



# FUN AND GAMES

At the Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success. Most importantly, children learn how to be their best selves. That's why Growth & Development programs at the Y focus on children learning how to be their best selves through the Y values of caring, honesty, respect and responsibility.



## GROWTH & DEVELOPMENT

Updated: October 4, 2017

### STAFF CONTACTS

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### PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian or grandparent to accompany each child in class. For additional nature related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

#### SCRIBBLES AND DRIBBLES (AGES 1-3 YEARS WITH PARENT/CAREGIVER) (APY)

Glitter, glue, painting, collage, play, clay, we do it all. The class ends on a musical note with singing, music and movement. This multi-media experience is not to be missed. Parental participation is required. Class is very child and parent directed based on the child's interest.

#### TINY EXPLORERS (18-30 MONTHS WITH PARENT) (HVY)

Children will move between fun stations that focus on fine & large motor skills, social & emotional development along with learning center skills to help with language development & self-help during a 7-week program. This class is recommended for children that are not ready for an independent class. Active participation by parent/caregiver is required.

#### PLAYTIME EXPLORERS (AGES 1-3 YEARS WITH PARENT) (APY)

Great introduction class for both parents and toddlers. Different activities will be introduced each week to enjoy and develop physical and social skills, while you both enjoy interacting with other parents and tots.

#### TUMBLE BUGS (AGES 18 MONTHS- 3 YEARS WITH PARENT) (FWY)

During the class, the parent works with the developing child through activities designed to improve balance, strength, large muscle development, gross and fine motor skills, as well as hand eye coordination. Class also involves songs and social play. Must be accompanied by an adult.

#### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Scribbles & Dribbles	APY	1-3 years	F	9:00 AM	10:00 AM	\$28	\$46
Tiny Explorers	HVY	18-30 months	R	10:15 AM	11:00 AM	\$23	\$41
Playtime Explorers	APY	1-3 years	T	10:15 AM	11:00 AM	\$23	\$41
Tumble Bugs	FWY	18months -3 years	F	9:00 AM	9:45 AM	\$23	\$41
Wonderbug Discoveries	ACY	18 months-3 years	T	9:30 AM	10:30 AM	\$28	\$46

Fall Session 1: September 5-October 22, 2017  
 Fall Session 2: October 23-December 17, 2017

(Monday classes prorated for Labor Day)  
 (No Classes November 20-26, 2017)

This is a working document and is subject to change.

## CHILD WITHOUT PARENT CLASSES AGES 1½-3 YEARS

### JUST FOR TWO'S (AGE 2 YEARS) (APY, FWY, HVY, ACY, NMY)

We know toddlers like being together. This is a class where first friends are made. We will play, create and develop together!

### LET'S GET MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to move, play and learn. This large group class does just that. Class is structured around independent and group activities in the gym. To participate, your child must be an independent walker.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just For Twos	ACY	2 years	M	10:00 AM	10:45 AM	\$28	\$46
Just For Twos	APY	2 years	W	10:45 AM	11:30 AM	\$28	\$46
Just For Twos	FWY	2 years	T	10:00 AM	10:45 AM	\$28	\$46
Just For Twos	HVY	2 years	M	9:00 AM	9:45 AM	\$28	\$46
Just For Twos	HVY	2 years	T	9:00 AM	9:45 AM	\$28	\$46
Just For Twos	HVY	2 years	R	9:00 AM	9:45 AM	\$28	\$46
Just For Twos <b>NEW</b>	NMY	2 years	T	9:00 AM	9:45 AM	\$28	\$46
Let's Get Movin'	NMY	18 months-3 years	TR	9:30 AM	10:30 AM	\$53	\$71

## AGES 2-3 YEARS

### ART THROUGH STORIES (AGES 2-3 YEARS) (HVY)

Explore various art mediums while creating art projects based on stories that will teach and spark imagination in your child. Your child may get dirty while creating masterpieces so please dress accordingly.

### BEYOND PLAY (AGES 2-3 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

### BOOKS WITH BUDDIES FALL 1 (AGES 2-3 YEARS) (NMY) NEW

Make some new buddies at the Y! Join friends each week, we'll share a new story and have fun exploring it further with activities, art or projects. Recommend Just for 2's class first or successful Kids Corner experience.

### BUSY BEES (AGES 2-3 YEARS) (HVY)

Children will be busy buzzing around activities that include stories, songs and art projects that encourage creativity.

### CARS, TRUCKS AND ANYTHING THAT GOES (AGES 2-3 YEARS) (APY)

Enjoy the world of trains, planes, and automobiles through art, stories, and much more.

### PINT SIZED POTTERS (Ages 2-3 years) (APY)

If they like playing with dough, give us a go!

### SIMPLE SNACKTIME (AGES 2-3 YEARS) (APY)

Children will explore the world of cooking basic snacks. Taste testing a must! There will be an emphasis on table manners and social interaction. Please contact the YMCA with any allergy concerns.

### STORY BOOK SCIENCE FALL 2 (AGES 2-3 YEARS) (NMY) NEW

Finding science between the pages of books is the idea behind this explorative class. Each week we'll explore the science involved within a new story. Recommend Just for 2's class first or successful Kids Corner experience.

Fall Session 1: September 5-October 22, 2017  
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(Monday classes prorated for Labor Day)  
(No Classes November 20-26, 2017)

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## **WATCH ME GO (AGES 2-3 YEARS) (HVY)**

A new class for 2-3 year olds ready for a little more independence. Take pride in completing your own artwork, develop fine motor skills and practice listening skills. Don't worry mom, just watch me GO! Recommend previous Just for Two's class or successful Kids Corner experience.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Art Through Stories	HVY	2-3 years	R	9:00 AM	10:00 AM	\$33	\$51
Beyond Play – <b>NEW</b>	NMY	2 years	MW	9:00 AM	10:30 AM	\$68	\$86
Beyond Play – <b>NEW</b>	NMY	3 years	MW	9:00 AM	10:30 AM	\$68	\$86
Books with Buddies – <b>NEW Fall 1</b>	NMY	2-3 years	R	9:00 AM	10:00 AM	\$33	\$51
Busy Bees	HVY	2-3 years	W	5:15 PM	6:15 PM	\$33	\$51
Busy Bees	HVY	2-3 years	F	9:00 AM	10:15 AM	\$38	\$56
Cars, Trucks and Anything That Goes	APY	2-3 years	M	9:00 AM	10:30 AM	\$43	\$61
Pint Sized Potters	APY	2-3 years	F	9:00 AM	10:30 AM	\$43	\$61
Simple Snacktime	APY	2-3 years	W	9:00 AM	10:30 AM	\$43	\$61
Story Book Science – <b>NEW Fall 2</b>	NMY	2-3 years	R	9:00 AM	10:00 AM	\$33	\$51
Watch Me GO!	HVY	2-3 years	W	9:00 AM	10:00 AM	\$33	\$51

## **AGES 2½-3 YEARS**

### **JR. FITNESS (AGES 2½-3 YEARS) (HVY)**

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength and body control.

### **WILD THINGS (AGES 2½-3 YEARS) (HVY)**

Pre-School Readiness class; each week we will go on a wild adventure. Children will develop their fine and large motor skills through a weekly project.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Jr. Fitness	HVY	2½-3 years	T	9:15 AM	10:00 AM	\$28	\$46
Wild Things	HVY	2½-3 years	M	10:30 AM	11:30 AM	\$33	\$51

## **AGES 2-4 YEARS**

### **1, 2, 3 COLOR WITH ME! (AGES 2-4 YEARS) (ACY)(FWY)**

Count, create, and color with stories, songs and art.

### **ABC's and 123's (AGES 2-4 YEARS) (ACY)**

Fun with letters and numbers. Play games, sing songs, enjoy books, and create art all while learning your letters and numbers. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

### **ART THROUGH STORIES (AGES 2-4 YEARS) (FWY) NEW**

Create various art projects based on stories that will teach and spark imagination for your child. Your child may get dirty while creating masterpieces so please dress accordingly.

### **COLOR MY WORLD (AGES 2-4 YEARS) (ACY)**

Explore the colors of your environment while having fun with friends and learning social skills. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

### **COUNTDOWN TO FUN (AGES 2-4 YEARS) (ACY)**

Fun with a focus on numbers! Enjoy the season and all its wonders while learning numbers and exploring the changes of the season. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

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### **IMAGINATION STRETCHERS (AGES 2-4 YEARS) (FWY)**

Come let your imagination run wild! Each week we will explore a different game, story, music, and art project. A class all children will enjoy!

### **SPORTS EXTRAVAGANZA (AGES 2-4 YEARS) (FWY)**

Start your child off right by having them learn the importance of staying active and being healthy. Each week your child will experience fun new games and activities. Fun for all activity levels! Have your child dress in comfortable clothing and shoes.

### **YOUNG EXPLORERS (AGES 2-4) (ACY)**

Use our senses to discover and investigate the wonderful sounds, colors, shapes, smells and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games and crafts with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
1, 2, 3 Color with Me	ACY	2-4 years	W	9:00 AM	11:00 AM	\$53	\$71
1, 2, 3 Color with Me	FWY	2-4 years	M	9:00 AM	11:00 AM	\$53	\$71
ABC's and 123's – bring lunch	ACY	2-4 years	R	9:00 AM	12:00 PM	\$68	\$86
Art Through Stories	FWY	2-4 years	W	9:00 AM	10:00 AM	\$33	\$51
Color My World – bring lunch	ACY	2-4 years	F	9:00 AM	12:00 PM	\$68	\$86
Countdown to Fun– bring lunch	ACY	2-4 years	T	9:00 AM	12:00 PM	\$68	\$86
Imagination Stretchers	FWY	2-4 years	R	9:30 AM	11:00 AM	\$43	\$61
Sports Extravaganza	FWY	2-4 years	W	10:00 AM	11:00 AM	\$33	\$51
Young Explorers	ACY	2-4 years	R	12:30 PM	2:00 PM	\$43	\$61

## **AGES 3-4 YEARS**

### **1, 2, 3 ABC (AGES 3-4 YEARS) (HVY)**

Who knew learning about numbers and letters could be so FUN. This is a great beginner class where children explore letters and numbers.

### **FUN FOR THREE'S AND FOUR'S (AGES 3-4 YEARS) (NMY)**

FUN, upbeat learning just for your 3 or 4 year old! Foundational skills are reinforced through fun and games in the gym.

### **HAPPY HOLI-DOODLES (AGES 3-4 YEARS) (HVY) NEW**

Let's get ready for the change in seasons starting with Fall and Grandparents Day Sept 10. We'll get ready for the fall leaves and Halloween in session 1. Session 2 we'll wear our costumes and have a trick or treat class, Thanksgiving and Christmas will bring us surprises and gifts for mom and dad.

### **JUST FOR THREE'S & FOUR'S BUMBLE BEE FITNESS-(AGES 3-4 YEARS) (HVY) NEW**

Concentrates on gross motor skill development, participation, fun and fitness. Works on skills to increase hand/eye coordination, strength and body control. This class meets in the gym.

### **JUST FOR THREE'S & FOUR'S - 1 DAY A WEEK (AGES 3-4 YEARS) (HVY)**

Help get your 3 & 4 year olds Pre-School ready! Please do not sign up for this class if you are already in the 2 day a week class.

### **JUST FOR THREE'S & FOUR'S - 2 DAYS A WEEK (AGES 3-4 YEARS) (HVY)**

Help get your 3 & 4 year olds Pre-School ready!

### **LEARNING ABOUT LETTERS (AGES 3-4 YEARS) (HVY)**

Beginning reading and writing skills will be taught in this class as the children learn about the sounds they make and how to write them. This is a pre-school readiness class.

### **SOCIAL BUGS (AGES 3 YEARS) (APY)**

Stories, art activities, rhythm movement, playtime and lots of fun! Next transition from the Just for Two's class.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
1, 2, 3 ABC	HVY	3-4 years	M	8:45 AM	10:15 AM	\$43	\$61
Fun For Three's & Four's	NMY	3-4 years	M	8:45 AM	9:45 AM	\$33	\$51
Happy Holi-Doodles	HVY	3-4 years	W	9:00 AM	10:00 AM	\$33	\$51
Just For Three's & Four's Bumble Bee Fitness	HVY	3-4 years	R	9:00 AM	9:45 AM	\$28	\$46
Just For Three's & Four's	HVY	3-4 years	F	8:45 AM	10:15 AM	\$43	\$61
Just For Three's & Four's	HVY	3-4 years	WF	10:30 AM	NOON	\$68	\$86
Learning About Letters	HVY	3-4 years	T	10:45 AM	11:45 AM	\$33	\$51
Social Bugs	APY	3 years	M	10:45 AM	11:45 AM	\$33	\$51

## **AGES 3-6 YEARS**

### **ALPHABET PARADE! FALL 1 (AGES 3-5 YEARS) (NMY) NEW**

Building letters into words! Your budding reader will foster a love of learning. This class focuses on language development with letter recognition, introductory phonics and fine motor skills.

### **ANIMALS IN THE FALL (AGES 3-5 YEARS) (ACY) (SESSION 1)**

Discover how animals get ready for winter through hibernation, migration and food collection. We will learn about black bears, ducks and geese, squirrels and more through stories, games, and simple crafts. Class will go outside when the weather allows, so please have children dressed for the weather.

### **BOOKS, BOOKS, BOOKS - PRE-SCHOOL READY (AGES 3-5 YEARS) (HVY)**

Intro to skills needed for future reading and writing success. We will work on listening, memory and narration skills through art, storytelling and dramatic play.

### **BUILDING BLOCKS - PRE-SCHOOL READY (AGES 3-5 YEARS) (HVY)**

Build a strong foundation for a lifetime of learning. Books, letters, numbers, shapes and fine motor skills will be taught in this pre-school readiness class.

### **COLOR CORRAL (AGES 3-5 YEARS) (APY)**

Color is all around us. Your children will explore the colors of our world while socializing with friends, playing games, crafts and more.

### **COOL KIDS (AGES 3-5 YEARS) (NMY)**

You'll be cool for school participating in this readiness class. Make new friends while preparing for 4K and Kindergarten with art, songs, stories and classroom fun.

### **COUNT ON IT! FALL 2 (AGES 3-5 YEARS) (NMY) NEW**

Early math skills are the core of this class. Counting and grouping along with number recognition will be explored through art, stories, songs and group activities.

### **CREATION STATION (AGES 3-5 YEARS) (APY)**

Have a child who loves to create various arts and crafts? This is the perfect class for them. Programming may also include stories, games and more.

**CREEPY CRITTERS (AGES 3-5 YEARS) (ACY) (SESSION 2)**

We will learn about nocturnal creatures such as raccoons, skunks, owls, bats, spiders and more through stories, games, and hand-on learning. Find out why it can be exciting instead of creepy to hear strange sounds outdoors at nighttime. Class will go outside when weather allows, so please have children dressed for the weather.

**FRIDAY FUN DAY! (AGES 3-6 YEARS) (NMY) NEW**

There's fun to be had on Fridays and we'll do all the planning! Join us and enjoy a variety of fun activities each week. Activities may include: gym games, fun at the park, swimming, art, cooking, STEM and/or STEAM. Parents are encouraged to stay and play along.

**FUN WITH MATH (AGES 3-5 YEARS) (APY)**

Explore the wonders of numbers thru counting activities, crafts, songs, playtime and more.

**GOOD MOVE! (AGES 3-5 YEARS) (NMY) NEW**

Fun is a hop, skip and jump away with our preschool gym; group games and activities power this class!

**GROW YOUR STEM (AGES 3-5 YEARS) (HVY)**

Explore Science, technology, engineering and math. We'll build bridges & things that move and perform simple experiments. A great mix of learning and fun for a beginning STEM foundation.

**JR. FITNESS SPORTS & SWIM BOOT CAMP (AGES 3-5 YEARS) (HVY)**

The perfect mix of gross motor skill development, children learn to strengthen their bodies through sport conditioning and fun games in the pool!! Spend 35 minutes in the gym every week, followed by fun time in the pool. Because of pool depth children must be at least 39" tall to enroll, no exceptions.

**LITTLE SCIENTISTS (AGES 3-5 YEARS) (APY)**

For the littlest scientist the whole wide world can be their laboratory for learning. Create experiments, enjoy various educational activities and more.

**MAD SCIENCE (AGES 3-5 YEARS) (HVY)**

Packed with exciting "hands on science experiments," awesome projects and fun activities that will fascinate your child. We'll see how much water is absorbed by dried beans, experiment with safe jelly volcanoes, paper frost and more. This class will excite the smallest Mad Scientist in your family. Come and have a lot of fun.

**SQUISHY GUSHY SCIENCE (AGES 3-5 YEARS) (FWY)**

If your child loves to explore and create, this is the class for them. Your child will experiment with various sensory activities and so much more. Please dress to get dirty.

**SUPER SCIENTISTS (AGES 3-5 YEARS) (ACY)**

Get hands on as a super scientist! Each week your "super scientist" will explore different science activities. Enjoy the afternoon with friends and fun!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Alphabet Parade! – <b>NEW Fall 1</b>	NMY	3-5 years	T	8:30 AM	9:30 AM	\$33	\$51
Animals in the Fall- Fall 1 only	ACY	3-5 years	M	9:30 AM	11:00 AM	\$43	\$61
Books, Books, Books Pre-School Ready	HVY	3-5 years	R	10:15 AM	11:30 AM	\$38	\$56
Building Blocks Pre-School Ready	HVY	3-5 years	T	9:00 AM	10:30 AM	\$43	\$61
Cool Kids	NMY	3-5 years	TR	9:30 AM	10:30 AM	\$53	\$71
Color Corral	APY	3-5 years	M	8:45 AM	10:45 AM	\$53	\$71
Count on it! – <b>NEW Fall 2</b>	NMY	3-5 years	T	8:30 AM	9:30 AM	\$33	\$51
Creation Station	APY	3-5 years	R	8:45 AM	10:45 AM	\$53	\$71
Creepy Critters- Fall 2 only	ACY	3-5 years	M	9:30 AM	11:00 AM	\$43	\$61
Friday Fun Day – <b>NEW</b>	NMY	3-6 years	F	10:00 AM	12:00 PM	\$53	\$71

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fun With Math	APY	3-5 years	T	8:45 AM	10:45 AM	\$53	\$71
Good Move – <b>NEW</b>	NMY	3-5 years	W	9:00 AM	10:00 AM	\$33	\$51
GROW your STEM	HVY	3-5 years	W	10:30 AM	11:30 AM	\$33	\$51
Jr. Fitness Sports & Swim Boot Camp	HVY	3-5 years	W	10:00 AM	11:15 AM	\$38	\$56
Little Scientists	APY	3-5 years	W	8:45 AM	10:45 AM	\$53	\$71
Mad Science	HVY	3-5 years	M	10:15 AM	11:15 AM	\$33	\$51
Squishy Gushy Science	FWY	3-5 years	F	9:00 AM	10:00 AM	\$33	\$51
Super Scientist – <b>NEW</b>	ACY	3-5 years	T	12:15 PM	2:15 PM	\$53	\$71

### **LUNCH TIME CLASSES (AGES 3-5 YEARS) (APY, ACY, FWY)**

Is your child enrolled in Preschool, PreK or Kindergarten Readiness? Here is how these classes can work for you and your child. 1) Enroll in the program that matches your child’s Preschool, PreK or Kindergarten Readiness class start or end time. 2) Drop-In staff will transfer your child to/from the class. 3) Please contact Appleton Drop-In at 920.954.7684 or Apple Creek Drop-In at 920.733.9622 or Fox West Y at 920-560-3417 to make arrangements. 4) Please bring a nutritional bag lunch that will be eaten during class time.

### **FUN & FITNESS (AGES 3-5 YEARS) (APY)**

Kids will learn the importance of fitness while having fun. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered in two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **KITCHEN CHEMISTRY (AGES 3-5 YEARS) (APY)**

For the littlest scientist the whole wide world can be their laboratory for learning. Create experiments with everyday items found in your very own kitchen. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of Pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **LAUGHTER, LEARNING AND LUNCH (AGES 3-5 YEARS) (ACY)(FWY)**

Exploring, laughter and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

### **NATURES BEAUTY (AGES 3-5 YEARS) (APY)**

Just like people, seasons change. See the beauty in everything. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)**

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Class will end with time for lunch, so please pack a nutritional lunch (to help us accommodate participants with allergies please pack a peanut/tree nut free lunch) and have them dressed for the weather. Children can be transferred to and from other preschool classes within the Apple Creek YMCA.

### **ROCK AND ROLL CLUB (AGES 3-5 YEARS) (APY)**

The love of music starts at a very young age. This class will help your child explore and grow their love for music thru creation and playing of various instruments. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered at two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

### **FALL FUN (AGES 3-5 YEARS) (ACY)(FWY)**

Jump into the new season by exploring the wonders of fall. Crafts, games and songs will keep you discovering all that winter has to offer. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

### **THROUGH THE LOOKING GLASS (AGES 3-5 YEARS) (APY)**

Come with us down the rabbit hole and take a gander through the looking glass as we celebrate diversity and other cultures. Crafts will be created, games will be played and more. Class will end with time for lunch, so please pack a nutritional lunch for your child. Class is offered in two different start times to reflect the ending of pre-school and 4K. Please have your child join us for more creativity and fun after their school morning.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Fall Fun	ACY	3-5 years	M	11:15 AM	1:15 PM	\$53	\$71
Fall Fun	FWY	3-5 years	R	11:00 AM	12:30 PM	\$43	\$61
Fun & Fitness	APY	3-5 years	W	11:00 AM	1:15 PM	\$58	\$76
Fun & Fitness	APY	3-5 years	W	11:15 AM	1:15 PM	\$53	\$71
Kitchen Chemistry	APY	3-5 years	M	11:00 AM	1:15 PM	\$58	\$76
Kitchen Chemistry	APY	3-5 years	M	11:15 AM	1:15 PM	\$53	\$71
Laughter, Learning and Lunch	ACY	3-5 years	W	11:15 AM	2:15 PM	\$68	\$86
Laughter, Learning and Lunch	FWY	3-5 years	T	11:00 AM	12:30 PM	\$43	\$61
Natures Beauty	APY	3-5 years	T	11:00 AM	1:15 PM	\$58	\$76
Natures Beauty	APY	3-5 years	T	11:15 AM	1:15 PM	\$53	\$71
Outrageous Outdoors	ACY	3-5 years	W	10:00 AM	NOON	\$53	\$71
Rock and Roll Club	APY	3-5 years	F	11:00 AM	1:15 PM	\$58	\$76
Rock and Roll Club	APY	3-5 years	F	11:15 AM	1:15 PM	\$53	\$71
Through the Looking Glass	APY	3-5 years	R	11:00 AM	1:15 PM	\$58	\$76
Through the Looking Glass	APY	3-5 years	R	11:15 AM	1:15 PM	\$53	\$71

### **FUN SHOPS –NEW**

Bring your children to a Fun Shop! These are one day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

### **SUPER HERO ROUND UP (AGES 3-6 YEARS) (NMY) NEW**

Back by popular demand; we're rounding up all our Super Heroes for new adventures! Dress up as your favorite Hero and join us for feats of courage, challenges of strength and the pursuit of glory!

### **WE'VE GOT RHYTHM! (AGES 3-6 YEARS) (NMY) NEW**

We're rocking rice and beans to create our own percussion instruments. Join us to explore our sense of sound and make some noise!

### **SPOOKTACULAR (AGES 3-6 YEARS) (NMY) NEW**

Is something a wry at the Y? Join us for our Halloween Spooktacular fun shop! Little ghosts and goblins are welcome to wear their costumes to this friendly celebration of Halloween. Ghost stories will be read, messy mischief will be had and ghoulish games will be played!

### **THANKFUL ME! (AGES 3-6 YEARS) (NMY) NEW**

Being thankful for the people in our lives, where we live and who we are is the positive message at this fun shop. The focus will be team games, working together and sharing.

### **CHRISTMAS GIFT GIVING (AGES 3-6 YEARS) (NMY) NEW**

There's nothing better than a homemade, heartfelt gift. Have your child join us to create a unique, one of a kind gift. We'll round out our day with fun group games, stories and activities.



Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Super Hero Round Up September 9	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
We've Got Rhythm! September 30	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
Spooktacular October 28	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
Thankful Me! November 18	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
Christmas Gift Giving December 16	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22

## TUMBLING CLASSES AGES 3-13 YEARS

### BEGINNING TUMBLING (AGES 3-5 YEARS) (AGES 6-9 YEARS) (FWY)

THIS IS GREAT FOR THE CHILD WHO HAS NEVER BEEN IN TUMBLING BEFORE.

This tumbling class is for the child who is ready to learn beginning tumbling skills, while improving coordination and flexibility. Beginning tumbling gives your child the foundational skills to learn more advanced techniques.

### TUMBLING 1 (AGES 6-12 YEARS) (FWY)

This class is for the child who wants to concentrate on just tumbling and floor exercise skills while improving coordination and flexibility. Your child will work on mastering cartwheels, backward rolls, headstands, handstands and more!

### ADVANCED TUMBLING 1 (AGES 6-12 YEARS) (FWY)

This class is for children who have moved up from Tumbling 1. This class was created for the children almost ready for Tumbling 2.

### TUMBLING 2 (AGES 6-13 YEARS) (FWY)

This class is for children who have been moved up by their Y instructor. If you have past experience and have mastered a cartwheel, handstand, round-off and handstand forward roll and are ready for more.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Beginning Tumbling	FWY	3-5 years	F	10:00AM	10:45 AM	\$32	\$64
Beginning Tumbling	FWY	3-5 years	W	4:30 PM	5:15 PM	\$32	\$64
Beginning Tumbling	FWY	3-5 years	T	9:00 AM	9:45 AM	\$32	\$64
Tumbling 1	FWY	6-12 years	W	5:15 PM	6:00 PM	\$32	\$64
Tumbling 1	FWY	6-12 years	W	6:00 PM	6:45 PM	\$32	\$64
Advanced Tumbling 1	FWY	6-12 years	M	4:30 PM	5:15 PM	\$32	\$64
Tumbling 2	FWY	6-13 years	M	5:15 PM	6:00 PM	\$32	\$64