



TEACHING TEAMWORK

Baseball, soccer, volleyball, flag football, basketball—check out the sports offerings at your Y and get in the game. Improve your skills, make new friends, be active with other kids and learn to love a sport at the Y.



SPORTS

UPDATED ON: OCTOBER 3, 2017

STAFF CONTACTS

APY – Colin Specht Sports & Recreation Director P 954.7620 E cspecht@ymcafoxcities.org
FWY - Kevin Jakubek Sports & Recreation Director P 560.3414 E kjakubek@ymcafoxcities.org
HVY - Brandon Vanderhoof Sports & Recreation Director P 830.5703 E bvanderhoof@ymcafoxcities.org
NMY - Randy Pelischek Sports & Recreation Director P 886.2104 E rpelischek@ymcafoxcities.org

PRESCHOOL

PARENT/CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, HVY)

Perfect class for first time participants! Parents join your child while learning basic fundamental skills of a new sport each week. Classes will consist of skill development, participation, development of teamwork, fun and quality time with child. Sports include: Soccer, Basketball, T-Ball, Floor Hockey, Flag Football and Playground games.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent Child All Sports	APY	3-4 years	R	9:00 AM	9:45 AM	\$34	\$49
Parent Child All Sports	APY	3-4 years	M	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports	APY	3-4 years	W	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports	HVY	3-4 years	M	5:00 PM	5:45 PM	\$34	\$49

YOUTH

SPORTS SAMPLER (AGES 4-6 YEARS) (APY, FWY, HVY, NMY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include: Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run class*

LITTLE SPORTS CLASSES (AGES 4-6 YEARS) (APY, FWY, NMY)

Learn the basics of the sport. Players participate in drills to improve and learn offensive and defensive skills, and also participate in scrimmage games. Everyone plays in this instructional class that emphasizes fun and participation. Program runs seven weeks in the Y Gym. Programs include **Little Rushers Football, Little Kickers Soccer, Little Hoopsters Basketball, Little Goalies Hockey, Little Sluggers T-ball and Little Smashers Tennis.**

4K SPORTS EXPERIENCE (AGES 4-5 YEARS) (APY, FWY)

This one hour experience will give your child the ability to burn off some excess energy and learn about a sport while playing some fun games. Each week we will focus on skill development, participation and teamwork. The following sports will be included: soccer, baseball, football, basketball, floor hockey and tennis.

TUMBLE SOCCER (AGES 4-6 YEARS) (HVY)

The perfect mix of soccer in the gym and fun in the gymnastics center. Spend the first 35-minutes in the gym playing and learning about soccer each week, followed by instruction and fun time in the gymnastics center!

Fall Session 1: September 5-October 22, 2017 (Monday classes prorated for Labor Day)
Fall Session 2: October 23-December 17, 2017 (No Classes November 20-26, 2017)

This is a working document and is subject to change.

JR. G.A.T.O.R.S. (AGES 4-6 YEARS) (NMY)

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited.

FENCING (AGES 5-11, 12-16) (APY)

Learn a sport that spans centuries – fencing is the ultimate cross-training program that conditions the body and develops balanced coordination. Youth learn to dodge, parry and thrust in this exciting sport that keeps growing in popularity. Learn proper form, technique and etiquette in this methodical yet fast-paced sport. Class is instructed by Steve Amich, former Lawrence University coach for 30+ years and Gold Medal competitor. All equipment is provided.

AFTER SCHOOL GAMES (AGES 4-6 & 7-10 YEARS) (FWY)

Participants will actively participate in a variety of games and other activities, learn rules and skills, and have fun!

G.A.T.O.R.S. (AGES 7-10 YEARS) (NMY)

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited.

JEDI TRAINING (FWY)

Class is a great mix of fitness, sports and imagination. Each week, participants will focus on different training methods of the Jedi from Yoda to Luke and more.

YOUTH DODGEBALL (HVY)

A great way to work off some steam with a lot of laughs in between. Participants will have a fun time playing organized dodgeball games in the gym as they dodge, dip, dive, duck, and dodge!

NERF WARS & DODGEBALL (AGES 7-12 YEARS) (APY) (NMY)

Similar to paintball, instead of paint, participants will play games with Nerf gun darts. Obstacles, teamwork and various games like capture the flag, will insure a great time. Participants must wear eye protection and provide their own nerf gun. Games of dodgeball will also be thrown in the mixture of fun.

INDOOR PARENT CHILD ARCHERY (AGES 7 -14 YEARS) (HVY)

Learn the basics of archery. Class will cover safety, proper stance, holding a bow and proper technique. All equipment is provided.

PARENT CHILD ARCHERY (AGES 7-14 YEARS) (HVY)

Learn the basics of archery. Class will cover safety, proper stance, holding a bow and proper technique. All equipment is provided.

SPORTS SKILLS (FWY)

Work on improving your skills in a specific sport. Each week will be geared toward drills to improve the fundamentals of each child in that sport. This is a great class to supplement our youth leagues.

INDOOR ARCHERY (AGES 8-15 YEARS) (HVY)

Learn the basics of archery including the "11 steps to becoming a successful archer." Class follows the NASP guidelines and is taught by an NASP Certified Instructor. All equipment is provided by the Y.

ARCHERY 101 (AGES 8-16) (HVY, ACY)

Learn the basics of archery in this class including the "11 steps to becoming a successful archer." Class follows the NASP guidelines and is taught by an NASP Certified Instructor. All equipment is provided. Class will be held outdoors.

ADVANCED ARCHERY (AGES 8-16 YEARS) (HVY, ACY)

This class is designed for experienced archers. Archery 101 is a prerequisite. Various targets are used including 3D. Equipment is provided by the Y, however, personal bows are encouraged. Class is held outdoors.

JUST PLAY (AGES 8-13 YEARS) (APY)

Children are pushed to the max with structure and rules nowadays, and it seems like they never have the option to "just play". We want to bring back that atmosphere and allow kids to gather together and figure out games and rules for themselves. We will provide equipment and general guidelines, with our hope being that the class works together and can simply play any game or sport they come up with.

Y-LASER TAG CLUB (AGES 8-13 YEARS) (APY)

All new "Y" Laser Tag Club. Join an action packed game of Blue versus Red, or hideout while negotiating obstacles during Capture the Flag. This will be a sure "fire" way to test your conditioning skills. All laser painters are equipped with infrared lasers, which are safe for all ages. Go bananas in a stand alone game of no team "Rogue Survivor" every one for themselves. Come prove your mettle on an ever changing battlefield!

STICKS & STONES (AGES 8-13 YEARS) (APY)

Join us for a fun filled period of anti-bullying techniques, games, and acting out scenarios. Learn how to de-escalate, negotiate, and evade the simple bully. Take your new skills to the next level while coming to the aid of a friend, classmate, or stranger in our group sessions. Be a part of the next level solution, not the problem!

YPE (AGES 5-12 YEARS) (APY, FWY)

This is the Y's version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements, and develop an understanding of why it is important to stay active.

ULTIMATE BALL (AGES 7-10 YEARS) (NMY)

The Y's version of Ultimate Frisbee! Ultimate Ball can be played with a soccer ball, football, or dodgeball. This game will be very active, encourage teamwork, and fun competition. This is a non-contact activity and players cannot run with the ball or kick the ball in any way. A foul occurs if a player initiates contact on another player or kicks the ball and then the other team gains possession of the ball. Teams start on their goal line and work together throwing the ball until they reach the opponents end zone. Usually 7 players per team. The thrower has 5 seconds to throw the ball again and can only make a 1 or 2 step move to get the next pass off. Defenders must stay at least one arms-length away from the players on offense.

TAG RUGBY (AGES 9-12 YEARS) (NMY)

Tag Rugby is a fun and exciting form of non-contact rugby suitable for males and females of all ages. There are no scrums and line-outs and tackling is not allowed. The object of the game is to score tries (goals). This is achieved by placing the ball with downward pressure on, or behind, the opponents' try-line (goal line). The player in possession of the ball (the attacker) may run or pass the ball to achieve this but is not allowed to kick it. The ball may only be passed either sideways or backwards and not forward to the opponent's try-line. It is the object of the team without the ball (defensive team) to prevent progress of the attacking team by tagging the ball carrier. The attacking team has four "tags" or "plays" to score. If the fourth tag fails to score then a changeover occurs and the defending team is given possession of the ball and then becomes the attacking team. This will be played at Laudan Park in Neenah next to Wilson Elementary School.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
After School Games	FWY	4-6 years	T	4:30 PM	5:15 PM	\$28	\$39
Jr. G.A.T.O.R.S. – Session 1	NMY	4-6 years	T	4:15 PM	5:00 PM	\$28	\$39
Jr. G.A.T.O.R.S. – Session 2	NMY	4-6 years	R	4:15 PM	5:00 PM	\$28	\$39
4K Sports Experience	APY	4-6 years	T	11:15 AM	12:15 PM	\$28	\$39

Fall Session 1: September 5-October 22, 2017
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(Monday classes prorated for Labor Day)
(No Classes November 20-26, 2017)

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4K Sports Experience	APY	4-6 years	W	3:00 AM	4:00 PM	\$28	\$39
4K Sports Experience	FWY	4-6 years	T	11:15 AM	12:15 PM	\$28	\$39
Little Hoopsters Basketball	APY	4-6 years	R	4:30 PM	5:30 PM	\$34	\$49
Little Hoopsters Basketball - Session 2	FWY	4-6 years	M	5:30 PM	6:15 PM	\$28	\$39
Little Hoopsters Basketball - Session 1	NMY	4-6 years	R	5:15 PM	6:00 PM	\$28	\$39
Little Kickers Soccer - Session 2	FWY	4-6 years	W	5:30 PM	6:15 PM	\$28	\$39
Little Kickers Soccer	APY	4-6 years	M	4:30 PM	5:30 PM	\$34	\$49
Little Kickers Soccer - Session 1	NMY	4-6 years	R	4:15 PM	5:00 PM	\$28	\$39
Little Kickers Soccer - Session 2	NMY	4-6 years	T	4:15 PM	5:00 PM	\$28	\$39
Little Sluggers & Little Rushers Session 2	NMY	4-6 years	T	5:15 PM	6:00 PM	\$28	\$39
Sports Sampler	APY	4-6 years	W	4:30 PM	5:30 PM	\$34	\$49
Sports Sampler	FWY	4-6 years	M	4:30 PM	5:15 PM	\$28	\$39
Sports Sampler	FWY	4-6 years	W	4:30 PM	5:15 PM	\$28	\$39
Sports Sampler	HVY	4-6 years	M	6:00 PM	6:45 PM	\$28	\$39
Sports Sampler	HVY	4-6 years	F	9:30 AM	10:15 AM	\$28	\$39
Sports Sampler - Session 2	NMY	4-6 years	R	5:15 PM	6:00 PM	\$28	\$39
Tumble Soccer - Session 2	HVY	4-6 years	W	1:15 PM	2:30 PM	\$37	\$53
Jedi Training	FWY	4-6 years	R	4:30 PM	5:15 PM	\$28	\$39
Fencing	APY	5-11 years	TR	5:30 PM	6:30 PM	\$45	\$60
YPE	APY	5-12 years	W	12:30 PM	1:30 PM	\$28	\$42
YPE	FWY	5-6 years	M	12:30 PM	1:30 PM	\$28	\$42
YPE	FWY	7-9 years	M	1:30 PM	2:30 PM	\$28	\$42
G.A.T.O.R.S.	NMY	7-10 years	W	4:15 PM	5:00 PM	FREE	\$20
Jedi Training	FWY	7-10 years	R	5:30 PM	6:15 PM	\$28	\$39
NERF Wars & Dodgeball	APY	7-12 years	T	6:30 PM	7:45 PM	\$28	\$39
After School Games	FWY	7-10 years	T	5:30 PM	6:15 PM	\$28	\$38
NERF Wars & Dodgeball Session 2	NMY	7-10 years	W	5:15 PM	6:00 PM	\$15	\$25
Sports Skills - Basketball - Session 2	FWY	Grades 1-2	R	5:30 PM	6:30 PM	\$20	\$40
Sports Skills - Soccer - Session 1	FWY	Grades 1-2	R	5:30 PM	6:30 PM	\$20	\$40
Ultimate Ball - Session 1	NMY	7-10 years	W	5:15 PM	6:00 PM	\$15	\$25
Youth Dodgeball - Session 2	FWY	7-10 years	M	6:30 PM	7:15 PM	\$15	\$25
Youth Dodgeball - Session 2	HVY	7-12 years	R	4:30 PM	5:15 PM	\$15	\$25
Parent Child Archery - Session 1	HVY	7-14 years	TR	5:00 PM	5:45 PM	\$42	\$55
Parent Child Indoor Archery - Session 2	HVY	7-14 years	N	5:00 PM	5:45 PM	\$34	\$49
Advanced Archery - Session 1	HVY	8-16 years	TR	7:00 PM	7:45 PM	\$42	\$55
Archery 101- Session 1	HVY	8-16 years	TR	6:00 PM	6:45 PM	\$42	\$55
Archery 101- Session 1	ACY	8-16 years	MW	4:30 PM	5:15 PM	\$42	\$55
Indoor Archery - Session 2	HVY	8-15 years	TR	6:30 PM	7:30 PM	\$50	\$65
Just Play - Session 2	APY	8-13 years	R	5:45 PM	7:00 PM	FREE	\$28
Y-Laser Tag Club - Session 2	APY	8-13 years	W	5:45 PM	7:00 PM	\$28	\$39

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Sticks & Stones – Session 2	APY	8-13 years	W	4:30 PM	5:30 PM	\$15	\$25
Jr Racquetball Lessons	APY	8-16 years	W	4:30 PM	5:30 PM	\$28	\$39
Jr Racquetball League	APY	8-16 years	W	5:30 PM	6:30 PM	\$28	\$39
Tag Rugby – Session 1	NMY	9-12 years	T	5:30 PM	6:30 PM	\$34	\$49
Advanced Archery - Session 1	ACY	10-18 years	MW	5:30 PM	6:15 PM	\$42	\$55
Youth Dodgeball - Session 2	FWY	11-14 years	M	7:30 PM	8:15 PM	\$15	\$25
Fencing	APY	12-16 years	TR	6:30 PM	7:30 PM	\$45	\$60
Holiday Basketball Camp - December 27-28	NMY	Grades 2-4	WR	9:00 AM	11:00 AM	\$25	\$37
Holiday Basketball Camp - December 27-28	NMY	Grades 5-7	WR	1:00 PM	3:00 PM	\$25	\$37

YOUTH SPORTS LEAGUES

YMCA of the Fox Cities Family Memberships pays only a \$12 uniform fee for value-added Youth Sports Leagues. Youth Sports League times will be determined based on the grade level and number of participants. You will be notified by a coach prior to the first game. Contact your branch Sports and Recreation Department for more information.

FALL FLAG FOOTBALL LEAGUE (GRADES 4K-6) – SEPTEMBER 9-OCTOBER 28. REGISTRATION JUNE 1 – AUGUST 20.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Flag Football	APY	Grades 4K-5K	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	APY	Grade 1	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	APY	Grade 2	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	APY	Grade 3	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	APY	Grade 4	S	September 9	October 28	\$12	\$42	\$69
5 on 5 Football Passing League	APY	Grade 5	S	September 9	October 28	\$12	\$42	\$69
5 on 5 Football Passing League	APY	Grade 6	S	September 9	October 28	\$12	\$42	\$69
5 on 5 Football Passing League	APY	Grade 7-8	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	FWY	Grades 4K-5K	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	FWY	Grades 1-2	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	FWY	Grades 3-4	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	FWY	Grades 5-6	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	HVY	Grades 4K-5K	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	HVY	Grade 1	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	HVY	Grade 2	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	HVY	Grade 3-4	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	HVY	Grade 5-6	S	September 9	October 28	\$12	\$42	\$69

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Youth Flag Football	NMY	Grades 4K-5K	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	NMY	Grades 1-2	S	September 9	October 28	\$12	\$42	\$69
Youth Flag Football	NMY	Grades 3-4	S	September 9	October 28	\$12	\$42	\$69
5 on 5 Football Passing League	NMY	Grades 5-6	S	September 9	October 28	\$12	\$42	\$69
5 on 5 Football Passing League	NMY	Grades 7-8	S	September 9	October 28	\$12	\$42	\$69

FALL OUTDOOR SOCCER LEAGUE (FWY) - AUGUST 28-OCTOBER 9. REGISTRATION JUNE 1-AUGUST 14.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Fall Soccer	FWY	Grade 4K-5K	M	August 28	October 9	\$32	\$32	\$48
Fall Soccer	FWY	Grade 1-2	T	August 29	October 3	\$32	\$32	\$48
Fall Soccer	FWY	Grade 3-4	T	August 29	October 3	\$32	\$32	\$48
Fall Soccer	FWY	Grade 5-6	M	August 28	October 9	\$32	\$32	\$48

FALL OUTDOOR SOCCER LEAGUE (HVY) - SEPTEMBER 5-OCTOBER 12. REGISTRATION JUNE 1-AUGUST 13. GAMES PLAYED AT THE HEART OF THE VALLEY YMCA.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Fall Soccer	HVY	Grade 4K	W	4:00 PM	5:00 PM	\$32	\$32	\$48
Fall Soccer	HVY	Grade 5K	W	5:15 PM	6:15 PM	\$32	\$32	\$48
Fall Soccer	HVY	Grade 1-2	T	5:00 PM	6:00 PM	\$32	\$32	\$48
Fall Soccer	HVY	Grade 3-4	R	5:00 PM	6:00 PM	\$32	\$32	\$48

FALL CROSS COUNTRY PROGRAM (ACY) - SEPTEMBER 9-OCTOBER 28. REGISTRATION JUNE 1-AUGUST 31.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Cross Country	ACY	Grade 5K-2	S	September 9	October 28	\$12	\$25	\$45
Cross Country	ACY	Grade 3-6	S	September 9	October 28	\$12	\$25	\$45

CO-ED VOLLEYBALL LEAGUE - SEPTEMBER 9-OCTOBER 21. REGISTRATION JUNE 1-AUGUST 27.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Co-ed Volleyball	APY	Grade 2-4	S	September 9	October 28	\$12	\$38	\$59
Co-ed Volleyball	APY	Grade 5-6	S	September 9	October 28	\$12	\$38	\$59
Co-ed Volleyball	FWY	Grade 2-4	S	September 9	October 21	\$12	\$38	\$59
Co-ed Volleyball	FWY	Grade 4-6	S	September 9	October 21	\$12	\$38	\$59
Co-ed Volleyball	HVY	Grade 2	S	September 9	October 21	\$12	\$38	\$59
Co-ed Volleyball	HVY	Grade 3	S	September 9	October 21	\$12	\$38	\$59
Co-ed Volleyball	HVY	Grade 4	S	September 9	October 21	\$21	\$38	\$59
Co-ed Volleyball	HVY	Grade 5-6	S	September 9	October 21	\$12	\$38	\$59
Co-ed Volleyball	NMY	Grade 3-4	S	September 9	October 21	\$12	\$38	\$59

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Co-ed Volleyball	NMY	Grade 5-6	S	September 9	October 21	\$12	\$38	\$59
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BOYS VOLLEYBALL LEAGUE - SEPTEMBER 9-OCTOBER 21. REGISTRATION JUNE 1-AUGUST 27.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Boys Volleyball	APY	Grade 5-6	S	September 9	October 21	\$12	\$38	\$59
Boys Volleyball	APY	Grade 7-8	S	September 9	October 21	\$12	\$38	\$59

YOUTH BASKETBALL LEAGUES

DECEMBER 2, 2017-FEBRUARY 17, 2018 FOR GRADES 2-4

Grades 2-4 will have 3 weeks of practice on Saturdays, December 2, 9, & 16 and then have 7 weeks of practices/games from January 6- February 17, 2018.

DECEMBER 16, 2017-FEBRUARY 17, 2018 FOR GRADES 4K, 5K, & GR 1

Grades 4K, 5K, & Gr. 1 will have a basketball skills clinic on December 16, a team practice on January 6 and then have 6 weeks of practices/games from Jan 13-Feb 17, 2018.

REGISTRATION SEPTEMBER 10-NOVEMBER 12, 2017. League does not meet on Dec. 23 & 30, 2017.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Coed Basketball	APY	Grade 4K	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	APY	Grade 5K	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	APY	Grade 1	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	APY	Grade 2	S	December 2	February 17	\$12	\$42	\$69
Youth Coed Basketball	FWY	Grade 4K	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	FWY	Grade 5K	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	FWY	Grades 1	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	FWY	Grades 2	S	December 2	February 17	\$12	\$42	\$69
Youth Coed Basketball	FWY	Grades 3	S	December 2	February 17	\$12	\$42	\$69
Youth Coed Basketball	FWY	Grades 4	S	December 2	February 17	\$12	\$42	\$69
Youth Coed Basketball	HVY	Grade 4K	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	HVY	Grade 5K	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	HVY	Grade 1	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	HVY	Grade 2	S	December 2	February 17	\$12	\$42	\$69
Youth Boys Basketball	HVY	Grade 3-4	S	December 2	February 17	\$12	\$42	\$69
Youth Girls Basketball	HVY	Grade 3-4	S	December 2	February 17	\$12	\$42	\$69
Youth Coed Basketball	NMY	Grade 4K	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	NMY	Grade 5K	S	December 16	February 17	\$12	\$42	\$69

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Youth Coed Basketball	NMY	Grade 1	S	December 16	February 17	\$12	\$42	\$69
Youth Coed Basketball	NMY	Grade 2	S	December 2	February 17	\$12	\$42	\$69

JUNIOR Y-BALL BASKETBALL LEAGUE GRADES 3-4 & GRADES 5-6 (APY & NMY)

DECEMBER 2-FEBRUARY 17. REGISTRATION SEPTEMBER 11-NOVEMBER 17. This is a fun and competitive league! Teams from Appleton YMCA and Neenah Menasha YMCA will play each other with home and away games. Teams will have 3 weeks of practice (1.5 hours each) on Saturdays, Dec. 2, 9 & 16 at their respective Y's and then continue to practice once each week, on a week night, during January and February before they play their next game. Games will run on Saturdays for 7 weeks from January 6-February 17, 2018. Each team will have 4 practices under their belt before their first game and continue to practice throughout the season, so they can compete at a higher level for their league games. One patched ref and one HS ref will be used, plus scores and standings will be kept. Players will still have equal playing time! League does not meet on Dec. 23 & 30, 2017.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Junior Y-BALL Girls	APY	Grade 3-4	S	December 2	February 17	\$24	\$49	\$74
Junior Y-BALL Boys	APY	Grade 3-4	S	December 2	February 17	\$24	\$49	\$74
Junior Y-BALL Girls	APY	Grade 5-6	S	December 2	February 17	\$24	\$49	\$74
Junior Y-BALL Boys	APY	Grade 5-6	S	December 2	February 17	\$24	\$49	\$74
Junior Y-BALL Girls	NMY	Grade 3-4	S	December 2	February 17	\$24	\$49	\$74
Junior Y-BALL Boys	NMY	Grade 3-4	S	December 2	February 17	\$24	\$49	\$74
Junior Y-BALL Girls	NMY	Grade 5-6	S	December 2	February 17	\$24	\$49	\$74
Junior Y-BALL Boys	NMY	Grade 5-6	S	December 2	February 17	\$24	\$49	\$74

BOYS Y-BALL BASKETBALL LEAGUE

JANUARY 13-MARCH 3. REGISTRATION OCTOBER 9-DECEMBER 17. This is the old Boys YNBA League! Teams will practice once per week on a week night starting the week of January 1st. Games will be Saturdays January 13-March 3, 2018 at Shattuck Middle School in Neenah. High School teams will have team captains and Grades 7-9 will have parent coaches. Players will still have equal playing time!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Boys Y-BALL	NMY	Grade 7-9	S	January 13	March 3	\$49	\$74
Boys Y-BALL	NMY	Grade 10-12	S	January 13	March 3	\$49	\$74

TEENS

BASKETBALL SKILLS TRAINING (APY)

This is a great class for basketball players of all levels to get a jump start on the season. Learn how to get into "basketball shape" by improving their quickness, stamina, and fundamentals. The class is fast paced and only meets once a week.

Fall Session 1: September 5-October 22, 2017
Fall Session 2: October 23-December 17, 2017

(Monday classes prorated for Labor Day)
(No Classes November 20-26, 2017)

This is a working document and is subject to change.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Basketball Skills Training Oct. 5 – Oct. 26	APY	Ages 7-10	R	5:45 PM	6:30 PM	\$20	\$40
Basketball Skills Training	APY	Ages 11-14	R	6:30 PM	7:15 PM	\$20	\$40

ADULTS

ADULT ARCHERY (AGES 16 YEARS AND OLDER) (HVY)

This is a great program for beginners or those who want to learn the basics of archery in an inspiring environment. Class follows the NASP guidelines and is taught by an NASP Certified Instructor. All equipment is provided by the Y.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adult Archery - Session 2	HVY	16 years and older	N	4:00 PM	4:45 PM	\$28	\$39
Fall Racquetball Leagues - Various Times and Days – Sept - December	APY	18 years and older	MT			\$20	\$40
Open Badminton	APY	18 years and older	MTWRF	TBD	TBD	FREE	\$5/time
Open Pickleball	APY	18 years and older	MTWRF	8:00 AM	11:00 AM	FREE	\$5/time
Open Pickleball	FWY	18 years and older	TR	10:00 AM	12:00 PM	FREE	\$5/time
Open Pickleball	NMY	18 years and older	TW	11:00 AM	1:00 PM	FREE	\$5/time
Open Volleyball	APY	18 years and older	F	7:00 PM	9:45 PM	FREE	\$5/time
Open Volleyball	FWY	18 years and older	W	7:00 PM	9:00 PM	FREE	\$5/time
Open Volleyball	NMY	18 years and older	T	7:00 PM	9:00 PM	FREE	\$5/time

ADULT PICKLEBALL LEAGUE (AGES 18 YEARS AND OLDER) (FWY)

This is a great program for beginners or those who want to stay active. Teams will play one or two games each week during the session.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adult Pickleball League	FWY	18 years and older	N	11:00 AM	1:00 PM	\$28	\$39

FALL ADULT CO-ED THURSDAY NIGHT VOLLEYBALL LEAGUE – Games begin September 7-October 19. REGISTRATION May 25-August 27. Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information. Sign up as a free agent and the Y will then place you on a team as needed. Co-ed Sixes and Co-ed Quads will play between 7:00-9:00 PM. If we have an odd number of teams register, teams will have 1-2 weeks where they play a double header from 9:00-10:00 PM with their first game from 8:00-9:00 PM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
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Fall Session 1: September 5-October 22, 2017
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(Monday classes prorated for Labor Day)
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Relaxed Co-ed Sixes Team	NMY	18 years and older	R	September 7	October 19	\$150	\$150
Relaxed Co-ed Quads Team	NMY	18 years and older	R	September 7	October 19	\$100	\$100
Adult Sixes Free Agent	NMY	18 years and older	R	September 7	October 19	\$25	\$25
Adult Quads Free Agent	NMY	18 years and older	R	September 7	October 19	\$25	\$25