent to accompany each child in class. For additional nature related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

#### JR EXPLORERS (18 MONTHS-3 YEARS WITH PARENT) (HVY)

A fun class where children can learn through hands-on activities, songs and games. Parents participate with their children for a great opportunity to explore, grow and play together. Active participation by parent/caregiver is required.

#### TINY TOTS (AGES 1-3 YEARS WITH PARENT) (APY)

A lively class for you and your tot that takes place in the Fun Center. A wide variety of toys are introduced each week to promote social skills, and motor skills, while you enjoy interacting with other toddlers, and caregivers. We have circle time, bubbles and more!

#### SCRIBBLES AND DRIBBLES (AGES 1-3 YEARS WITH PARENT/CAREGIVER) (APY)

Glitter, glue, painting, collage, play, clay, we do it all. The class ends on a musical note with singing, music and movement. This multi-media experience is not to be missed. Parental participation is required. Class is very child and parent directed based on the child's interest.

#### MUSIC WITH ME (1 ½ - 3 YEARS WITH PARENT/CAREGIVER) (APY)

Come make music with your child! Each class begins with a short play time, followed by a variety of rhythm instruments, bean bags, scarves, parachutes, and hoops that develop listening skills, language and music fun.

#### TINY EXPLORERS (6-18 MONTHS WITH PARENT) (HVY)

A great beginning class for your tiny explorer. Group interactions and learning encouraged through songs, games, and hands-on activities. Parents participate with their children for a great opportunity to explore, learn and play together. Active participation by parent/caregiver is required.

#### TINY TUMBLERS (AGES 18 MONTHS- 3 YEARS WITH PARENT) (FWY)

During the class, the parent works with the developing child through activities designed to improve balance, strength, large muscle development, gross and fine motor skills, as well as hand eye coordination. Class also involves songs and social play. Must be accompanied by an adult.

#### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Winter Session 1: January 7-February 24, 2019

Winter Session 2: February 25-April 14, 2019

This is a working document and is subject to change.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jr Explorers	HVY	18 months-3 years	W	9:15 AM	10:00 AM	\$29	\$50
Tiny Tots	APY	1-3 years	T	10:15 AM	11:00 AM	\$29	\$50
Scribbles & Dribbles	APY	1-3 years	F	9:00 AM	10:00 AM	\$34	\$55
Music with Me	APY	1 ½-3 years	F	10:45 AM	11:45 AM	\$34	\$55
Tiny Explorers	HVY	6-18 months	M	9:15 AM	10:00 AM	\$29	\$50
Tiny Tumblers	FWY	18 months -3 years	F	9:00 AM	9:45 AM	\$29	\$50
Wonderbug Discoveries	ACY	18 months-3 years	T	9:30 AM	10:30 AM	\$29	\$50

## CHILD WITHOUT PARENT CLASSES AGES 1½-3 YEARS

### JUST FOR TWO'S (AGE 2 YEARS) (APY, HVY, ACY, NMY)

We know toddlers like being together. This is a class where first friends are made. We will play, create and develop together!

### IMAGINATION AWAY (1 ½ - 3 YEARS) (APY)

See where your three-year-old's imagination will take them! Your child will explore his or her imagination through stories, art activities, rhythm movement, playtime and lots of fun!

### TASTE BUDDIES (1 ½ - 3 YEARS) (APY)

We will cook, create, and assemble some old favorites, as well as new tastes! Aprons and cookbooks included. Be advised: we'll eat the evidence! **Please contact the YMCA with any allergy concerns**

### THE TOT ROCK & ROLL CLUB (1 ½ - 3 YEARS) (APY)

Join The Tot Rock & Roll Club, where tots can dance, sing, play, and make music together. Be ready to get your groove on!

### LET'S GET MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to move, play and learn. This large group class does just that. Class is structured around independent and group activities in the gym. To participate, your child must be an independent walker.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just For Twos	ACY	2 years	M	10:15 AM	11:00 AM	\$29	\$50
Just For Twos	APY	2 years	M	10:45 AM	11:30 AM	\$29	\$50
Imagination Away	APY	1 ½-3 years	M	9:00 AM	10:30 AM	\$44	\$65
Taste Buddies	APY	1 ½-3 years	W	9:00 AM	10:30 AM	\$44	\$65
The Tot Rock and Roll Club	APY	1 ½-3 years	W	11:00 AM	12:00 PM	\$34	\$55
Just for Twos	HVY	2 years	M	9:00 AM	9:45 AM	\$29	\$50
Just For Twos	HVY	2 years	TH	9:00 AM	9:45 AM	\$29	\$50
Just For Twos	HVY	2 years	F	10:45 AM	11:30 AM	\$29	\$50
Just For Twos	NMY	2 years	T	9:00 AM	9:45 AM	\$29	\$50
Let's Get Movin'	NMY	18 months-3 years	TTH	9:30 AM	10:30 AM	\$54	\$75

## AGES 2-3 YEARS

### **KIDS ON CANVAS (2 - 3 YEARS) (APY)**

Children will create their own masterpieces using a wide range of art materials. Children develop important readiness skills such as, fine motor, ability to listen and follow directions, cognitive skills, language and more in an environment that develops individual creativity

### **RAINBOW ADVENTURE (2 - 3 YEARS) (APY)**

Come explore the colors of the rainbow and enjoy songs, art, stories and more.

### **FROSTY FUN – WINTER 1 (2 - 3 YEARS) (APY)**

As the weather turns colder and colder we will be staying warm with laughter, games, songs and more. You child will enjoy exploring the many wonders of Wisconsin's frosty winter months.

### **WHALE OF A TALE – WINTER 2 (2 - 3 YEARS) (APY)**

Join us as we learn about animals through stories, songs, and more!

### **BEYOND PLAY (AGES 2-3 YEARS) (NMY)**

Packing fun into every class! We'll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

### **BUSY BEES (AGES 2-3 YEARS) (HVY)**

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2-3 year olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

### **JR FUN AND FITNESS (AGES 2-3 YEARS) (HVY)**

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength, and body control. This class is for 2-3 year olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

### **MOVIN' AND GROVIN' (AGES 2-3 YEARS) (HVY)**

Learning through movement and music. We'll have fun playing musical instruments and getting the wiggles out while gaining new skills and making new friends.

### **PLAYTIME PLEASE (AGES 2-3) (HVY)**

We'll be learning through play (the very best way)! This class will focus on building social skills through play. We will practice sharing, working together, waiting for turns, helping others, and following directions.

### **WATCH ME GO (AGES 2-3 YEARS) (HVY)**

Take pride in completing your own artwork, develop fine motor skills, and practice listening skills. This class is for 2-3 year olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

### **WILD THINGS (AGES 2-3 YEARS) (HVY)**

Pre-School Readiness class; each week we will go on a wild adventure. Children will develop their fine and large motor skills through a weekly project. Child should have positive Just for Two's or Kids Corner experience before taking this class.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Kids on Canvas	APY	2-3 years	T	9:00 AM	10:30 AM	\$44	\$65
Rainbow Adventure	APY	2-3 years	TH	9:00 AM	10:30 AM	\$44	\$65
Frosty Fun Winter 1	APY	2-3 years	F	9:00 AM	10:30 AM	\$44	\$65
Whale of a Tale Winter 2	APY	2-3 years	F	9:00 AM	10:30 AM	\$44	\$65

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Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Beyond Play	NMY	2 years	MW	9:00 AM	10:30 AM	\$74	\$95
Beyond Play	NMY	3 years	MW	9:00 AM	10:30 AM	\$74	\$95
Busy Bees	HVY	2-3 years	F	9:00 AM	10:15 AM	\$39	\$60
Jr Fun and Fitness	HVY	2-3 years	T	9:00 AM	9:45 AM	\$29	\$50
Movin' and Grovin'	HVY	2-3 years	W	10:30 AM	11:30 AM	\$34	\$55
Playtime Please	HVY	2-3 years	T	10:30 AM	11:30 AM	\$34	\$55
Watch Me Go	HVY	2-3 years	TH	10:15 AM	11:15 AM	\$34	\$55
Wild Things	HVY	2-3 years	M	10:45 AM	11:45 AM	\$34	\$55

## AGES 2-4 YEARS

### **1, 2, 3 COLOR WITH ME! (AGES 2-4 YEARS) (ACY)**

Count, create, and color with stories, songs and art.

### **ABC's and 123's (AGES 2½-4 YEARS) (ACY)**

Fun with letters and numbers. Play games, sing songs, enjoy books, and create art all while learning your letters and numbers. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

### **ALPHABET PARADE (AGES 2½-4 YEARS) (FWY)**

Come one, come all! Join us in letter fun. Play games, sing songs, enjoy books, and create art while learning about letters.

### **COUNTDOWN TO FUN (AGES 2½-4 YEARS) (ACY)**

Fun with a focus on numbers! Enjoy the season and all its wonders while learning numbers and exploring the changes of the season. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

### **FUN AND FITNESS (AGES 2-4 YEARS) (FWY)**

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength, and body control.

### **MOVIN' AND GROVIN' (AGES 2-4 YEARS) (FWY)**

Learning through movement and music. We'll have fun playing musical instruments and getting the wiggles out while gaining new skills and making new friends.

### **SNOW ADORABLE CRAFTS (AGES 2-4 YEARS) (FWY)**

Create and have fun! This is the perfect class for hands-on activities. Programming may also include stories, games and songs!

### **SQUISHY GUSHY SCIENCE (AGES 2½-4 YEARS) (FWY)**

If your child loves to explore and create, this is the class for them. You child will experiment with various sensory activities and so much more. Please dress to get dirty

### **THINGS THAT GO (AGES 2-4 YEARS) (FWY)**

Your child will love this class as they experience hands-on projects and activities discovering things that go! Your child will learn about the different types of transportation through stories, playing and sharing.

### **WINTER WONDERLAND (AGES 2½-4 YEARS) (ACY)**

Winter Session 1: January 7-February 24, 2019

Winter Session 2: February 25-April 14, 2019

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Explore the fun of the season while having fun with friends and learning social skills. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

### **YOUNG EXPLORERS (AGES 2 ½ -4) (ACY)**

Use our senses to discover and investigate the wonderful sounds, colors, shapes, smells and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games and crafts with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
1, 2, 3 Color with Me	ACY	2-4 years	W	9:00 AM	11:00 AM	\$54	\$75
ABC's and 123's – bring lunch	ACY	2 ½-4 years	TH	9:00 AM	12:00 PM	\$69	\$90
Alphabet Parade	FWY	2 1/2-4 years	F	9:00 AM	10:00 AM	\$34	\$55
Countdown to Fun– bring lunch	ACY	2 ½-4 years	T	9:00 AM	12:00 PM	\$69	\$90
Fun and Fitness	FWY	2-4 years	F	10:00 AM	11:00 AM	\$34	\$55
Movin' and Grovin'	FWY	2-4 years	T	9:00 AM	10:00 AM	\$34	\$55
Snow Adorable crafts	FWY	2-4 years	TH	10:00 AM	11:00 AM	\$34	\$55
Squishy Gushy Science	FWY	2 ½-4 years	T	10:00 AM	11:00 AM	\$34	\$55
Things That Go	FWY	2-4 Years	TH	9:00 AM	10:00 AM	\$34	\$55
Winter Wonderland – bring lunch	ACY	2 ½-4 years	F	9:00 AM	12:00 PM	\$69	\$90
Young Explorers	ACY	2 ½-4 years	TH	12:30 PM	2:00 PM	\$44	\$65

## **AGES 3-4 YEARS**

### **ABC 123 (AGES 3-4 YEARS) (HVY)**

Early math and reading skills are the core of this class. Counting, grouping, number recognition, letter recognition, sounds, and writing skills will be taught through activities, art, songs, and stories.

### **JUST FOR THREE'S & FOUR'S - 1 DAY A WEEK (AGES 3-4 YEARS) (HVY)**

Help your 3 & 4 year old get pre-school/kindergarten ready! We'll practice fine motor skills, letter, number and color recognition through stories, songs, art projects and other fun activities. We will also work on taking turns, using manners, working together, interactive play and lots more.

### **JUST FOR THREE'S & FOUR'S - 2 DAYS A WEEK (AGES 3-4 YEARS) (HVY)**

Help your 3 & 4 year old get pre-school/kindergarten ready! We'll practice fine motor skills, letter, number and color recognition through stories, songs, art projects and other fun activities. We will also work on taking turns, using manners, working together, interactive play and lots more.

### **MUSIC AND MOVEMENT (AGES 3-4 YEARS) (HVY)**

We'll have fun being active and interacting through music, while gaining new skills and making new friends.

### **READY SET GO PRESCHOOL- 2 DAYS A WEEK (AGES 3-4 YEARS) (FWY) NEW**

Did your child miss the cut off day for 4K? Then this is the perfect class for them! Each week your child will enjoy a different theme with games, art, songs and stories. The focus is on your child's social and emotional growth to prepare them for the next step. Don't miss out!

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ABC 123	HVY	3-4 years	M	10:30 AM	NOON	\$44	\$65
Fun and Fitness	HVY	3-4 years	TH	9:00 AM	9:45 AM	\$29	\$50
Just For Three's & Four's	HVY	3-4 years	F	8:45 AM	10:15 AM	\$44	\$65
Just For Three's & Four's	HVY	3-4 years	WF	10:30 AM	NOON	\$69	\$90
Music and Movement	HVY	3-4 years	T	9:00 AM	10:00 AM	\$34	\$55
Ready Set Go Preschool <b>NEW</b>	FWY	3-4 years	M	9:00 AM	11:00 AM	\$54	\$75
Ready Set Go Preschool <b>NEW</b>	FWY	3-4 years	W	9:00 AM	11:00 AM	\$54	\$75

## AGES 3-6 YEARS

### **AWESOME ART ADVENTURES (AGES 3-5 YEARS) (HVY) NEW**

Explore the many different ways to create art. We'll have awesome adventures painting, drawing, shaping, gluing and lots more. Come to class ready for fun and dressed to get messy.

### **ART CLUB (AGES 3-5 YEARS) (APY)**

It's never too early to expand your creativity and love of art. We will make unique works of art each week using a variety of techniques and materials.

### **NATURE'S BEAUTY (AGES 3-5 YEARS) (APY)**

Discover the natural wonders that are all around us. Children will explore nature through a variety of crafts, books, songs, and activities.

**GOT SCIENCE? (AGES 3-5 YEARS) (APY)** Children will explore outer space, environmental science, animals, biology and more through science activities, books and experiments!

### **WINTER WONDERLAND (AGES 3-5 YEARS) (APY)**

Celebrate the glistening magic that winter brings. From snowflakes and holidays to animals and short days, we will explore all things winter with hands-on crafts, games, and more.

### **CULTURE CLASS (AGES 3-5 YEARS) (APY)**

Educating and accepting diversity through art, language, and music.

### **COUNTDOWN FOR FUN (AGES 3-5 YEARS) (APY)**

Join us for a class filled with fun! Kids will love discovering new toys, games, crafts, and songs each week.

### **COOL KIDS (AGES 3-5 YEARS) (NMY)**

You'll be cool for school participating in this readiness class. Make new friends while preparing for 4K and Kindergarten with art, songs, stories and classroom fun.

### **FRIENDS, FUN AND FOOD! (AGES 4-6 YEARS) (NMY) NEW**

Join us for some lunch time fun and meet friends. We'll enjoy lunch, play games, make music, read, create and have gym time! Please send a nut free lunch along with your child each week.

### **FULL STEAM AHEAD (AGES 3-5 YEARS) (HVY)**

Explore and learn through science, technology, engineering, art, and math (S.T.E.A.M.). We'll experiment, build, create, and more. A great mix of learning and fun.

### **LITTLE CHEFS (3-5 YEARS) (HVY) NEW**

We'll read a story and create a simple snack that goes with the story, along with time for songs, games and activities. Tasting and trying is an important part of class. Food may contain dairy or gluten. Contact before registration with any food allergy concerns.

### **PLAYFUL FRIENDS (AGES 3-5 YEARS) (ACY) (SESSION 1)**

Learn about animals that stay 'playful' all winter long such as deer, otters, owls, foxes, rabbits and more through hands-on activities, games, stories, and crafts. We'll be spending some time outdoors, so please

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dress for the weather.

### **WAKE UP EVERYONE (AGES 3-5 YEARS) (ACY) (SESSION 2)**

Learn about the animals waking up from various forms of winter resting to welcome the coming spring, including bears, groundhogs, badgers, and chipmunks. Each class will have hands-on learning activities, stories and crafts to help your child explore the unique winter world of these animals. We'll be spending some time outdoors, so please dress for the weather.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Art Club	APY	3-5 years	M	8:45 AM	10:45 AM	\$54	\$75
Nature's Beauty	APY	3-5 years	T	8:45 AM	10:45 AM	\$54	\$75
Got Science?	APY	3-5 years	T	1:30 PM	2:45 PM	\$39	\$60
Winter Wonderland	APY	3-5 years	W	8:45 AM	10:45 PM	\$54	\$75
Culture Class	APY	3-5 years	W	1:30 PM	2:45 PM	\$39	\$60
Countdown for Fun	APY	3-5 years	TH	8:45 AM	10:45 AM	\$54	\$75
Awesome Art Adventures - <b>NEW</b>	HVY	3-5 years	TH	10:15 AM	11:15 AM	\$34	\$55
Cool Kids	NMY	3-5 years	TTH	9:30 AM	10:30 AM	\$54	\$75
Friends, Fun and Food – <b>NEW</b>	NMY	4-6 years	F	10:00 AM	NOON	\$54	\$75
Full STEAM Ahead	HVY	3-5 years	T	10:30 AM	NOON	\$44	\$65
Little Chefs – <b>NEW</b>	HVY	3-5 years	W	9:00 AM	10:00 AM	\$34	\$55
Playful Friends- Winter 1 only	ACY	3-5 years	M	9:30 AM	11:00 AM	\$44	\$65
Wake Up Everyone- Winter 2 only	ACY	3-5 years	M	9:30 AM	11:00 AM	\$44	\$65

### **LUNCH TIME CLASSES (AGES 3-5 YEARS) (APY, ACY, FWY)**

Is your child enrolled in Preschool, PreK or Kindergarten Readiness? Here is how these classes can work for you and your child. 1) Enroll in the program that matches your child's Preschool, PreK or Kindergarten Readiness class start or end time. 2) Drop-In staff will transfer your child to/from the class. 3) Please contact Appleton Drop-In at 920.954.7684 or Apple Creek Drop-In at 920.733.9622 or Fox West Y at 920-560-3417 to make arrangements. 4) Please bring a nutritional bag lunch that will be eaten during class time.

### **FUN WITH FRIENDS (AGES 3-5 YEARS) (APY)**

Join your friends in a class filled with a laughter, crafts, games and more.

### **ALPHABET SOUP (AGES 3-5 YEARS) (APY)**

Learning the ABC's has never been more fun! Class will focus on letter and name recognition and will include time for fun games, crafts, and more

### **ANIMAL PLANET (AGES 3-5 YEARS) (APY)**

Discover animals from all over the world. Each week we will learn about new animals and habitats.

### **BOOK NOOK (AGES 3-5 YEARS) (APY)**

You can never read too many books! Each class will feature new and familiar stories that your little bookworm will love. In addition, we will play games, sing songs and create art.

### **IMAGINATION STATION (AGES 3-5 YEARS) (APY)**

Get creative and stretch your imagination with different crafts, games, and activities each week.

### **LAUGHTER, LEARNING AND LUNCH (AGES 3-5 YEARS) (FWY)**

Exploring, laughter and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

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**Winter Session 2: February 25-April 14, 2019**

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## WINTER FUN (AGES 3-5 YEARS) (ACY, FWY)

Jump into the new season by exploring the wonders of Winter. Crafts, games and songs will keep you discovering all that Winter has to offer. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Winter Fun	ACY	3-5 years	M	11:15 AM	1:15 PM	\$54	\$75
Winter Fun	FWY	3-5 years	M	11:00 AM	1:00 PM	\$54	\$75
Winter Fun	FWY	3-5 years	T	11:00 AM	1:00 PM	\$54	\$75
Fun with Friends	APY	3-5 years	M	11:00 AM	1:15 PM	\$59	\$80
Alphabet Soup	APY	3-5 years	T	11:00 AM	1:15 PM	\$59	\$80
Animal Planet	APY	3-5 years	W	11:00 AM	1:15 PM	\$59	\$80
Laughter, Learning and Lunch	FWY	3-5 years	W	11:00 AM	1:00 PM	\$54	\$75
Laughter, Learning and Lunch	FWY	3-5 years	TH	11:00 AM	1:00 PM	\$54	\$75
Book Nook	APY	3-5 years	TH	11:00 AM	1:15 PM	\$59	\$80
Outrageous Outdoors	ACY	3-5 years	W	10:00 AM	NOON	\$54	\$75
Imagination Station	APY	3-5 years	F	11:00 AM	1:15 PM	\$59	\$80

## FUN SHOPS –NEW

Bring your children to a Fun Shop! These are one day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

### GALACTIC GLIMPSE (AGES 3-6 YEARS) (NMY) NEW

Blast off to explore your galaxy! Come and discover the universe we all share.

### VALENTINE'S DAY (AGES 3-6 YEARS) (NMY) NEW

Come and share friendship and fun at our Valentine's Day party! Class will include food; if you have allergy concerns please contact Beth Krause at 886-2135 or [ekrause@ymcafoxcities.org](mailto:ekrause@ymcafoxcities.org).

### CELEBRATING BOOKS (AGES 3-6 YEARS) (NMY) NEW

Come and celebrate Read Across America Day at the Y! We'll be sharing a couple awesome books with fun activities and art to go along with them!

### St PATRICK'S PARTY (AGES 3-6 YEARS) (NMY) NEW

Not just for the Irish but the Irish at heart too! We're having a party to celebrate the Emerald Isle. Class will include food; if you have allergy concerns please contact Beth Krause at 886-2135 or [ekrause@ymcafoxcities.org](mailto:ekrause@ymcafoxcities.org).

### JURSASSIC ADVENTURES (AGES 3-6 YEARS) (NMY) NEW

The dinosaurs may be gone but they are not forgotten. Come and explore these large, long-ago animals.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Galactic Glimpse January 19	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22
Valentine's Day February 9	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22
Celebrating Books March 2	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22
St Patrick's Party March 16	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22
Jurassic Adventures April 13	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22

## TUMBLING CLASSES AGES 3-12 YEARS

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This is a working document and is subject to change.



### **PRESCHOOL BEGINNING TUMBLING (AGES 3-4YEARS) (FWY)**

This tumbling class is perfect for the child who hasn't been in tumbling before. In this class your child will have fun learning beginning tumbling skills, while improving coordination and flexibility. Beginning tumbling gives your child the foundational skills to learn more advanced techniques.

### **BEGINNING TUMBLING (AGES 4-6 YEARS) (FWY)**

This tumbling class is perfect for the child who hasn't been in tumbling before. This tumbling class is for the child who is a little older and ready learn beginning tumbling skills, while improving coordination and flexibility. Beginning tumbling gives your child the foundational skills to learn more advanced techniques.

### **TUMBLING 1 (AGES 6-12 YEARS) (FWY)**

This class is for the child who wants to concentrate on just tumbling and floor exercise skills while improving coordination and flexibility. Your child will work on mastering cartwheels, backward rolls, headstands, handstands, low beam and more!

### **ADVANCED TUMBLING 1 (AGES 6-12 YEARS) (FWY)**

This class is for children who have moved up from Tumbling 1. This class was created for the children almost ready for Tumbling 2.

### **TUMBLING 2 (AGES 7-12 YEARS) (FWY)**

This class is for children who have been moved up from their Y instructor from Advanced Tumbling 1. If your child has mastered the backward roll, cartwheel, one-hand cartwheel, round off and handstand forward roll, this is the class for your child.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Preschool Beginning Tumbling	FWY	3-4 years	M	4:30 PM	5:15 PM	\$32	\$64
Preschool Beginning Tumbling	FWY	3-4 years	F	9:45 AM	10:30 AM	\$32	\$64
Beginning Tumbling	FWY	4-6 years	TH	4:30 PM	5:15 PM	\$32	\$64
Tumbling 1	FWY	6-12 years	M	6:00 PM	6:45 PM	\$32	\$64
Tumbling 1	FWY	6-12 years	TH	5:15 PM	6:00 PM	\$32	\$64
Advanced Tumbling 1	FWY	6-12 years	TH	6:00 PM	6:45 PM	\$32	\$64
Tumbling 2	FWY	7-12 years	M	5:15 PM	6:00 PM	\$32	\$64