



# MAKE FRIENDSHIPS

Events and Family Activities at the Y allows families a time and a place to come together to have a good time; participate in a variety of fun activities; share, communicate and strengthen their relationships and meet other families.



## EVENTS AND FAMILY ACTIVITIES UPDATED ON: OCTOBER 11, 2017

### FAMILY

#### **FAMILY FUN CENTER (AGES 10 AND UNDER) (APY)**

The Family Fun Center is a perfect play area for kids 10 years and under. Features include a sport arena with basketball & soccer, tree fort, adventure maze with obstacles, climbing ropes, slides and more. Another attraction included is a soft play toddler area. Each child must be accompanied by a parent/adult, unless participating in the Stay and Play program which has an hourly fee.

**Family Open Time:** Monday-Friday 11:00 AM-2:00 PM and 3:00-8:00 PM  
Weekends: 9:00 AM-6:00 PM

**Supervised Stay and Play: (Children Ages 4-10 years)**  
Monday-Friday - 4:00-7:30 PM  
Saturday - 9:00 AM-NOON

#### **ADVENTURE ALLEY (AGES 9 AND UNDER) (NMY)**

Adventure Alley is area exclusive to YMCA members. It is a supervised area for youth up to 9 years of age. Youth 5 years old and under must be with a parent or guardian. It includes a Play Maze, Basketball Hoops, Lego Ledge and Coloring Area. Socks are required for the Play Maze. Hours are Monday-Friday from 8:30-11:30 AM; Monday-Friday from 4:00-8:00 PM; Saturdays from 9:00 AM-NOON and Sunday from NOON-4:00 PM.

#### **YOUTH CENTER (NMY)**

The Youth Center is an area for all youth and families. Activities include: Air Hockey, Foosball, Ping Pong, Pool, and Wii games. Hours are Monday-Thursday from 4:00-8:00 PM; Friday from 4:00-9:30 PM and Saturday and Sunday from 1:00-6:00 PM.

#### **FRIDAY NIGHT OUT (ACY, APY)**

Parents take the night off! Our teachers will provide an exciting night for your child, while you enjoy an evening out. Children will love the wide variety of age appropriate activities. Dinner will be served.

Fee: Y Member \$13/child  
General Public: \$15/child

#### **APPLE CREEK**

**Friday 5:00-8:30 PM September 8, October 13, November 10 and December 8.**

#### **APPLETON**

**Friday 5:30-9:00 PM September 15, October 20, November 17 and December 15**

#### **FRIDAY NIGHT PARTY (AGES 8-12 YEARS) (ACY)**

Come join us for a Friday Night filled with a new craft or learn how to bake a fun nutritional recipe. Each date will be a different craft and/or recipe which will be revealed when you get there at 5:00 PM. Some examples might include Beads, Duct-tape, Fossils, baking muffins, etc. Dinner is included

**Friday 5:00-8:30 PM September 8, October 13, November 10 and December 8**

Fee: Y Member - \$16 /child  
General Public - \$20 / child

**Fall Session 1: September 5-October 22, 2017**  
**Fall Session 2: October 23-December 17, 2017**

**(Monday classes prorated for Labor Day)**  
**(No Classes November 20-26, 2017)**

This is a working document and is subject to change.

## **DROP AND SHOP (ACY)**

Drop your children off so you can do some of your Christmas Shopping. Our teachers will provide an exciting time for your children, while you get those errands done. Children will love the variety of age appropriate activities. Lunch will be provided. Register deadline November 9 by 5 PM.

**Saturday 9:00 AM-12:30 PM November 11**

Fee: Y Member - \$13/child

General Public - \$15/child

## **Birthday Parties at the YMCA (ACY, APY, FWY, HVY, NMY)**

### **Party Packages**

Include use of room and YMCA facilities. Gymnastics, swimming, sports, gym, inflatables, and more. Activities vary based on each Y. Contact your local YMCA to reserve your party.

### **Basic Party** \*Not provided at the Appleton YMCA

Includes the use of a room and YMCA facilities. Additional add-ons may be available at individual YMCA branches. Heart of the Valley YMCA does not allow access to all facilities for birthday parties.

2-Hour party -Up to 15 children (adults free)

YMCA Member - \$75

General Public - \$115

3- Hour Party -Up to 15 children (adults free)

YMCA Member - \$105

General Public - \$145

\$5/each additional child for 16 or more participants

### **Host Party**

Includes use of a room, YMCA facilities and a YMCA staff person to lead and supervise activities. Additional add-ons may be available at individual YMCA branches.

2-Hour party -Up to 15 children (adults free)

YMCA Member - \$95

General Public - \$135

3- Hour Party -Up to 15 children (adults free)

YMCA Member - \$125

General Public - \$165

\$5/each additional child for 16 or more participants

## **SNOW SHOE RENTAL – (ALL AGES) (ACY, FWY)**

Enjoy a winter hike in the Bruce B. Purdy Nature Preserve at the Apple Creek YMCA or along the Fox West YMCA trail that links up to Lions Park. Child and Adult size snowshoes can be rented for day use only on the Apple Creek and Fox West YMCA properties.

## **FUN SHOPS - NEW**

Bring your children to a Fun Shop! These are one day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

### **SUPER HERO ROUND UP (AGES 3-6 YEARS) (NMY) NEW**

Back by popular demand; we're rounding up all our Super Heroes for new adventures! Dress up as your favorite Hero and join us for feats of courage, challenges of strength and the pursuit of glory!

### **WE'VE GOT RHYTHM! (AGES 3-6 YEARS) (NMY) NEW**

We're rocking rice and beans to create our own percussion instruments. Join us to explore our sense of sound and make some noise!

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**Fall Session 2: October 23-December 17, 2017**

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**(Monday classes prorated for Labor Day)**

**(No Classes November 20-26, 2017)**

### **SPOOKTACULAR (AGES 3-6 YEARS) (NMY) NEW**

Is something a wry at the Y? Join us for our Halloween Spooktacular fun shop! Little ghosts and goblins are welcome to wear their costumes to this friendly celebration of Halloween. Ghost stories will be read, messy mischief will be had and ghoulish games will be played!

### **THANKFUL ME! (AGES 3-6 YEARS) (NMY) NEW**

Being thankful for the people in our lives, where we live and who we are is the positive message at this fun shop. The focus will be team games, working together and sharing.

### **CHRISTMAS GIFT GIVING (AGES 3-6 YEARS) (NMY) NEW**

There's nothing better than a homemade, heartfelt gift. Have your child join us to create a unique, one of a kind gift. We'll round out our day with fun group games, stories and activities.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Super Hero Round Up September 9	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
We've Got Rhythm! September 30	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
Spooktacular October 28	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
Thankful Me! November 18	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22
Christmas Gift Giving December 16	NMY	3-6	Sat	9:00 AM	11:00 AM	\$12	\$22

## **EVENTS**

### **WE GOT YOU COVERED (AGES 10-14 YEARS OLD) (ACY)**

Make your own Journal Cover while learning some sewing and quilting skills. An Appleton Quilt Guild (DNQG) will lead this fun one day workshop. The project keeps with the theme of their upcoming quilt show Past, Present, and Future. Members are excited to teach the "future" some basic sewing and quilting.

All needed materials will be provided through the guild's Mary Horan Youth Sewing Education Fund.

Come join the future of quilting at this fun introductory class. No experience needed and you'll leave with a completed notebook cover. Use it for yourself or for a wonderful Christmas gift.

**Saturday 9:00 AM-NOON November 11**

Fee: Y Member - \$5 General Public - \$10

### **SUPER SPA (AGES 6-13 YEARS OLD) (ACY)**

Ready for a day of pampering and fun! Come make and take some great skin care products. We will focus on lip gloss, lotion, and soaps.

**Saturday 9:30 AM-NOON September 23**

Fee: Y Member - \$26 General Public - \$36

### **NIGHT HIKE (ALL AGES) (ACY)**

Come out to the Purdy Preserve and experience the sights and sounds of fall in the dark. Hikes begin at the Apple Creek YMCA with a short program in the Nature Study Classroom. Pre-registration is required- sign up all members of the family who will be attending. Please bring a flashlight.

**Wednesday 6:00-8:00 PM October 25**

Fee: Y Member - FREE General Public - \$5

### **SPOOKTACULAR CELEBRATION (ACY)**

Wear your favorite costume (not required) and join our Spooktacular Celebration! Fee includes any or all of the events and activities throughout the Spooktacular Celebration. The night will start out silly and will get scarier as darkness falls. Bring the whole family! Children under age 10 must be accompanied by a responsible adult. All attendees (including adults) are required to register.

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**Fall Session 2: October 23-December 17, 2017**

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**(Monday classes prorated for Labor Day)**

**(No Classes November 20-26, 2017)**

Registration deadline is Tuesday, October 24 at 5:00 PM.

**Thursday 5:00-8:00 PM October 26**

Fee: Y Member - \$7/person & \$28 maximum/family

General Public - \$10/person & \$40 maximum/family

### **25<sup>th</sup> ANNUAL GREAT PUMPKIN SPLASH (GRADES K-6) (APY)**

Games, races, ghosts, pumpkins, spooky music, prizes and FUN! Join us in the Buchanan pool from 1:00-2:15 PM and in the McGuire gym for the inflatable obstacle course and other fun activities from 2:30-3:30 PM at the Appleton YMCA. Children may be dropped off, but there is not a supervised check in check out procedure. Any child that requires a lifejacket must be accompanied by an adult in the water.

\*Must register at the Front Desk or On-line prior to the event, sorry no refunds.

**Friday 1:00-2:15 PM Pool & 2:30-3:30 PM Gym October 27**

Fee: Y Member - \$2

General Public - \$5

### **11<sup>TH</sup> ANNUAL FREAKY 5K RUN/WALK & MINI MONSTER DASH (APY)**

A fun event for the entire family. 5K Run/walk, Costume contest, games, inflatables, Mini Monster Dash Kids Run, music, prizes, refreshments and much more! Pierce Park, Appleton.

For more information and entry fees: [www.ymcafoxcities.org](http://www.ymcafoxcities.org). Register at [www.active.com](http://www.active.com) or any YMCA of the Fox Cities locations

**Saturday 8:00 AM October 28**

### **HO! HO! HOLD YOUR WEIGHT- HOLIDAY WEIGHT MAINTENANCE INCENTIVE (ALL BRANCHES)**

This holiday weight maintenance program will help people avoid the "Seasonal Seven" that people tend to gain between Thanksgiving, Christmas and New Year's holidays. Cost of the program is only \$5. This program includes nutrition tips, weekly bonus workouts, and a mid-point weigh-in. All participants who maintain or lose weight at the time of the mid-point weigh in will receive a prize to help them along the way. All finishers who maintain or lose weight at the final weigh-out will be eligible to win a Scheel's gift card.

**Weigh-Ins: November 13<sup>th</sup>-19<sup>th</sup>**

**Mid-point Weigh-in: December 18<sup>th</sup> 24<sup>th</sup>**

**Final Weigh-Outs: January 8<sup>th</sup> -14<sup>th</sup>**

(Weigh-ins will be held at all YMCA of the Fox Cities locations)

Fee: \$5

### **THANKSGIVING DAY TURKEY TROT - FESTIVAL FOODS**

Join us for a 2 mile or 5 mile walk/run. Go to [www.festivalfoodsturkeytrot.com](http://www.festivalfoodsturkeytrot.com) for specific event information. The event will once again take place in beautiful downtown Appleton. The Festival Foods Turkey Trot is a very exciting event with over 6000 participants. Your participation is important to us for this event because proceeds from the Turkey Trot benefit the YMCA of the Fox Cities.

**Thursday 8:00 AM November 23**

### **FOX FOLK MARIONETTE TROUPE (ACY)**

Enjoy a magical performance by the Fox Folk Marionette Troupe. This half-hour family-friendly show will feature colorful, hand-crafted marionettes that tell a Christmas story. A donation of \$1/person will be collected at the door. Refreshments will be served.

**Saturday 11:00 AM and 1:00 PM December 2**

Donation of \$1/person

### **VISIT WITH SANTA (FWY)**

A fun family event to help celebrate the holidays. Enjoy a treat from our bake sale and some hot cocoa while listening to some holiday music. Visit and take a picture with Santa!

We are sponsoring Toys for Tots and the local food pantry. We would greatly appreciate your support by bringing in a non-perishable food item or a gift for Toys for Tots! All ages welcome.

**Thursday 5:00-6:30 PM December 12**

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Fee: FREE

**DINING WITH SANTA (APY)**

Bring the kids and enter their world of excitement as you share dinner with Santa. Take a photo with Santa and create a craft. Children must be accompanied by an adult. Registration deadline is Noon, December 6.

**Thursday 5:00-6:30 PM December 7**

Fee: \$5/adult & \$5/child

**REINDEER GAMES (GRADES K-6) (NMY)**

Come have some Winter Fun in the pool and gym. Games, races, prizes, and Holiday Fun! The fun begins in the Yard Pool from 1:00-2:00 PM and continues in the Upper gym from 2:00 PM-3:00 PM. Children may be dropped off, but there is not a supervised check in and out procedure. Any child that requires a lifejacket must be accompanied by an adult in the water.

\*Must register at the Front Desk or online prior to the event, sorry no refunds.

**Friday 1:00 – 3:00 PM December 22**

Fee: Y Member - \$2 General Public - \$5