



# FIND FRIENDSHIP HERE

Teens are a great resource in our community. They have talents and energy. They care about others. The Y has always depended upon teens to provide leadership with younger kids.



## TEENS

UPDATED ON: JULY 25, 2016

### STAFF CONTACTS

ACY – Shane Vondracek Environmental Education Director P 733.9622 E [svondracek@ymcafoxcities.org](mailto:svondracek@ymcafoxcities.org)  
APY – Colin Specht Sports & Recreation Director P 954.7620 E [cspecht@ymcafoxcities.org](mailto:cspecht@ymcafoxcities.org)  
FWY – Kevin Jakubek Sports & Recreation Director P 560.3414 E [kjakubek@ymcafoxcities.org](mailto:kjakubek@ymcafoxcities.org)  
HVY – Randi Thurs Sports & Recreation Coordinator P 830.5709 E [rthurs@ymcafoxcities.org](mailto:rthurs@ymcafoxcities.org)  
NMY – Tara Lohff Sports & Recreation Coordinator P 886.2103 E [tlohff@ymcafoxcities.org](mailto:tlohff@ymcafoxcities.org)

### IN HOUSE TUTORING (Grades K-12) (APY)

One-on-one tutoring is available at the Appleton and Fox West YMCAs to any student K-12 who needs help with almost any subject. Tutoring is provided M-TH throughout the school year (October-May). Register at any point in the school year. We provide 1 one-hour session a week between the hours of 4:00 and 8:00 PM at the Appleton YMCA and between 4:00 PM and 7:00 PM at the Fox West YMCA. A \$30 registration fee for the school year is due per student with a max of \$60 per family. The registration fee is due at the time of their first appointment. Contact Kourtney Kositzke 954.7602 [kkositzke@ymcafoxcities.org](mailto:kkositzke@ymcafoxcities.org) at the Appleton YMCA for more information or to set up an appointment.

Grades K-12 4:00-8:00 PM APY  
Grades K-12 4:00-7:00 PM FWY

### OVERNIGHTS (APY, FWY, HVY)

The Y is a great place for churches, schools and other youth agencies to bring groups for the night. Bond and socialize in a fun setting. Swimming, basketball, Wii Fit, racquetball and volleyball are all available for your use. (Activities may vary between Y's) Contact Kathryn Herzog 954.7640 at APY, Brandon Vanderhoof at 830.5703 at HVY or Kevin Jakubek at 757.9820 at FWY for information on pricing and availability.

F&SA 10:00 PM-7:00 AM

### YOUTH WELLNESS CENTER ORIENTATIONS (AGES 11-14 YEARS) (ACY, APY, FWY, HVY, NMY)

Orientations are available by appointment. Youth are invited to learn how to safely and properly use the cardio and weight training equipment to ensure their fitness success. A Youth Orientation consists of two one hour appointments. #1 appt. must be attended with parent; #2 parent attendance is not required.

### YOUTH/TEEN NIGHTS

Youth and Teen Nights are offered at each branch on specific dates each month. Join us for music, basketball, dodgeball, swimming, arts & crafts, inflatables, food and best of all FUN!

### TEEN NIGHTS – FRIDAYS (GRADES 5-8) (FWY)

F 6:30-9:30 PM – September 16 & 30, October 14 & 28, November 11, December 9  
**Fee: Y Member - \$2 General Public - \$6**

### YOUTH NIGHTS - SATURDAYS (GRADES 3-5) (FWY)

S 6:30-9:00 PM - September 24, October 8 & 22, November 5 & 19, December 3 & 17  
**Fee: Y Member - \$2 General Public - \$6**

### TEEN NIGHTS – FRIDAYS (GRADES 5-8) (HVY)

F 6:00-9:00 PM – September 16, October 7, November 4, December 2  
**Fee: Y Member - \$2 General Public - \$6**

**4<sup>th</sup> Grade Night- Friday (GRADE 4) (HVY)**

F 6:30-8:30 PM- October 21<sup>st</sup>

**Fee: Y Member - \$2 General Public - \$4**

**YOUTH NIGHTS - SATURDAYS (GRADES 3-5) (NMY)**

S 6:30-9:00 PM - September 17, October 1 & 15, November 5 & 19, December 3 & 17

**Fee: Y Member - \$2 General Public - \$6**

**TEEN NIGHTS – FRIDAYS (GRADES 5-8) (NMY)**

F 6:00-9:30 PM – September 16 & 30, October 14, November 4 & 18, December 2 & 16

**Fee: Y Member - \$2 General Public - \$6**

**YOUTH IN GOVERNMENT (GRADES 7-12) (APY)**

Now is the time to make your voice be heard! Wouldn't it be great if you could make or change the rules in regards to the government? The Youth in Government (YIG) program takes a hands-on approach involving students in the legislative, executive, and judicial branches of government. This includes a press corps which gives students experience in sharing political news in a variety of multi and social-medias. YIG encourages life-long responsible citizenship through the study of public issues, debate on public policy, writing legislation, debating court cases, reporting on political news and a weekend Model Government experience in the State Capital. If you enjoy debating, writing, want to learn more about how bills become laws, and would enjoy a weekend trip to Madison in February, then Youth in Government is the place for you! Contact Jolene Leurquin at 920-832-4951 or [jleurquin@ymcafoxcities.org](mailto:jleurquin@ymcafoxcities.org) for more information.

Tuesdays 7:00-8:00 PM October-February