



# FUN AND GAMES

At the Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success. Most importantly, children learn how to be their best selves. That's why Growth & Development programs at the Y focus on children learning how to be their best selves through the Y values of caring, honesty, respect and responsibility.



## GROWTH & DEVELOPMENT

Updated: April 3, 2018

### STAFF CONTACTS

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### PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian or grandparent to accompany each child in class. For additional nature related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

#### PLAYTIME EXPLORERS (AGES 1-3 YEARS WITH PARENT) (APY)

Great introduction class for both parents and toddlers. Different activities will be introduced each week to enjoy and develop physical and social skills, while you both enjoy interacting with other parents and tots.

#### SCRIBBLES AND DRIBBLES (AGES 1-3 YEARS WITH PARENT/CAREGIVER) (APY)

Glitter, glue, painting, collage, play, clay, we do it all. The class ends on a musical note with singing, music and movement. This multi-media experience is not to be missed. Parental participation is required. Class is very child and parent directed based on the child's interest.

#### TINY EXPLORERS (18-30 MONTHS WITH PARENT) (HVY)

Children will move between fun stations that focus on fine & large motor skills, social & emotional development along with learning center skills to help with language development & self-help during a 7-week program. This class is recommended for children that are not ready for an independent class. Active participation by parent/caregiver is required.

#### TUMBLE BUGS (AGES 18 MONTHS- 3 YEARS WITH PARENT) (FWY)

During the class, the parent works with the developing child through activities designed to improve balance, strength, large muscle development, gross and fine motor skills, as well as hand eye coordination. Class also involves songs and social play. Must be accompanied by an adult.

#### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

| Class name            | YMCA | Age               | Day | Start    | End      | Y Member | General Public |
|-----------------------|------|-------------------|-----|----------|----------|----------|----------------|
| Playtime Explorers    | APY  | 1-3 years         | T   | 10:15 AM | 11:00 AM | \$23     | \$41           |
| Scribbles & Dribbles  | APY  | 1-3 years         | F   | 9:00 AM  | 10:00 AM | \$28     | \$46           |
| Tiny Explorers        | HVY  | 18-30 months      | TH  | 10:15 AM | 11:00 AM | \$23     | \$41           |
| Tumble Bugs           | FWY  | 18months -3 years | F   | 9:00 AM  | 9:45 AM  | \$23     | \$41           |
| Wonderbug Discoveries | ACY  | 18 months-3 years | T   | 9:30 AM  | 10:30 AM | \$28     | \$46           |

## CHILD WITHOUT PARENT CLASSES

### AGES 1½-3 YEARS

#### JUST FOR TWO'S (AGE 2 YEARS) (ACY, APY, HVY, NMY)

We know toddlers like being together. This is a class where first friends are made. We will play, create and develop together!

#### LET'S GET MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to move, play and learn. This large group class does just that. Class is structured around independent and group activities in the gym. To participate, your child must be an independent walker.

| Class name       | YMCA | Age               | Day  | Start    | End      | Y Member | General Public |
|------------------|------|-------------------|------|----------|----------|----------|----------------|
| Just For Twos    | ACY  | 2 years           | M    | 10:00 AM | 10:45 AM | \$28     | \$46           |
| Just For Twos    | APY  | 2 years           | M    | 10:45 AM | 11:30 AM | \$28     | \$46           |
| Just For Twos    | HVY  | 2 years           | M    | 9:00 AM  | 9:45 AM  | \$28     | \$46           |
| Just For Twos    | HVY  | 2 years           | T    | 9:00 AM  | 9:45 AM  | \$28     | \$46           |
| Just For Twos    | HVY  | 2 years           | TH   | 9:00 AM  | 9:45 AM  | \$28     | \$46           |
| Just For Twos    | NMY  | 2 years           | T    | 9:00 AM  | 9:45 AM  | \$28     | \$46           |
| Let's Get Movin' | NMY  | 18 months-3 years | T,TH | 9:30 AM  | 10:30 AM | \$53     | \$71           |

### AGES 2-3 YEARS

#### BEYOND PLAY (AGES 2-3 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

#### BOOKS WITH BUDDIES (AGES 2-3 YEARS) (NMY) NEW

Make some new buddies at the Y! Join friends each week, we'll share a new story and have fun exploring it further with activities, art or projects. Recommend Just for 2's class first or successful Kids Corner experience.

#### BUGS AND BUTTERFLIES (AGES 2-3 YEARS) (APY)

Spring is almost here and soon insects will be coming out of their long winter sleep. In the classroom children will learn about such hibernating animals through stories and crafts.

#### BUSY BEES (AGES 2-3 YEARS) (HVY)

Children will be busy buzzing around activities that include stories, songs and art projects that encourage creativity.

#### LILYPAD LEAPERS (AGES 2-4 YEARS) (APY)

As the weather warms up the wildlife of the pond began to grow and flourish. Explore the many wonders of pond life thru crafts, stories, games and more.

#### PINT SIZED POTTERS (Ages 2-3 years) (APY)

If they like playing with dough, give us a go!

#### SIMPLE SNACKTIME (AGES 2-3 YEARS) (APY)

Children will explore the world of cooking basic snacks. Taste testing a must! There will be an emphasis on table manners and social interaction. Please contact the YMCA with any allergy concerns.

#### WATCH ME GO (AGES 2-3 YEARS) (HVY)

A new class for 2-3 year olds ready for a little more independence. Take pride in completing your own artwork, develop fine motor skills and practice listening skills. Don't worry mom, just watch me GO! Recommend previous Just for Two's class or successful Kids Corner experience.

| Class name  | YMCA | Age     | Day | Start   | End      | Y Member | General Public |
|-------------|------|---------|-----|---------|----------|----------|----------------|
| Beyond Play | NMY  | 2 years | M,W | 9:00 AM | 10:30 AM | \$68     | \$86           |
| Beyond Play | NMY  | 3 years | M,W | 9:00 AM | 10:30 AM | \$68     | \$86           |

| Class name                    | YMCA | Age       | Day | Start    | End      | Y Member | General Public |
|-------------------------------|------|-----------|-----|----------|----------|----------|----------------|
| Books with Buddies <b>NEW</b> | NMY  | 2-3 years | TH  | 9:00 AM  | 10:00 AM | \$33     | \$51           |
| Bugs and Butterflies          | APY  | 2-3 years | M   | 9:00 AM  | 10:30 AM | \$43     | \$61           |
| Busy Bees                     | HVY  | 2-3 years | TH  | 10:15 AM | 11:30 AM | \$38     | \$56           |
| Busy Bees                     | HVY  | 2-3 years | F   | 9:00 AM  | 10:15 AM | \$38     | \$56           |
| Lilypad Leapers               | APY  | 2-3 years | F   | 10:45 AM | 11:45 AM | \$33     | \$51           |
| Pint Sized Potters            | APY  | 2-3 years | F   | 9:00 AM  | 10:30 AM | \$43     | \$61           |
| Simple Snacktime              | APY  | 2-3 years | W   | 9:00 AM  | 10:30 AM | \$43     | \$61           |
| Watch Me GO!                  | HVY  | 2-3 years | W   | 9:00 AM  | 10:00 AM | \$33     | \$51           |

## AGES 2½-3 YEARS

### JR. FITNESS (AGES 2½-3 YEARS) (HVY)

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength and body control.

### PLAYTIME PLEASE (AGES 2½-3 YEARS) (HVY)

We'll be learning through play (the very best way!) We'll use our imaginations to go on an adventure, roleplay having a job to do, take a make-believe trip in the community, work together to solve a mystery, and much more. This class will focus on building social skills. We will practice sharing, working together, waiting for turns, helping others, and following directions.

### WILD THINGS (AGES 2½-3 YEARS) (HVY)

Pre-School Readiness class; each week we will go on a wild adventure. Children will develop their fine and large motor skills through a weekly project.

| Class name      | YMCA | Age        | Day | Start    | End      | Y Member | General Public |
|-----------------|------|------------|-----|----------|----------|----------|----------------|
| Jr. Fitness     | HVY  | 2½-3 years | T   | 9:15 AM  | 10:00 AM | \$28     | \$46           |
| Playtime Please | HVY  | 2½-3 years | T   | 10:15 AM | 11:15 AM | \$33     | \$51           |
| Wild Things     | HVY  | 2½-3 years | M   | 10:30 AM | 11:30 AM | \$33     | \$51           |

## AGES 2-4 YEARS

### 1, 2, 3 ABC (AGES 2-4 YEARS) (FWY)

Who knew learning about numbers and letters could be so FUN. This is a great beginner class where children explore letters and numbers.

### 1, 2, 3 COLOR WITH ME! (AGES 2-4 YEARS) (ACY)

Count, create, and color with stories, songs and art.

### ANIMAL ACTION (AGES 2 ½ - 4 YEARS) (ACY, FWY)

Come move and groove like the animals do! Enjoy art, music and stories with an animal feel. We will also explore counting and letters. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

### BOOKS AND BRUSHES (AGES 2-4 YEARS) (FWY) NEW

You will love stories even more after this class. A variety of stories accompanied by art projects that will teach and spark imagination in your child.

### BUGS AND BUTTERFLIES (AGES 2-4 YEARS) (FWY) NEW

Spring is almost here and soon insects will be coming out of their long winter sleep. Children will have fun with stories and crafts.

### COLOR AND SHAPE EXTRAVAGANZA (2-4 YEARS) (FWY) NEW

Explore the colors and shapes of your environment while having fun with friends and learning social skills.

### DOWN ON THE FARM (AGES 2-4 YEARS) NEW (FWY)

Join the fun! We will learn all about farm. We will play, create, sing and dance down on the farm.

**Spring Session: April 16-June 3, 2018 (Monday classes prorated for Memorial Day)**

This is a working document and is subject to change.

### **ONCE UPON A TIME (AGES 2-4 YEARS) (ACY) NEW**

Explore once upon a time with books, art, and finger plays. Join new friends to encourage the love of reading with many classic stories. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

### **SPORTS & SNACKS (AGES 2-4 YEARS) (FWY)**

Start your child off right by having them learn the importance of staying active and being healthy. Each week, your child will learn warm up, a new sport and games. We will make a healthy snack to replenish our hard working bodies. Have your child dress in comfortable clothing.

### **SPRINGTIME CREATIONS (AGES 2-4 YEARS) (ACY)**

Explore spring! Welcome spring with art, music, and stories. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

### **WHERE IN THE WORLD? (AGES 2-4 YEARS) (FWY) NEW**

Join us as we explore a new country each week. We will learn about different cultures through stories, art, and music. We will even try favorite foods the country is known for.

### **YOUNG EXPLORERS (AGES 2-4) (ACY)**

Use our senses to discover and investigate the wonderful sounds, colors, shapes, smells and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games and crafts with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

| <b>Class name</b>                           | <b>YM CA</b> | <b>Age</b>   | <b>Day</b> | <b>Start</b> | <b>End</b> | <b>Y Member</b> | <b>General Public</b> |
|---|--------------|--------------|------------|--------------|------------|-----------------|-----------------------|
| 1, 2, 3 ABC                                 | FWY          | 2-4 year     | W          | 10:00 AM     | 11:00 AM   | \$33            | \$53                  |
| 1, 2, 3 Color with Me                       | ACY          | 2-4 years    | W          | 9:00 AM      | 11:00 AM   | \$53            | \$71                  |
| Animal Action—bring lunch <b>NEW</b>        | ACY          | 2½ - 4 years | TH         | 9:00 AM      | 12:00 PM   | \$68            | \$86                  |
| Animal Action                               | FWY          | 2-4 years    | TH         | 9:00 AM      | 10:00 AM   | \$33            | \$51                  |
| Books and Brushes <b>NEW</b>                | FWY          | 2-4 years    | W          | 9:00 AM      | 10:00 AM   | \$33            | \$51                  |
| Bugs and Butterflies <b>NEW</b>             | FWY          | 2-4 years    | T          | 9:00 AM      | 10:00 AM   | \$33            | \$51                  |
| Color and Shape Extravaganza <b>NEW</b>     | FWY          | 2-4 years    | TH         | 10:00 AM     | 11:00 AM   | \$33            | \$51                  |
| Down on the Farm                            | FWY          | 2-4 years    | T          | 10:00 AM     | 11:00 AM   | \$33            | \$51                  |
| Once Upon a Time—bring lunch <b>NEW</b>     | ACY          | 2-4 years    | T          | 9:00 AM      | 12:00 PM   | \$68            | \$86                  |
| Sports and Snacks                           | FWY          | 2-4 years    | F          | 9:00 AM      | 11:00 AM   | \$53            | \$71                  |
| Springtime Creations—bring Lunch <b>NEW</b> | ACY          | 2-4 years    | F          | 9:00 AM      | 12:00 PM   | \$68            | \$86                  |
| Where in the World?                         | FWY          | 2-4 years    | M          | 9:00 AM      | 11:00 AM   | \$53            | \$71                  |
| Young Explorers                             | ACY          | 2-4 years    | TH         | 12:30 PM     | 2:00 PM    | \$43            | \$61                  |

## **AGES 3-4 YEARS**

### **1, 2, 3 ABC (AGES 3-4 YEARS) (HVY)**

Who knew learning about numbers and letters could be so FUN. This is a great beginner class where children explore letters and numbers.

### **FUN FOR THREE'S AND FOUR'S (AGES 3-4 YEARS) (NMY)**

FUN, upbeat learning just for your 3 or 4 year old! Foundational skills are reinforced through fun and games in the gym.

### **JUST FOR THREE'S & FOUR'S BUMBLE BEE FITNESS (AGES 3-4 YEARS) (HVY)**

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength and body control. This class meets in the gym.

### **JUST FOR THREE'S & FOUR'S - 1 DAY A WEEK (AGES 3-4 YEARS) (HVY)**

Help get your 3 & 4 year olds Pre-School ready! Please do not sign up for this class if you are already in the 2 day a week class.

### **Spring Session: April 16-June 3, 2018 (Monday classes prorated for Memorial Day)**

This is a working document and is subject to change.

## **JUST FOR THREE'S & FOUR'S - 2 DAYS A WEEK (AGES 3-4 YEARS) (HVY)**

Help get your 3 & 4 year olds Pre-School ready!

| <b>Class name</b>                            | <b>YMCA</b> | <b>Age</b> | <b>Day</b> | <b>Start</b> | <b>End</b> | <b>Y Member</b> | <b>General Public</b> |
|--|-------------|------------|------------|--------------|------------|-----------------|-----------------------|
| 1, 2, 3 ABC                                  | HVY         | 3-4 years  | M          | 8:45 AM      | 10:15 AM   | \$43            | \$61                  |
| Fun For Three's & Four's                     | NMY         | 3-4 years  | M          | 8:45 AM      | 9:45 AM    | \$33            | \$51                  |
| Just For Three's & Four's Bumble Bee Fitness | HVY         | 3-4 years  | TH         | 9:00 AM      | 9:45 AM    | \$28            | \$46                  |
| Just For Three's & Four's                    | HVY         | 3-4 years  | F          | 8:45 AM      | 10:15 AM   | \$43            | \$61                  |
| Just For Three's & Four's                    | HVY         | 3-4 years  | W,F        | 10:30 AM     | NOON       | \$68            | \$86                  |

## **AGES 3-6 YEARS**

### **ALPHABET PARADE (AGES 3-5 YEARS) (NMY) NEW**

Build letters into words! Your budding reader will foster a love of learning. The class focuses on language development with letter recognition, introductory phonics and fine motor skills.

### **COOL KIDS (AGES 3-5 YEARS) (NMY)**

You'll be cool for school participating in this readiness class. Make new friends while preparing for 4K and Kindergarten with art, songs, stories and classroom fun.

### **CRAFTY CREATORS (AGES 3-5 YEARS) (APY)**

Enjoy being creative while meeting new friends, playing games, laughter and so much more.

### **FULL STEAM AHEAD (AGES 3-5 YEARS) (HVY)**

Explore and learn through science, technology, engineering, art, and math (S.T.E.A.M.). We'll experiment, build, create, perform, and more. A great mix of learning and fun.

### **FUN FRIDAY (AGES 3-6 YEARS) (NMY) NEW**

Have a lunch date with friends! Bring along a sack lunch and join us for fun and friendship. After lunch we'll enjoy arts and crafts, STEAM activities, stories and time with friends. Transfer service is available for kids in our Y 4K program. Please pack a nutritious peanut/tree nut free bag lunch.

### **FUN WITH MATH (AGES 3-5 YEARS) (APY)**

Explore the wonders of numbers thru counting activities, crafts, songs, playtime and more.

### **GOOD MOVE! (AGES 3-5 YEARS) (NMY) NEW**

Fun is a hop, skip and jump away with our preschool gym. We will play our way through Spring!

### **LITTLE SCIENTISTS (AGES 3-5 YEARS) (APY)**

For the littlest scientist the whole wide world can be their laboratory for learning. Create experiments, enjoy various educational activities and more.

### **MAD SCIENCE (AGES 3-5 YEARS) (HVY)**

Packed with exciting "hands on science experiments," awesome projects and fun activities that will fascinate your child. We'll see how much water is absorbed by dried beans, experiment with safe jelly volcanoes, paper frost and more. This class will excite the smallest Mad Scientist in your family. Come and have a lot of fun.

### **MOVIN' AND GROVIN' (AGES 3-5 YEARS) (HVY)**

Learning through movement and music. We'll have fun playing musical instruments and getting the wiggles out while gaining new skills and making new friends.

### **PAINTING PICASSOS (AGES 3-5 YEARS) (HVY)**

We will paint our hands, our feet, with marbles, on paper, with fingers, paintbrushes, noodles, corn cobs and more. Sound crazy? It will be, come have the best time painting and the most fun making a mess.

### **FULL STEAM AHEAD (AGES 3-5 YEARS) (ACY)**

Get hands on with Science, Technology, Engineering, Art, and Math! Every class will be filled with fun friends and learning.

### **Spring Session: April 16-June 3, 2018 (Monday classes prorated for Memorial Day)**

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### **SPRINGTIME CRITTERS (AGES 3-5 YEARS) (ACY)**

This program will let your little one hop with the bunnies, sing with the birds, and watch amazing changes in tadpoles and insects. Each class will include story time, crafts, songs, and other hands-on activities. Please dress your child for the weather as we will be taking short outdoor hikes.

### **STEAM SCENE (AGES 3-5 YEARS) (APY)**

Explore Science, technology, engineering, art and math. A great mix of learning and fun for a beginning STEM foundation.

| <b>Class name</b>            | <b>YMCA</b> | <b>Age</b> | <b>Day</b> | <b>Start</b> | <b>End</b> | <b>Y Member</b> | <b>General Public</b> |
|------------------------------|-------------|------------|------------|--------------|------------|-----------------|-----------------------|
| Alphabet Parade – <b>NEW</b> | NMY         | 3-5 years  | T          | 8:30 AM      | 9:30 AM    | \$33            | \$51                  |
| Cool Kids                    | NMY         | 3-5 years  | T,TH       | 9:30 AM      | 10:30 AM   | \$53            | \$71                  |
| Crafty Creators              | APY         | 3-5 years  | W          | 8:45 AM      | 10:45 AM   | \$53            | \$71                  |
| Full STEAM Ahead             | HVY         | 3-5 years  | T          | 10:30 AM     | 12:00 PM   | \$43            | \$61                  |
| Full STEAM Ahead <b>NEW</b>  | ACY         | 3-5 years  | T          | 12:15 PM     | 2:15 PM    | \$53            | \$71                  |
| Fun Friday <b>NEW</b>        | NMY         | 3-6 years  | F          | 11:15 AM     | 1:15 PM    | \$53            | \$71                  |
| Fun with Math                | APY         | 3-5 years  | T          | 8:45 AM      | 10:45 AM   | \$53            | \$71                  |
| Good Move – <b>NEW</b>       | NMY         | 3-5 years  | W          | 9:00 AM      | 10:00 AM   | \$33            | \$51                  |
| Little Scientists            | APY         | 3-5 years  | M          | 8:45 AM      | 10:45 AM   | \$53            | \$71                  |
| Mad Science                  | HVY         | 3-5 years  | M          | 10:15 AM     | 11:15 AM   | \$33            | \$51                  |
| Movin' and Grovin'           | HVY         | 3-5 years  | W          | 10:15 AM     | 11:15 AM   | \$33            | \$51                  |
| Painting Picassos            | HVY         | 3-5 years  | W          | 9:00 AM      | 10:00 AM   | \$33            | \$51                  |
| Springtime Critters          | ACY         | 3-5 years  | M          | 9:30 AM      | 11:00 AM   | \$43            | \$61                  |
| STEAM Scene                  | APY         | 3-5 years  | TH         | 8:45 AM      | 10:45 AM   | \$53            | \$71                  |

### **LUNCH TIME CLASSES (AGES 3-5 YEARS) (APY, ACY, FWY)**

Is your child enrolled in Preschool, PreK or Kindergarten Readiness? Here is how these classes can work for you and your child. 1) Enroll in the program that matches your child's Preschool, PreK or Kindergarten Readiness class start or end time. 2) Drop-In staff will transfer your child to/from the class. 3) Please contact Appleton Drop-In at 920.954.7684 or Apple Creek Drop-In at 920.733.9622 or Fox West Y at 920-560-3417 to make arrangements. 4) Please bring a nutritional bag lunch that will be eaten during class.

### **ALPHABET ADVENTURES (AGES 3-5 YEARS) (APY)**

Class will focus on letter recognition and creations using the alphabet. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **ART CLUB (AGES 3-5 YEARS) (APY)**

It's never too early to introduce your children to the world of art! Create wonderful art creations through painting, clay work, and much more. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of Pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **DINOSAUR EXPLORERS (AGES 3-5 YEARS) (APY)**

Stomp through the prehistoric world of herbivores, carnivores, sea life and flying creatures. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered in two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **LAUGHTER, LEARNING AND LUNCH (AGES 3-5 YEARS) (ACY, FWY)**

Exploring, laughter and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring and learning. To help us accommodate participations with allergies, please pack a nutritious peanut/tree nut free lunch.

**Spring Session: April 16-June 3, 2018 (Monday classes prorated for Memorial Day)**

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### **MUSICAL MAGIC (AGES 3-5 YEARS) (APY)**

Your child will make musical magic thru the exploration of songs, games, dance, and more. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **NUTRITION NOOK (AGES 3-5 YEARS) (APY)**

This class will focus on the importance of nutrition and emphasize through crafts, stories and more. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)**

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Class will end with time for lunch, so please pack a nutritional lunch (to help us accommodate participants with allergies please pack a peanut/tree nut free lunch) and have them dressed for the weather. Children can be transferred to and from other preschool classes within the ACY.

### **SPRING FUN (AGES 3-5 YEARS) (ACY)**

Jump into the new season by exploring the wonders of spring. Crafts, games and songs will keep you discovering all that spring has to offer. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

| <b>Class name</b>            | <b>YMCA</b> | <b>Age</b> | <b>Day</b> | <b>Start</b> | <b>End</b> | <b>Y Member</b> | <b>General Public</b> |
|------------------------------|-------------|------------|------------|--------------|------------|-----------------|-----------------------|
| Alphabet Adventures          | APY         | 3-5 years  | W          | 11:00 AM     | 1:15 PM    | \$58            | \$76                  |
| Alphabet Adventures          | APY         | 3-5 years  | W          | 11:15 AM     | 1:15 PM    | \$53            | \$71                  |
| Art Club                     | APY         | 3-5 years  | F          | 11:00 AM     | 1:15 PM    | \$58            | \$76                  |
| Art Club                     | APY         | 3-5 years  | F          | 11:15 AM     | 1:15 PM    | \$53            | \$71                  |
| Dinosaur Explorers           | APY         | 3-5 years  | M          | 11:00 AM     | 1:15 PM    | \$58            | \$76                  |
| Dinosaur Explorers           | APY         | 3-5 years  | M          | 11:15 AM     | 1:15 PM    | \$53            | \$71                  |
| Laughter, Learning and Lunch | ACY         | 3-5 years  | W          | 11:15 AM     | 2:15 PM    | \$68            | \$86                  |
| Laughter, Learning and Lunch | FWY         | 3-5 years  | T          | 11:00 AM     | 12:30 PM   | \$43            | \$61                  |
| Musical Magic                | APY         | 3-5 years  | T          | 11:00 AM     | 1:15 PM    | \$58            | \$76                  |
| Musical Magic                | APY         | 3-5 years  | T          | 11:15 AM     | 1:15 PM    | \$53            | \$71                  |
| Nutrition Nook               | APY         | 3-5 years  | TH         | 11:00 AM     | 1:15 PM    | \$58            | \$76                  |
| Nutrition Nook               | APY         | 3-5 years  | TH         | 11:15 AM     | 1:15 PM    | \$53            | \$71                  |
| Outrageous Outdoors          | ACY         | 3-5 years  | W          | 10:00 AM     | NOON       | \$53            | \$71                  |
| Spring Fun                   | ACY         | 3-5 years  | M          | 11:15 AM     | 1:15 PM    | \$53            | \$71                  |

### **FUN SHOPS - NEW**

Bring your children to a Fun Shop! These are one day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

### **MOTHERS DAY GIFTING GIVING (3-6 YEARS) (NMY)**

There's nothing better than a homemade, heartfelt gift from your child. Have your child join us at the fun shop to create a unique gift for Mom. We'll round out our morning with group games and fun!

### **SPRING FLING (3-6 YEARS) NMY**

Spring is all around us! Join the excitement as we celebrate spring with art, activities, fun and games!

| <b>Class name</b>                 | <b>YMCA</b> | <b>Age</b> | <b>Day</b> | <b>Start</b> | <b>End</b> | <b>Y Member</b> | <b>General Public</b> |
|-----------------------------------|-------------|------------|------------|--------------|------------|-----------------|-----------------------|
| Spring Fling - April 21           | NMY         | 3-6 years  | SAT        | 9:00 AM      | 11:00 AM   | \$12            | \$22                  |
| Mother's Day Gift Giving - May 12 | NMY         | 3-6 years  | SAT        | 9:00 AM      | 11:00 AM   | \$12            | \$22                  |

**Spring Session: April 16-June 3, 2018 (Monday classes prorated for Memorial Day)**

This is a working document and is subject to change.

## **TUMBLING CLASSES AGES 3-13 YEARS**

### **PRESCHOOL BEGINNING TUMBLING (AGES 3-4) (FWY) NEW**

THIS IS GREAT FOR THE CHILD WHO HAS NEVER BEEN IN TUMBLING BEFORE.

This tumbling class is for the child who is ready to learn beginning tumbling skills, while improving coordination and flexibility. Beginning tumbling gives your child the foundational skills to learn more advanced techniques.

### **BEGINNING TUMBLING (AGES 4-6 YEARS) (FWY)**

THIS IS GREAT FOR THE CHILD WHO HAS NEVER BEEN IN TUMBLING BEFORE.

This tumbling class is for the child who is ready to learn beginning tumbling skills, while improving coordination and flexibility. Beginning tumbling gives your child the foundational skills to learn more advanced techniques.

### **TUMBLING 1 (AGES 6-12 YEARS) (FWY)**

This class is for the child who wants to concentrate on just tumbling and floor exercise skills while improving coordination and flexibility. Your child will work on mastering cartwheels, backward rolls, headstands, handstands and more!

### **ADVANCED TUMBLING 1 (AGES 6-12 YEARS) (FWY)**

This class is for children who have moved up from Tumbling 1. This class was created for the children almost ready for Tumbling 2.

### **TUMBLING 2 (AGES 7-13 YEARS) (FWY)**

This class is for children who have been moved up by their Y instructor. If you have past experience and have mastered a cartwheel, handstand, round-off and handstand forward roll and are ready for more.

| <b>Class name</b>                  | <b>YMCA</b> | <b>Age</b> | <b>Day</b> | <b>Start</b> | <b>End</b> | <b>Y Member</b> | <b>General Public</b> |
|------------------------------------|-------------|------------|------------|--------------|------------|-----------------|-----------------------|
| Preschool Beginning Tumbling - NEW | FWY         | 3-4 years  | W          | 4:30 PM      | 5:15 PM    | \$32            | \$64                  |
| Beginning Tumbling                 | FWY         | 4-6 years  | M          | 6:00 PM      | 6:45 PM    | \$32            | \$64                  |
| Beginning Tumbling                 | FWY         | 4-6 years  | F          | 9:45 AM      | 10:30 AM   | \$32            | \$64                  |
| Tumbling 1                         | FWY         | 6-12 years | M          | 4:30 PM      | 5:15 PM    | \$32            | \$64                  |
| Tumbling 1                         | FWY         | 6-12 years | W          | 5:15 PM      | 6:00 PM    | \$32            | \$64                  |
| Advanced Tumbling 1                | FWY         | 6-12 years | W          | 6:00 PM      | 6:45 PM    | \$32            | \$64                  |
| Tumbling 2                         | FWY         | 7-13 years | M          | 5:15 PM      | 6:00 PM    | \$32            | \$64                  |