



MAKE FRIENDSHIPS

Events and Family Activities at the Y allows families a time and a place to come together to have a good time; participate in a variety of fun activities; share, communicate and strengthen their relationships and meet other families.



EVENTS AND FAMILY ACTIVITIES UPDATED ON: MAY 1, 2017

FAMILY

FAMILY FUN CENTER (Ages 10 & Under) (APY)

The Family Fun Center is a perfect play area for kids 10 years and under. Features include a sport arena with basketball & soccer, tree fort, adventure maze with obstacles, climbing ropes, slides and more. Another attraction included is a soft play toddler area. Each child must be accompanied by a parent/adult, unless participating in the Stay and Play program which has an hourly fee.

Family Open Time: Monday–Friday from 11:00 AM -1:00 PM and 3:00-8:00 PM
Weekends: 9:00 AM-3:00 PM

Supervised Stay and Play: (Children Ages 4-10) Monday–Thursday: 4:30-7:30 PM

ADVENTURE ALLEY (Ages 9 & Under) (NMY)

Adventure Alley is area exclusive to YMCA members. It is a supervised area for youth up to 9 years of age. Youth under 6 years old must be with a parent or guardian. It includes a Play Maze, Basketball Hoops, Lego Ledge and Coloring Area. Socks are required for the Play Maze. Hours are Monday-Friday from 8:00 AM-NOON; Monday – Thursday from 4:00-8:00 PM; Saturday from 9:00 AM-NOON. (Effective May 31-September 4.)

YOUTH CENTER (NMY)

The Youth Center is an area for all youth and families. Activities include: Air Hockey, Foosball, Ping Pong, Pool, Play Station and Wii games. Hours are Tuesday-Thursday from 4:00-7:00 PM. (Effective May 31-September 4.)

EVENTS

HEALTHY PETS DAY (HVY)

Save the Day! Welcome to our 11th Healthy Pets Day @ Heart of the Valley Y. We will have Dr. Laritson, a veterinarian to answer questions that you may have about how to keep your pets healthy and safe. Come meet the therapy dogs from the Fox Valley Humane Association, Miss Laura and Winston, Mr. Shane and his snake Harriett, Mr. Jeff and Liz Ann Jill Marie his pet turtle, our friends from PETCO will be here with some of their fun animals. We will be collecting donations for the Humane Association during the months of June and July. Please pick up a wish list of urgent need items in our lobby. Come have FUN!

R June 22 9:00-11:30 AM

Fee: FREE

SUMMER NIGHT OUT

Thursday, July 13th 5:30 – 8:30 pm

6 weeks – 12 years

Parents take the night off. Our teachers will provide an exciting night for your child, while you enjoy an evening out. Children will love the wide variety of age appropriate activities and even dinner will be served.

Y Member \$13

General Public \$15

All Summer Session: June 12-August 27, 2017
Summer Session 2: July 24-August 27, 2017

Summer Session 1: June 12-July 23, 2017
This is a working document and is subject to change.

FUN SHOPS –NEW

Bring your children to a Fun Shop! These are one day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

FATHER'S DAY GIFT MAKING (AGES 3-6 YEARS) (NMY) NEW

Our time together will revolve around DAD. Shhhh! We'll be making Dad a surprise to give him on Father's Day! We'll also play cool games and read great stories.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Father's Day Gift Giving	NMY	3-6	June 16	9:00 AM	11:00 AM	\$12	\$22

RACES

KID'S LIBERTY RUN

Date: Tuesday July 4, 2017

Location: Riverside Park in Neenah

Race Begins: ¼-mile 8:45 AM ½-mile 9:15 AM

¼ mile run for kids ages 5 & under and ½ mile run for ages 6-12.

Cost: Y Members \$10 General Public: \$12

Race day cost: \$12

For more information, please contact Randy Pelischek at 920.886.2104 or rpelischek@ymcafoxcities.org.

To register go to www.ymcafoxcities.org

FATHER'S DAY 5K RUN/WALK

& KIDS FUN RUN

Date: Saturday, June 17, 2017

Race Begins: 8:00 AM

Location: Appleton North High School

5K Run/Walk, Kids Fun Run

FUN FOR THE WHOLE FAMILY!! Not just dads. Participate with your father, in memory of your father, or just to celebrate the impact they make in our lives.

All Participants are Eligible to win a \$699 gas grill curtesy of Ace Hardware, Appleton.

Register www.ymcafoxcities.org or www.active.com

Contact Loel Kreger at 920.954.7658 or lkreger@ymcafoxcities.org

Or visit us on Facebook!

FREMONT TRIATHALON

Date: Saturday, July 15, 2017

Location: Hahn-a-Lula Resort in Fremont

Race Begins: 8:00 AM

1/8 mile swim, 11.2 mile bike, 2 mile run

Bicycle helmets mandatory.

For more information, please contact Randy Pelischek at 920.886.2104 or rpelichek@ymcafoxcities.org.

For more info or to register www.ymcafoxcities.org.

FISHY 5K AND MINNOW MILE

Date: Saturday, July 8, 2017

Race Begins: 8:15 AM Minnow Mile 8:30 AM Fishy 5K

Location: Fox West YMCA in Greenville

5K/3.1 mile non-competitive run/walk for all ages & Minnow mile fun run for ages 8 and up.

For more information, please contact Kirsten Rice at 920.560.3413 or krice@ymcafoxcities.org

For more info or to register www.ymcafoxcities.org or www.active.com