



# TEACHING TEAMWORK

Baseball, soccer, volleyball, flag football, basketball—check out the sports offerings at your Y and get in the game. Improve your skills, make new friends, be active with other kids and learn to love a sport at the Y.



## SPORTS

UPDATED ON: OCTOBER 18, 2018

### STAFF CONTACTS

APY – Colin Specht Sports & Recreation Director P 954.7620 E [cspecht@ymcafoxcities.org](mailto:cspecht@ymcafoxcities.org)  
FWY - Kevin Jakubek Sports & Recreation Director P 560.3414 E [kjakubek@ymcafoxcities.org](mailto:kjakubek@ymcafoxcities.org)  
HVY – Randi Thurs Sports & Recreation Director P 920.830.5709 E [rthurs@ymcafoxcities.org](mailto:rthurs@ymcafoxcities.org)  
NMY - Randy Pelischek Sports & Recreation Director P 886.2104 E [rpelischek@ymcafoxcities.org](mailto:rpelischek@ymcafoxcities.org)

### PRESCHOOL

#### PARENT CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, HVY)

Perfect class for first time participants! Parents join your child while learning basic fundamental skills of a new sport each week. Classes will consist of skill development, participation, development of teamwork, fun and quality time with child. Sports include: Soccer, Basketball, T-Ball, Floor Hockey, Flag Football and Playground games.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent Child All Sports	APY	3-4 years	M	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports	APY	3-4 years	W	5:45 PM	6:30 PM	\$34	\$49
Parent Child All Sports	FWY	3-4 years	W	5:30 PM	6:15 PM	\$34	\$49
Parent Child All Sports	HVY	3-4 years	M	5:00 PM	5:45 PM	\$34	\$49

### YOUTH

#### SPORTS SAMPLER (AGES 4-6 YEARS) (FWY, HVY, NMY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include: Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. \*A minimum of 5 children are needed to run the class.\*

#### LITTLE SPORTS CLASSES (AGES 4-6 YEARS) (APY, FWY, NMY)

Learn the basics of the sport. Players participate in drills to improve and learn offensive and defensive skills, and also participate in scrimmage games. Everyone plays in this instructional class that emphasizes fun and participation. Programs include **Little Rushers Football, Little Kickers Soccer, Little Hoopsters Basketball, Little Goalies Hockey, Little Sluggers T-ball and Little Smashers Tennis.**

#### 4K SPORTS EXPERIENCE (AGES 4-5 YEARS) (APY, FWY)

This one hour experience will give your child the ability to burn off some excess energy and learn about a sport while playing some fun games. Each week we will focus on skill development, participation and teamwork. The following sports will be included: soccer, baseball, football, basketball, floor hockey and tennis.

#### TUMBLE SPORTS (AGES 4-6 YEARS) (HVY)

The perfect mix of sports in the gym and fun in the gymnastics center. Spend the first 35-minutes in the gym playing and learning a new sport each week, followed by instruction and fun time in the gymnastics center!

**Fall Session 1: September 10-October 28, 2018**

**Fall Session 2: October 29-December 23, 2018 (No Classes November 19-25)**

This is a working document and is subject to change.

**JR. G.A.T.O.R.S. (AGES 4-6 YEARS) (NMY)**

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited. \*A minimum of 6 children are needed to run the class.\*

**FENCING (AGES 5-11, 12-16) (APY)**

Learn a sport that spans centuries – fencing is the ultimate cross-training program that conditions the body and develops balanced coordination. Youth learn to dodge, parry and thrust in this exciting sport that keeps growing in popularity. Learn proper form, technique and etiquette in this methodical yet fast-paced sport. Class is instructed by Steve Amich, former Lawrence University coach for 30+ years and Gold Medal competitor. All equipment is provided.

**AFTER SCHOOL GAMES (AGES 4-6 & 7-10 YEARS) (FWY)**

Participants will actively participate in a variety of games and other activities, learn rules and skills, and have fun!

**G.A.T.O.R.S. (AGES 7-10 YEARS) (NMY)**

(Games, Activities, Tag, Obstacles, Relays, & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun! Participants must sign up, as enrollment is limited.

**JEDI TRAINING (FWY)**

Class is a great mix of fitness, sports and imagination. Each week, participants will focus on different training methods of the Jedi from Yoda to Luke and more.

**YOUTH KICKBALL (NMY)**

Each week, with the participants that show up players will be split into teams of 2 to play kickball. Score will be kept. Teams playing in the infield will be allowed 3 outs, then teams will switch from infield to outfield. Participants will actively participate, learn rules and skills and have fun. This class will be held at Horace Mann Middle School. If weather doesn't cooperate, the class will be held inside for the day at the Y.

**GAGA BALL (NMY)**

Gaga Ball is an elimination game played inside of an octagon shaped play area. Players use their hands to hit the ball at the other player's knee or below. If a player gets hit knee or below they are out for the round. The last player left, is the winner for the round. This class will be held at Horace Mann Middle School. If weather doesn't cooperate, the class will be held inside for the day at the Y.

**NERF CHALLENGE & DODGEBALL (AGES 7-12 YEARS) (APY, NMY)**

Similar to paintball, instead of paint, participants will play games with Nerf darts. Obstacles, teamwork and various games like capture the flag, will insure a great time. Participants must wear eye protection and provide their own nerf equipment. Games of dodgeball will also be thrown in the mixture of fun.

**SPORTS SKILLS (FWY)**

Work on improving your skills in a specific sport. Each week will be geared toward drills to improve the fundamentals of each child in that sport. This is a great class to supplement our youth leagues.

**ARCHERY 101 (AGES 8-16) (ACY)**

Learn the basics of archery in this class including the '11 steps to becoming a successful archer.' Class follows the National Archery in Schools Program (NASP) guidelines. All equipment is provided. Class will be held outdoors.

**ADVANCED ARCHERY (AGES 8-16 YEARS) (ACY)**

This class is designed for experienced archers. Archery 101 is a prerequisite. Various targets are used, and archers progress at a faster pace to new challenges. Equipment is provided by the Y, however, personal bows are encouraged. Class is held outdoors.

**Fall Session 1: September 10-October 28, 2018**

**Fall Session 2: October 29-December 23, 2018 (No Classes November 19-25)**

*This is a working document and is subject to change.*

### **YPE (AGES 5-12 YEARS) (APY, FWY)**

This is the Y's version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements, and develop an understanding of why it is important to stay active.

### **3 ON 3 BASKETBALL (AGES 8-11 YEARS) (NMY)**

Each week, with the participants that show up players will be split into teams of 3. Teams will play two 18 minute running clock games (two 9 minute halves). 4 minute warm up and 4 minute half time. The Y will provide refs. Everyone will play in this class that emphasizes teamwork, skill development and fun. \*A minimum of 8 players are needed to run the class.\*

### **AFTER SCHOOL INTRAMURALS (GRADES 5-8) (HVY)**

This league will give youth grades 5 through 8 the opportunity to play and learn unique sports while having fun after school. This is a great way for youth to stay active throughout the year and spend time with their friends at the YMCA. Every week players will be divided on to different teams and play organized games. At the end of each session points will be awarded for each time a player was on a winning team. Sports that will be played include, dodgeball, kickball, floor hockey, ultimate Frisbee, and basketball. League will take place on Thursdays and players can sign up for by semester or per day.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
After School Games	FWY	4-6 years	T	4:30 PM	5:15 PM	\$28	\$39
Jr. G.A.T.O.R.S. - Session 2	NMY	4-6 years	T	4:15 PM	5:00 PM	\$28	\$39
4K Sports Experience	APY	4-6 years	T	11:15 AM	12:15 PM	\$28	\$39
4K Sports Experience	FWY	4-6 years	T	11:15 AM	12:15 PM	\$28	\$39
Little Hoopsters Basketball	APY	4-6 years	TH	4:30 PM	5:30 PM	\$34	\$49
Little Hoopsters Basketball - Session 2	FWY	4-6 years	M	5:30 PM	6:15 PM	\$28	\$39
Little Hoopsters Basketball - Session 1	NMY	4-6 years	TH	5:15 PM	6:00 PM	\$28	\$39
Little Kickers Soccer - Session 2	FWY	4-6 years	W	5:30 PM	6:15 PM	\$28	\$39
Little Kickers Soccer	APY	4-6 years	M	4:30 PM	5:30 PM	\$34	\$49
Little Kickers Soccer - Session 2	NMY	4-6 years	TH	4:15 PM	5:00 PM	\$28	\$39
Little Sluggers & Little Rushers - Session 2	NMY	4-6 years	T	5:15 PM	6:00 PM	\$28	\$39
Little Rushers/Sluggers - Session 1	APY	4-6 years	W	4:30 PM	5:30 PM	\$34	\$49
Little Rushers/Goalies - Session 2	APY	4-6 years	W	4:30 PM	5:30 PM	\$34	\$49
Sports Sampler	FWY	4-6 years	M	4:30 PM	5:15 PM	\$28	\$39
Sports Sampler	FWY	4-6 years	W	4:30 PM	5:15 PM	\$28	\$39
Sports Sampler	HVY	4-6 years	M	6:00 PM	6:45 PM	\$28	\$39
Sports Sampler	HVY	4-6 years	F	9:30 AM	10:15 AM	\$28	\$39
Sports Sampler - Session 2	NMY	4-6 years	TH	5:15 PM	6:00 PM	\$28	\$39
Tumble Sports - Session 2	HVY	4-6 years	W	1:15 PM	2:30 PM	\$37	\$53
Jedi Training	FWY	4-6 years	TH	4:30 PM	5:15 PM	\$28	\$39
Fencing - Beginner	APY	5-11 years	T	5:30 PM	6:15 PM	\$25	\$32
Fencing - Beginner	APY	5-11 years	TH	5:30 PM	6:15 PM	\$25	\$32
YPE	APY	5-12 years	W	12:30 PM	1:30 PM	\$28	\$42
YPE	FWY	5-6 years	M	12:30 PM	1:30 PM	\$28	\$42

**Fall Session 1: September 10-October 28, 2018**

**Fall Session 2: October 29-December 23, 2018 (No Classes November 19-25)**

This is a working document and is subject to change.

YPE	FWY	7-9 years	M	1:30 PM	2:30 PM	\$28	\$42
Kickball – Session 1	NMY	7-10 years	W	4:15 PM	5:00 PM	\$25	\$35
G.A.T.O.R.S – Session 2	NMY	7-10 years	W	4:15 PM	5:00 PM	FREE	\$20
Jedi Training	FWY	7-10 years	TH	5:30 PM	6:15 PM	\$28	\$39
NERF Challenge & Dodgeball	APY	7-12 years	W	6:30 PM	7:45 PM	\$28	\$39
After School Games	FWY	7-10 years	T	5:30 PM	6:15 PM	\$28	\$38
NERF Challenge & Dodgeball Session 2	NMY	7-10 years	W	5:15 PM	6:00 PM	\$25	\$35
Sports Skills – Basketball – Session 2	FWY	Grades 1-2	TH	5:30 PM	6:30 PM	\$20	\$40
Sports Skills – Soccer – Session 1	FWY	Grades 1-2	TH	5:30 PM	6:30 PM	\$20	\$40
Gaga Ball – Session 1	NMY	7-10 years	W	5:15 PM	6:00 PM	\$25	\$35
Youth Dodgeball - Session 2	FWY	7-10 years	M	6:30 PM	7:15 PM	\$15	\$25
Advanced Archery - Session 1	ACY	8-16 years	MW	4:30 PM	5:15 PM	\$44	\$65
Archery 101- Session 1	ACY	8-16 years	MW	4:30 PM	5:15 PM	\$44	\$65
Jr Racquetball Lessons	APY	8-16 years	TH	4:00 PM	4:45 PM	\$28	\$39
Jr Racquetball League	APY	8-16 years	TH	4:45 PM	5:30 PM	\$28	\$39
3 on 3 Basketball – Session 1	NMY	8-9 years	T	4:15 PM	5:00 PM	\$25	\$35
3 on 3 Basketball – Session 1	NMY	10-11 years	T	5:15 PM	6:00 PM	\$25	\$35
Youth Dodgeball - Session 2	FWY	11-14 years	M	7:30 PM	8:15 PM	\$15	\$25
Fencing – Intermediate	APY	12-16 years	T/TH	6:30 PM	7:30 PM	\$45	\$60
Holiday Basketball Camp - December 26-27	NMY	Grades 1-2	WTH	9:00 AM	11:00 AM	\$25	\$37
Holiday Basketball Camp - December 26-27	NMY	Grades 3-4	WTH	1:00 PM	3:00 PM	\$25	\$37
After School Intramurals - September 13 – December 13	HVY	Grades 5-8	TH	3:30 PM	4:30 PM	\$40	\$52

## YOUTH SPORTS LEAGUES

**Fall Session 1: September 10-October 28, 2018**

**Fall Session 2: October 29-December 23, 2018**

**(No Classes November 19-25)**

This is a working document and is subject to change.

YMCA of the Fox Cities Family Memberships pays only a \$12 uniform fee for value-added Youth Sports Leagues. Youth Sports League times will be determined based on the grade level and number of participants. You will be notified by a coach prior to the first game. Contact your branch Sports and Recreation Department for more information.

**FALL FLAG FOOTBALL LEAGUE (GRADES 4K-8) – SEPTEMBER 8-OCTOBER 27. REGISTRATION JUNE 11 – AUGUST 24.** The Appleton YMCA and Neenah-Menasha YMCA will play some inter Y games for the Grades 6-8 league with home and away games.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Flag Football	APY	Grades 4K-5K	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	APY	Grade 1	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	APY	Grade 2	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	APY	Grade 3	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	APY	Grade 4	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	APY	Grade 5	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	APY	Grade 6	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	APY	Grade 7-8	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	FWY	Grades 4K-5K	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	FWY	Grades 1-2	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	FWY	Grades 3-4	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	FWY	Grades 5-6	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	HVY	Grades 4K-5K	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	HVY	Grade 1	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	HVY	Grade 2	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	HVY	Grade 3	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	HVY	Grade 4	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	HVY	Grade 5-6	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	NMY	Grades 4K-5K	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	NMY	Grades 1-2	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	NMY	Grades 3-4	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	NMY	Grade 5	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	NMY	Grades 6	SAT	September 8	October 27	\$12	\$44	\$71
Youth Flag Football	NMY	Grades 7-8	SAT	September 8	October 27	\$12	\$44	\$71

**Fall Session 1: September 10-October 28, 2018**

**Fall Session 2: October 29-December 23, 2018 (No Classes November 19-25)**

This is a working document and is subject to change.

**FALL OUTDOOR SOCCER LEAGUE (FWY) - SEPTEMBER 4-OCTOBER 15. REGISTRATION JUNE 11-AUGUST 12. Grades 5-6 & 7-8 will practice once during the week and play their games on Saturday mornings.**

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Fall Soccer	FWY	Grade 4K-5K	T	September 4	October 9	\$33	\$33	\$49
Fall Soccer	FWY	Grade 1-2	TH	September 6	October 11	\$33	\$33	\$49
Fall Soccer	FWY	Grade 3-4	TH	September 6	October 11	\$33	\$33	\$49
Fall Soccer	FWY	Grade 5-6	SAT	September 4	October 11	\$33	\$33	\$49
Fall Soccer	FWY	Grade 7-8	SAT	September 4	October 11	\$33	\$33	\$49

**FALL OUTDOOR SOCCER LEAGUE (HVY) - SEPTEMBER 4-OCTOBER 15. REGISTRATION JUNE 11-AUGUST 12. GAMES PLAYED AT THE HEART OF THE VALLEY YMCA.**

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Fall Soccer	HVY	Grade 4K	W	4:00 PM	5:00 PM	\$33	\$33	\$49
Fall Soccer	HVY	Grade 5K	W	5:15 PM	6:15 PM	\$33	\$33	\$49
Fall Soccer	HVY	Grade 1-2	T	5:00 PM	6:00 PM	\$33	\$33	\$49
Fall Soccer	HVY	Grade 3-4	TH	5:00 PM	6:00 PM	\$33	\$33	\$49

**FALL CROSS COUNTRY PROGRAM (ACY) - SEPTEMBER 8-OCTOBER 27. REGISTRATION JUNE 11-AUGUST 31. Contact APY Sports & Recreation Department for more information.**

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Cross Country	ACY	Grade 5K-2	SAT	September 8	October 27	\$12	\$25	\$45
Cross Country	ACY	Grade 3-6	SAT	September 8	October 27	\$12	\$25	\$45

**YOUTH COED VOLLEYBALL LEAGUE: SKILLS AND DRILLS (APY) - SEPTEMBER 8-OCTOBER 20 (APY will end on October 27 as they will not meet on September 29). REGISTRATION JUNE 11-AUGUST 26.** This program is an excellent program for all beginners and intermediate players. Players will learn a new skill each week which will consist of serving, passing, setting, spiking and blocking. This league will focus more on the skills rather than playing the game.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Skills and Drills Volleyball	APY	Grade 2-4	SAT	September 8	October 27	\$12	\$39	\$61
Skills and Drills Volleyball	APY	Grade 5-6	SAT	September 8	October 27	\$12	\$39	\$61
Skills and Drills Volleyball	FWY	Grade 2-3	SAT	September 8	October 20	\$12	\$39	\$61
Skills and Drills Volleyball	FWY	Grade 4-6	SAT	September 8	October 20	\$12	\$39	\$61
Skills and Drills Volleyball	HVY	Grade 2	SAT	September 8	October 20	\$12	\$39	\$61
Skills and Drills Volleyball	HVY	Grade 3	SAT	September 8	October 20	\$12	\$39	\$61
Skills and Drills Volleyball	HVY	Grade 4	SAT	September 8	October 20	\$12	\$39	\$61
Skills and Drills Volleyball	HVY	Grade 5-6	SAT	September 8	October 20	\$12	\$39	\$61
Skills and Drills Volleyball	NMY	Grade 3-4	SAT	September 8	October 20	\$12	\$39	\$61
Skills and Drills Volleyball	NMY	Grade 5-6	SAT	September 8	October 20	\$12	\$39	\$61

**YOUTH BASKETBALL LEAGUES - DECEMBER 1, 2018-FEBRUARY 16, 2019 FOR GRADES 2-4. DECEMBER 15, 2018-FEBRUARY 16, 2019. FOR GRADES 4K, 5K & GR 1. REGISTRATION SEPTEMBER 10-NOVEMBER 11.** Grades 2-4 will have 3 weeks of practice on Saturdays, December 1, 8 & 15 and then have 7 weeks of practices/games from January 5-February 16, 2019. Grades 4K, 5K & Gr. 1 will have a basketball skills clinic on December 15 (December 29 at FWY), a team practice on January 5 and then have 6 weeks of practices/games from January 12-February 16, 2019.  
**League does not meet December 22 & 29, 2018.**

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Coed Basketball	APY	Grade 4K	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	APY	Grade 5K	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	APY	Grade 1	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	APY	Grade 2	SAT	December 1	February 16	\$12	\$44	\$71
Youth Coed Basketball	FWY	Grade 4K	SAT	December 29	February 16	\$12	\$44	\$71
Youth Coed Basketball	FWY	Grade 5K	SAT	December 29	February 16	\$12	\$44	\$71
Youth Coed Basketball	FWY	Grades 1	SAT	December 29	February 16	\$12	\$44	\$71
Youth Coed Basketball	FWY	Grades 2	SAT	December 1	February 16	\$12	\$44	\$71
Youth Coed Basketball	FWY	Grades 3	SAT	December 1	February 16	\$12	\$44	\$71
Youth Coed Basketball	FWY	Grades 4	SAT	December 1	February 16	\$12	\$44	\$71

**Fall Session 1: September 10-October 28, 2018**

**Fall Session 2: October 29-December 23, 2018 (No Classes November 19-25)**

This is a working document and is subject to change.

Youth Coed Basketball	HVY	Grade 4K	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	HVY	Grade 5K	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	HVY	Grade 1	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	HVY	Grade 2	SAT	December 1	February 16	\$12	\$44	\$71
Youth Boys Basketball	HVY	Grade 3-4	SAT	December 1	February 16	\$12	\$44	\$71
Youth Girls Basketball	HVY	Grade 3-4	SAT	December 1	February 16	\$12	\$44	\$71
Youth Coed Basketball	NMY	Grade 4K	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	NMY	Grade 5K	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	NMY	Grade 1	SAT	December 15	February 16	\$12	\$44	\$71
Youth Coed Basketball	NMY	Grade 2	SAT	December 1	February 16	\$12	\$44	\$71

**JUNIOR Y-BALL BASKETBALL LEAGUE GRADES 3-4 & GRADES 5-6 (APY & NMY) - DECEMBER 1, 2018-FEBRUARY 16, 2019. REGISTRATION SEPTEMBER 10-NOVEMBER 11.** This is a fun and competitive league! Teams from Appleton YMCA and Neenah Menasha YMCA will play each other with home and away games. Teams will have 3 weeks of practice (1.5 hours each) on Saturdays, December 1, 8 & 15 at their respective Y's and then continue to practice once each week at their respective Y, on a week night, during January and February before they play their next game. Games will run on Saturdays for 7 weeks from January 5-February 16, 2019. Each team will have 4 practices under their belt before their first game and continue to practice throughout the season, so they can compete at a higher level for their league games. One patched ref and one HS ref will be used, plus scores and standings will be kept. Players will still have equal playing time! League does not meet on December 22 & 29, 2018.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Junior Y-BALL Girls	APY	Grade 3-4	SAT	December 1	February 16	\$25	\$50	\$75
Junior Y-BALL Boys	APY	Grade 3-4	SAT	December 1	February 16	\$25	\$50	\$75
Junior Y-BALL Girls	APY	Grade 5-6	SAT	December 1	February 16	\$25	\$50	\$75
Junior Y-BALL Boys	APY	Grade 5-6	SAT	December 1	February 16	\$25	\$50	\$75
Junior Y-BALL Girls	NMY	Grade 3-4	SAT	December 1	February 16	\$25	\$50	\$75
Junior Y-BALL Boys	NMY	Grade 3-4	SAT	December 1	February 16	\$25	\$50	\$75
Junior Y-BALL Girls	NMY	Grade 5-6	SAT	December 1	February 16	\$25	\$50	\$75
Junior Y-BALL Boys	NMY	Grade 5-6	SAT	December 1	February 16	\$25	\$50	\$75



**BOYS Y-BALL BASKETBALL LEAGUE (NMY) - JANUARY 12-MARCH 2. REGISTRATION OCTOBER 15-DECEMBER 16.** This is the old Boys YNBA League! Teams will practice once per week on a week night starting the week of January 2<sup>nd</sup>. Games will be Saturdays, January 12-March 2, 2018 at Shattuck Middle School in Neenah. High School teams will have team captains and Grades 7-9 will have parent coaches. Players will still have equal playing time!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Boys Y-BALL	NMY	Grade 7-9	SAT	January 12	March 2	\$50	\$75
Boys Y-BALL	NMY	Grade 10-12	SAT	January 12	March 2	\$50	\$75

**YOUTH COED VOLLEYBALL: DEVELOPING SKILLS OF THE GAME – October 27-December 14. REGISTRATION August 27-October 14.** This program will continue to develop the basic fundamentals learned in the skills and drills league (September-October), as well as more advanced strategies related to game like situations and overall to become more successful, more confident and continue to enjoy the game of Volleyball at a young age. Players who didn't participate in the Skills and Drills League are required to attend a one day training to learn the basic fundamentals that were taught. It will be on Thursday, October 25 from 5:30-7:00 PM at the Neenah-Menasha YMCA. The season will begin on Saturday, October 27 and will give players an opportunity to meet other players as well as the coaches. Following the practice will be a short parent meeting. Grades 3-4 will be 8:30-10:00 AM and Grades 5-6 will be 10:30 AM-12:00 PM at the Appleton YMCA. After October 27, all teams will practice one night a week at the location in which you sign up for as listed below. There will be no practices the week of November 18. To end the season we will have a Family Fun Night on Friday, December 14 at the Appleton YMCA. All teams from the respective Y will come together for a tournament to end the season, 5:00-9:00 PM. Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Developing Skills of the Game	APY	Grade 3-4	W	October 27	December 14	\$44	\$71
Developing Skills of the Game	APY	Grade 5-6	W	October 27	December 14	\$44	\$71
Developing Skills of the Game	FWY	Grade 3-4	T	October 27	December 14	\$44	\$71
Developing Skills of the Game	FWY	Grade 5-6	T	October 27	December 14	\$44	\$71
Developing Skills of the Game	HVY	Grade 3-4	SUN	October 27	December 14	\$44	\$71
Developing Skills of the Game	HVY	Grade 5-6	SUN	October 27	December 14	\$44	\$71
Developing Skills of the Game	NMY	Grade 3-4	TH	October 27	December 14	\$44	\$71
Developing Skills of the Game	NMY	Grade 5-6	TH	October 27	December 14	\$44	\$71

**Fall Session 1: September 10-October 28, 2018**

**Fall Session 2: October 29-December 23, 2018 (No Classes November 19-25)**

This is a working document and is subject to change.

## ADULTS

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fall Racquetball Leagues - Various Times and Days - Sept - December	APY	18 years and older	MT			\$20	\$40
Open Badminton	APY	18 years and older	MTWTHF	TBD	TBD	FREE	\$5/time
Open Pickleball	APY	18 years and older	MTWTHF	8:00 AM	11:00 AM	FREE	\$5/time
Open Pickleball - Beginner	FWY	18 years and older	MW	10:00 AM	NOON	FREE	\$5/time
Open Pickleball	FWY	18 years and older	TTH	10:00 AM	NOON	FREE	\$5/time
Open Pickleball	HVY	18 years and older	MTWTHF	11:00 AM	1:00 PM	FREE	\$5/time
Open Pickleball	NMY	18 years and older	TW	11:00 AM	1:00 PM	FREE	\$5/time
Open Volleyball	APY	18 years and older	F	7:00 PM	9:45 PM	FREE	\$5/time
Open Volleyball	FWY	18 years and older	W	7:00 PM	9:00 PM	FREE	\$5/time
Open Volleyball	NMY	18 years and older	T	7:00 PM	9:00 PM	FREE	\$5/time
Adult Basketball League - Free Agent	APY	18 years and older	SUN	6:00 PM	9:00 PM		

### FALL 1 ADULT CO-ED VOLLEYBALL LEAGUE (NMY) - SEPTEMBER 6-OCTOBER 18.

**REGISTRATION JULY 2-AUGUST 26.** Sign up as a team or sign up as a free agent and the Y will then place you on the team of all the free agents that sign up. Co-ed Sixes and Co-ed Quads will play between 7:00-9:00 PM. If we have an odd number of teams register, teams will have 1-2 weeks where they play a double header from 8:00-9:00 PM with their first game from 7:00-8:00 PM. Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Co-ed Sixes Team	NMY	16 years and older	TH	September 6	October 19	\$150	\$150
Co-ed Quads Team	NMY	16 years and older	TH	September 6	October 19	\$100	\$100
Adult Sixes Free Agent	NMY	16 years and older	TH	September 6	October 18	\$25	\$25
Adult Quads Free Agent	NMY	16 years and older	TH	September 6	October 18	\$25	\$25

**FALL 2 ADULT VOLLEYBALL LEAGUE (NMY) –OCTOBER 25-DECEMBER 13. REGISTRATION SEPTEMBER 10-OCTOBER 14.** Sign up as a team or sign up as a free agent and the Y will then place you on a team of all free agents that sign up. Co-ed Sixes and Co-ed Quads will play between 7:15-9:15 PM. If we have an odd number of teams register, teams will have 1-2 weeks where they play a double header from 8:15-9:15 PM with their first game from 7:15-8:15 PM. Contact Tara Lohff 920.886.2103 at the Neenah-Menasha YMCA for more information.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Co-ed Sixes Team	NMY	16 years and older	TH	October 25	December 13	\$150	\$150
Co-ed Quads Team	NMY	16 years and older	TH	October 25	December 13	\$100	\$100
Adult Sixes Free Agent	NMY	16 years and older	TH	October 25	December 13	\$25	\$25
Adult Quads Free Agent	NMY	16 years and older	TH	October 25	December 13	\$25	\$25