



FUN AND GAMES

At the Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success. Most importantly, children learn how to be their best selves. That's why Growth & Development programs at the Y focus on children learning how to be their best selves through the Y values of caring, honesty, respect and responsibility.



GROWTH & DEVELOPMENT

Updated: October 3, 2016

STAFF CONTACTS

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PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian or grandparent to accompany each child in class. For additional nature related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

SCRIBBLES AND DRIBBLES (AGES 1-3 YEARS WITH PARENT/CAREGIVER) (APY)

Glitter, glue, painting, collage, play clay? We do it all. The class ends on a musical note with singing, music and movement. This multi-media experience is not to be missed. Parental participation is required. Class is very child and parent directed based on the child's interest.

TINY EXPLORERS (18-30 MONTHS WITH PARENT) (HVY, NMY)

Children will move between fun stations that focus on fine & large motor skills, social & emotional development along with learning center skills to help with language development & self-help during a 7-week program. This class is recommended for children that are not ready for an independent class. Active participation by parent/caregiver is required.

TINY TOTS (AGES 1-3 YEARS WITH PARENT) (APY)

Different activities will be introduced each week to enjoy and develop physical and social skills, while you both enjoy interacting with other parents and tots.

TUMBLE BUGS (PARENT/CHILD CLASS-WALKING-AGE 2 YEARS) (FWY)

During the class, the parent works with the developing child through activities designed to improve balance, strength, large muscle development, gross and fine motor skills, as well as hand eye coordination. Class also involves songs and social play. Must be accompanied by an adult.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor time with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Scribbles & Dribbles	APY	1-3 years	F	9:00 AM	10:00 AM	\$28	\$46
Tiny Explores - NEW	NMY	18-30 months	W	10:45 AM	11:45 AM	\$28	\$46
Tiny Explorers	HVY	18-30 months	T	10:15 AM	11:00 AM	\$23	\$41
Tiny Tots	APY	1-3 years	T	10:15 AM	11:00 AM	\$23	\$41
Tumble Bugs - NEW	FWY	1-2 years	F	9:00 AM	9:45 AM	\$23	\$41
Wonderbug Discoveries	ACY	18 months-3 years	T	9:30 AM	10:30 AM	\$28	\$46

Fall Session 1: September 6-October 23, 2016
 Fall Session 2: October 24-December 18, 2016

(Monday classes prorated for Labor Day)
 (No Classes November 21-27, 2016)

This is a working document and is subject to change.

CHILD WITHOUT PARENT CLASSES AGES 1½-3 YEARS

JUST FOR TWO'S (AGE 2 YEARS) (APY, FWY HVY)

We know toddlers like being together. This is a class where first friends are made. We will play, create and develop together!

LET'S GET MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to move, play and learn. This large group class does just that. Class is structured around independent and group activities in the gym. To participate, your child must be an independent walker.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just For Twos	APY	2 years	M	10:45 AM	11:30 AM	\$28	\$46
Just For Twos	FWY	2 years	W	10:30 AM	11:15 AM	\$28	\$46
Just For Twos	HVY	2 years	M	9:00 AM	9:45 AM	\$28	\$46
Just For Twos	HVY	2 years	T	9:00 AM	9:45 AM	\$28	\$46
Just For Twos	HVY	2 years	R	9:00 AM	9:45 AM	\$28	\$46
Let's Get Movin'	NMY	18 months-3 years	TR	9:30 AM	10:30 AM	\$53	\$71

AGES 2-3 YEARS

ART THROUGH STORIES (AGES 2-3 YEARS) (HVY)

Explore various art mediums while creating art projects based on stories that will teach and spark imagination in your child. Your child may get dirty while creating masterpieces so please dress accordingly.

BEYOND PLAY (AGES 2-3 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

BUSY BEES (AGES 2-3 YEARS) (HVY)

Children will be busy buzzing around activities that include stories, songs and art projects that encourage creativity.

CARS, TRUCKS AND ANYTHING THAT GOES (AGES 2-3 YEARS) (APY)

Enjoy the world of trains, planes, and automobiles through art, stories, and much more.

MONKEY TALES (AGES 2-3 YEARS) (NMY)

It's a mash-up! We're taking stories, activities and games to a whole new and fun experience in the gym.

SOCIAL BUGS (AGES 2-3 YEARS) (APY)

Stories, art activities, rhythm movement, playtime and lots of fun!

TODDLER GYM (AGES 2-3 YEARS) (NMY) NEW

Toddlers are always on the go! In Toddler Gym they'll get to use their energy in fun and lively activities, designed just for them.

WATCH ME GO (AGES 2-3 YEARS) (HVY)

A new class for 2-3 year olds ready for a little more independence. Take pride in completing your own artwork, develop fine motor skills and practice listening skills. Don't worry mom, just watch me GO! Recommend previous Just for Two's class or successful Kids Corner experience.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Art Through Stories	HVY	2-3 years	R	10:00 AM	11:00 AM	\$33	\$51
Beyond Play	NMY	2-3 years	MW	9:00 AM	10:30 AM	\$68	\$86
Busy Bees	HVY	2-3 years	F	9:00 AM	10:15 AM	\$38	\$56

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Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Busy Bees	HVY	2-3 years	W	5:15 PM	6:15 PM	\$33	\$51
Cars, Trucks & Anything That Goes	APY	2-3 years	M	9:00 AM	10:30 AM	\$43	\$61
Monkey Tales	NMY	2-3 years	M	10:00 AM	10:30 AM	\$23	\$41
Social Bugs	APY	2-3 years	W	10:45 AM	11:45 PM	\$33	\$51
Toddler Gym - NEW	NMY	2-3 years	W	9:00 AM	9:45 AM	\$28	\$46
Watch Me GO!	HVY	2-3 years	W	9:00 AM	10:00 AM	\$33	\$51

AGES 2½-3 YEARS

1, 2, 3 ABC (AGES 2½-3 YEARS) (HVY)

Who knew learning about numbers and letters could be so FUN. This is a great beginner class where children explore letters and numbers.

JR. FITNESS (AGES 2½-3 YEARS) (HVY)

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength and body control.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
1, 2, 3 ABC	HVY	2½-3 years	M	10:45 AM	11:45 PM	\$33	\$51
Jr. Fitness	HVY	2½-3 years	T	9:15 AM	10:00 AM	\$28	\$46

AGES 2-4 YEARS

1, 2, 3 COLOR WITH ME! (AGES 2-4 YEARS) (ACY) NEW

Count, create, and color with stories, songs and art.

ABC's and 123's (AGES 2-4 YEARS) (ACY) NEW

Fun with letters and numbers. Play games, sing songs, enjoy books, and create art all while learning your letters and numbers.

ANIMAL EXPLORERS (AGES 2-4 YEARS) (APY)

Roar, squeak, and quack your way to fun. Explore animals in all their glory through socialization, laughter, games and more.

ANIMALS ON PARADE (AGES 2-4 YEARS) (FWY) NEW

Lions, Tigers, and Bears oh my! Birds, snakes and turtles too! Learn all about a new animal friend each week through song, craft and storytelling.

ART CLUB (AGES 2-4 YEARS) (APY)

Enjoy arts and crafts of all kinds as well as giggling and playing with other children. Class will also include songs and games based on a certain theme.

COLOR MY WORLD (AGES 2-4 YEARS) (ACY)

Explore the colors of your environment while having fun with friends and learning social skills.

COUNTDOWN TO FUN (AGES 2-4 YEARS) (ACY)

Fun with a focus on numbers! Enjoy the season and all its wonders while learning numbers and exploring the changes of the season.

HARVEST HELPERS (AGES 2-4 YEARS) (FWY)

We will be using our imagination and creativity to learn about the world around us during the fall season.

KIDS ON CANVAS (AGES 2-4 YEARS) (APY)

Children will create their own masterpieces using a wide range of art materials. Children develop important readiness skills, such as, fine motor, ability to listen and follow directions, cognitive skills, language and more in an environment that develops individual creativity.

LEARNING WITH MICKEY AND FRIENDS (AGES 2-4 YEARS) (FWY)

Join in on the Disney adventure of learning colors, shapes, and numbers with a different Disney character each week.

SHAKE RATTLE AND ROLL (AGES 2-4 YEARS) (FWY)

What could be more fun than dancing to music? This class will get children moving and grooving to music while learning about different instruments and even making them.

SIMPLE SNACKTIME (AGES 2-4 YEARS) (APY)

Children will explore the world of cooking basic snacks. Taste testing a must! There will be an emphasis on table manners and social interaction. Please contact the YMCA with any allergy concerns.

YOUNG EXPLORERS (AGES 2-4) (ACY)

We will use our senses to discover and investigate the wonderful sounds, colors, shapes, smells and textures of the natural world. We will incorporate outdoor exploration time, storybooks, songs, games and crafts. Each week will focus on a different topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
1, 2, 3 Color with Me NEW	ACY	2-4 years	W	9:00 AM	11:00 AM	\$53	\$71
ABC's and 123's NEW	ACY	2-4 years	R	9:00 AM	12:00 AM	\$68	\$86
Animal Explorers	APY	2-4 years	T	9:00 AM	10:30 AM	\$43	\$61
Animals On Parade - NEW	FWY	2-4 years	M	8:45 AM	10:15 AM	\$43	\$61
Art Club	APY	2-4 years	R	9:00 AM	10:30 AM	\$43	\$61
Color My World	ACY	2-4 years	F	9:00 AM	11:00 AM	\$53	\$71
Countdown to Fun	ACY	2-4 years	T	9:00 AM	12:00 AM	\$68	\$86
Harvest Helpers	FWY	2-4 years	R	9:00 AM	10:00 AM	\$33	\$51
Kids On Canvas	APY	2-4 years	F	9:00 AM	10:30 AM	\$43	\$61
Learning with Mickey & Friends	FWY	2-4 years	T	8:30 AM	10:30 AM	\$53	\$71
Shake Rattle and Roll	FWY	2-4 Years	R	10:00 AM	11:00 AM	\$33	\$51
Simple Snacktime	APY	2-4 years	W	9:00 AM	10:30 AM	\$43	\$61
Young Explorers	ACY	2-4 years	R	12:30 PM	2:00 PM	\$43	\$61

AGES 3-4 YEARS

FUN FOR THREE'S AND FOUR'S (AGES 3-4 YEARS) (NMY) NEW

FUN, upbeat learning just for your 3 or 4 year old! Foundational skills are reinforced through fun and games in the gym.

HAPPY HOLI-DOODLES (AGES 3-4 YEARS) (HVY) NEW

Let's get ready for the change in seasons starting with fall and making Halloween fun. We'll wear our costumes to class and make a Trick or Treat bag to use later in the week. We'll make a center piece for the Holiday table and decorations for our room and "Did I Ever Tell You How Lucky You Are?" is our lead up to Thanksgiving and Christmas session 2. We will make special gifts for mom and dad and wrap them for Christmas. Show and Tell day is the last day of class and parents are invited into the classroom the last 15 minutes of class.

JUST FOR THREE'S & FOUR'S BUMBLE BEE FITNESS-(AGES 3-4 YEARS) (HVY) NEW

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength and body control. This class meets in the gym.

JUST FOR THREE'S & FOUR'S - 1 DAY A WEEK (AGES 3-4 YEARS) (HVY)

Help get your 3 & 4 year olds Pre-School ready! Please do not sign up for this class if you are already in the 2 day a week class.

JUST FOR THREE'S & FOUR'S - 2 DAYS A WEEK (AGES 3-4 YEARS) (HVY)

Help get your 3 & 4 year olds Pre-School ready!

LEARNING ABOUT LETTERS (AGES 3-4 YEARS) (HVY)

Beginning reading and writing skills will be taught in this class as the children learn about the sounds they make and how to write them. This is a pre-school readiness class.

WILD THINGS (AGES 3-4 YEARS) (HVY)

Pre-School Readiness class; each week we will go on a wild adventure. Children will develop their fine and large motor skills through a weekly project.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fun For Three's & Four's	NMY	3-4 years	M	8:45 AM	9:45 AM	\$33	\$51
Happy Holi-Doodles NEW	HVY	3-4 years	W	9:15 AM	10:15 AM	\$33	\$51
Just For Three's & Four's Bumble Bee Fitness - NEW	HVY	3-4 years	R	9:00 AM	9:45 AM	\$28	\$46
Just For Three's & Four's	HVY	3-4 years	F	8:45 AM	10:15 AM	\$43	\$61
Just For Three's & Four's	HVY	3-4 years	WF	10:30 AM	NOON	\$68	\$86
Learning About Letters	HVY	3-4 years	T	10:45 AM	11:45 AM	\$33	\$51
Wild Things	HVY	3-4 years	M	9:00 AM	10:30 AM	\$43	\$61

AGES 3-5 YEARS

ALPHABET PARADE (AGES 3-5) (NMY) NEW

Building letters into words! Your budding reader will foster a love of learning. This class focuses on language development with letter recognition, introductory phonics and fine motor skills.

ANIMALS IN THE FALL (AGES 3-5 YEARS) (ACY) (SESSION 1)

Discover how animals get ready for winter through hibernation, migration and food collection. We will learn about black bears, ducks and geese, squirrels and more through stories, games, and simple crafts. Class will go outside when the weather allows, so please have children dressed for the weather.

BOOKS, BOOKS, BOOKS - PRE-SCHOOL READY (AGES 3-5 YEARS) (HVY) (FWY)

Intro to skills needed for future reading and writing success. We will work on listening, memory and narration skills through art, storytelling and dramatic play.

BUILDING BLOCKS (AGES 3-5 YEARS) (HVY)

Build a strong foundation for a lifetime of learning. Books, letters, numbers, shapes and fine motor skills will be taught in this preschool readiness class.

COOL KIDS (AGES 3-5 YEARS) (NMY)

You'll be cool for school participating in this readiness class. Make new friends while preparing for 4K and Kindergarten with art, songs, stories and classroom fun.

CREEPY CRITTERS (AGES 3-5 YEARS) (ACY) (SESSION 2)

We will learn about nocturnal creatures such as raccoons, skunks, owls, bats, spiders and more through stories, games, and hand-on learning. Find out why it can be exciting instead of creepy to hear strange sounds outdoors at nighttime. Class will go outside when weather allows, so please have children dressed for the weather.

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JR. FITNESS SPORTS & SWIM BOOT CAMP (AGES 3-5 YEARS) (HVY)

The perfect mix of gross motor skill development, children learn to strengthen their bodies through sport conditioning and fun games in the pool!! Spend 35 minutes in the gym every week, followed by fun time in the pool. Because of pool depth children must be at least 39" tall to enroll, no exceptions.

MAD SCIENCE (AGES 3-5 YEARS) (HVY)

Packed with exciting "hands on science experiments," awesome projects and fun activities that will fascinate your child. We'll see how much water is absorbed by dried beans, experiment with safe jelly volcanoes, paper frost and more. This class will excite the smallest Mad Scientist in your family. Come and have a lot of fun.

MATH MAGICIANS (AGES 3-5 YEARS) (FWY)

It'll be like Magic when you see math skills your child develops using numbers and shapes to explore their world.

MUSICAL MAGIC (AGES 3-5 YEARS) (APY)

Your child will make musical magic thru the exploration of songs, games, dance, and more.

WONDERFUL WORLD OF NATURE (AGES 3-5 YEARS) (APY)

Have a child who is intrigued by the natural world around us? This class will explore just that through hands on activities, stories and more.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Alphabet Parade NEW	NMY	3-5 years	T	8:30 AM	9:30 AM	\$33	\$51
Animals in the Fall – Fall 1	ACY	3-5 years	M	9:15 AM	10:45 AM	\$43	\$61
Books, Books, Books Pre-School Ready	HVY	3-5 years	R	9:00 AM	10:30 AM	\$43	\$61
Books, Books, Books Pre-School Ready	FWY	3-5 Years	W	8:45 AM	10:15 AM	\$43	\$61
Building Blocks	HVY	3-5 years	T	9:00 AM	10:30 AM	\$43	\$61
Cool Kids	NMY	3-5 years	TR	9:30 AM	10:30 AM	\$53	\$71
Creepy Critters – Fall 2	ACY	3-5 years	M	9:15 AM	10:45 AM	\$43	\$61
Jr. Fitness Sports & Swim Boot Camp	HVY	3-5 years	W	10:00 AM	11:15 AM	\$38	\$56
Mad Science	HVY	3-5 years	M	10:15 AM	11:15 AM	\$33	\$51
Math Magicians	FWY	3-5 years	F	9:30 AM	11:00	\$43	\$61
Musical Magic	APY	3-5 years	M	8:45 AM	10:45 AM	\$53	\$71
Wonderful World of Nature	APY	3-5 years	W	8:45 AM	10:45 AM	\$53	\$71

LUNCH TIME CLASSES (AGES 3-5 YEARS) (APY, ACY)

Is your child enrolled in Preschool, PreK or Kindergarten Readiness? Here is how these classes can work for you and your child. 1) Enroll in the program that matches your child's Preschool, PreK or Kindergarten Readiness class start or end time. 2) Drop-In staff will transfer your child to/from the class. 3) Please contact Appleton Drop-In at 920.954.7684 or Apple Creek Drop-In at 920.733.9622 to make arrangements. 4) Please bring a nutritional bag lunch that will be eaten during class time.

ABC'S OF FALL (AGES 3-5 YEARS) (ACY)

Develop your imagination while exploring the alphabet through the beauty of fall. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

CREATIVE CRITTER (AGES 3-5 YEARS) (APY)

Let your child's creativity flow in a fun and energetic classroom setting. Class will include songs, crafts, games and more. Class will end with time for lunch, so please pack a nutritional lunch for your child. Great as an add-on to your preschooler or 4Ker's day. Please have your child join us for more creativity and fun after their school morning.

DOWN ON THE FARM (AGES 3-5 YEARS) (APY)

Cows, pigs, chickens, Oh My! Explore barn yard life with songs, stories, and art. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered in two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

FALL FUN (AGES 3-5 YEARS) (ACY)

Jump into the new season by exploring the wonders of fall. Crafts, games and songs will keep you discovering all that fall has to offer. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

KITCHEN CHEMISTRY (AGES 3-5 YEARS) (APY)

For the littlest scientist the whole wide world can be their laboratory for learning. Create experiments with everyday items found in your very own kitchen. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

LAUGHTER, LEARNING AND LUNCH (AGES 3-5 YEARS) (ACY) NEW

Exploring, laughter and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Class will end with time for lunch, so please pack a nutritional lunch (to help us accommodate participants with allergies please pack a peanut/tree nut free lunch) and have them dressed for the weather. Children can be transferred to and from other preschool classes within the Apple Creek YMCA.

SENSATIONAL STORY TIME (AGES 3-5 YEARS) (APY)

Explore stories through the use of games, crafts and more. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning. Please have your child join us for more creativity and fun after their school morning.

WORLD EXPLORERS (AGES 3-5 YEARS) (APY)

Travel the world through games, laughter, music, arts and crafts. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning. Please have your child join us for more creativity and fun after their school morning.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
ABC's of Fall	ACY	3-5 years	F	11:15 AM	2:15 PM	\$68	\$86
Creative Critters	APY	3-5 years	M	11:00 AM	1:15 PM	\$58	\$76
Creative Critters	APY	3-5 years	M	11:15 AM	1:15 PM	\$53	\$71
Down on the Farm	APY	3-5 years	R	11:00 AM	1:15 PM	\$58	\$76
Down on the Farm	APY	3-5 years	R	11:15 AM	1:15 PM	\$53	\$71
Fall Fun	ACY	3-5 years	M	11:15 AM	1:15 PM	\$53	\$71
Kitchen Chemistry	APY	3-5 years	F	11:00 AM	1:15 PM	\$58	\$76
Kitchen Chemistry	APY	3-5 years	F	11:15 AM	1:15 PM	\$53	\$71
Laughter, Learning and Lunch - NEW	ACY	3-5 years	W	11:15 AM	2:15 PM	\$68	\$86
Outrageous Outdoors	ACY	3-5 years	W	10:00 AM	NOON	\$53	\$71
Sensational Story time	APY	3-5 years	W	11:00 AM	1:15 PM	\$58	\$76
Sensational Story time	APY	3-5 years	W	11:15 AM	1:15 PM	\$53	\$71

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World Explorers	APY	3-5 years	T	11:00 AM	1:15 PM	\$58	\$76
World Explorers	APY	3-5 years	T	11:15 AM	1:15 PM	\$53	\$71

FUN SHOPS NEW

Bring your children to a Fun Shop! These are one-day events that engage children in fun activities geared around a specific theme or topic.

CHRISTMAS GIFT GIVING (FALL 2) (AGES 3-6) (NMY) NEW

There's nothing better than a homemade, heartfelt gift. Have your child join us to create a unique, one-of-a-kind gift. We'll round out our day with fun group games, stories and activities.

MESSY MISCHIEF (FALL 1) (AGES 3-6 YEARS) (NMY) NEW

We'll be mixing up art and science Halloween fun!

THE FORREST IS CALLING (FALL 2) (AGES 3-6) (NMY) NEW

Join us in playing games, art projects and activities as we discover and learn about our forest friends.

ZOOM ZOOM (FALL 1) (AGES 3-6) (NMY) NEW

Come and enjoy a morning of exploring things that go!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Christmas Gift Giving- NEW December 17	NMY	3-6 years	S	9:00 AM	11:00 AM	\$12	\$22
Messy Mischief- NEW -October 22	NMY	3-6 years	S	9:00 AM	11:00 AM	\$12	\$22
The Forrest is calling- NEW November 19	NMY	3-6 years	S	9:00 AM	11:00 AM	\$12	\$22
ZOOM ZOOM- NEW -September 17	NMY	3-6 years	S	9:00 AM	11:00 AM	\$12	\$22

AGES 5-12 YEARS

GROW YOUR STEM (AGES 5-8 YEARS) (HVY)

Explore Science, Technology, Engineering and Math. We'll build bridges and things that move and perform simple experiments. A great mix of learning and fun for a beginning STEM foundation. No age exceptions.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Grow Your STEM	HVY	5-8 years	W	1:00 PM	2:30 PM	\$43	\$61

TUMBLING CLASSES AGES 3-12 YEARS

TUMBLE STARS (AGES 3-4 YEARS) (FWY)

This class is for the growing toddler who is ready to participate in class without parents. Focus on learning beginning gymnastics skills and improving coordination, strength and flexibility. Children will learn how to follow circuits and simple directions.

TUMBLE SUPERSTARS (AGES 3-5 YEARS) (FWY)

This tumbling class is for the child who is ready to learn beginning tumbling skills, while improving coordination and flexibility.

TUMBLING I (AGES 6-12 YEARS) (FWY)

This class is for the child who wants to concentrate on just tumbling and floor exercise skills while improving coordination and flexibility.

TUMBLING II (AGES 6-12 YEARS) (FWY)

Must have completed Tumbling 1 and/or have mastered a cartwheel, handstand, round-off and handstand forward roll.

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Tumble Stars	FWY	3-4 years	F	9:45 AM	10:30 AM	\$32	\$64
Tumble Super Stars	FWY	3-5 years	T	4:30 PM	5:15 PM	\$32	\$64
Tumble Super Stars	FWY	3-5 years	W	4:15 PM	5:00 PM	\$32	\$64
Tumbling I	FWY	6-12 years	W	5:00 PM	5:45 PM	\$32	\$64
Tumbling II	FWY	6-12 years	W	5:45 PM	6:30 PM	\$32	\$64